



Assessing Diffusion in the Extra-Cellular Space of Brain Tissue by Dynamic MRI Mapping of Contrast Agent Concentrations

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The characterization of extracellular space (ECS) architecture represents valuable information for the understanding of transport mechanisms occurring in brain parenchyma. ECS tortuosity reflects the hindrance imposed by cell membranes to molecular diffusion. Numerous strategies have been proposed to measure the diffusion through ECS and to estimate its tortuosity. The first method implies the perfusion for several hours of a radiotracer which effective diffusion coefficient D^* is determined after post mortem processing. The most well-established techniques are real-time iontophoresis that measures the concentration of a specific ion at known distance from its release point, and integrative optical imaging that relies on acquiring microscopy images of macromolecules labeled with fluorophore. After presenting these methods, we focus on a recent Magnetic Resonance Imaging (MRI)-based technique that consists in acquiring concentration maps of a contrast agent diffusing within ECS. Thanks to MRI properties, molecular diffusion and tortuosity can be estimated in 3D for deep brain regions. To further discuss the reliability of this technique, we point out the influence of the delivery method on the estimation of D^* . We compare the value of D^* for a contrast agent intracerebrally injected, with its value when the agent is delivered to the brain after an ultrasound-induced blood-brain barrier (BBB) permeabilization. Several studies have already shown that tortuosity may be modified in pathological conditions. Therefore, we believe that MRI-based techniques could be useful in a clinical context for characterizing the diffusion properties of pathological ECS and thus predicting the drug biodistribution into the targeted area.

Keywords: brain tissue tortuosity, extracellular diffusion, MRI contrast agents, *in vivo* concentration quantification, dynamic T₁ mapping, ultrasound-induced BBB permeabilization

WHY ASSESSING BRAIN TORTUOSITY?

The diffusion of substances in the brain is predominantly occurring through the narrow extracellular space (ECS) that comprises the fluid-filled spaces external to cell membranes. A consequent number of studies (see [1] for an extensive review) have already established that the ECS labyrinthine nature makes the brain act like a porous medium for substances that cannot cross cellular membranes, allowing the use of established diffusion equation [2]. Two main structural

OPEN ACCESS

Edited by:

Itamar Ronen, Leiden University, Netherlands

Reviewed by:

Marco Palombo, University College London, United Kingdom Gisela E. Hagberg, Universität Tübingen, Germany

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Specialty section:

This article was submitted to Biomedical Physics, a section of the journal Frontiers in Physics

Received: 22 December 2017 Accepted: 13 April 2018 Published: 01 May 2018

Citation:

Mériaux S, Conti A and Larrat B (2018) Assessing Diffusion in the Extra-Cellular Space of Brain Tissue by Dynamic MRI Mapping of Contrast Agent Concentrations. Front. Phys. 6:38. doi: 10.3389/fphy.2018.00038

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descriptors, α and λ , are usually reported to define the diffusion processes in the ECS. The volume fraction α reflects the fact that molecules released into the ECS are restricted to a smaller volume than the entire brain volume. Furthermore, the diffusion of molecules can be considered as hindered by cells, because of the increase in path length imposed by the ECS geometry. This hindrance relatively to a free medium is quantified introducing the tissue tortuosity λ [3]:

$$\lambda = \sqrt{\frac{D_{free}}{D^*}}$$

where D_{free} is the diffusion coefficient in obstacle-free medium (water or very dilute gel), and D^* the effective diffusion coefficient in ECS.

Volume fraction α admits of a simple interpretation and its value is reported to be ~ 0.2 for most regions of different studied brains [1]. Moreover, tortuosity λ , which value is around 1.6 for small molecules, remains a composite parameter as many potential mechanisms may contribute to the hindrance experienced by molecules. This parameter is commonly described as some combination of (i) an increased path length as molecules are compelled to diffuse around cellular obstructions [4, 5], (ii) a transient trapping in deadspace microdomains [6, 7], and (iii) extracellular matrix interactions [8, 9]. When considering the ECS diffusion of larger macromolecules, such as dextrans or proteins, a new behavior occurs leading to an increase of λ with the hydrodynamic diameter (d_H) . In this regime, the ECS porous structure is dominating and the observed restricted diffusion of molecules is mainly influenced by (i) the steric hindrance arising from the pore's limited cross-sectional area and (ii) the drag from the pore walls. Thorne and Nicholson performed tortuosity measurements using quantum dot nanocrystals ($d_H \sim 35 \text{ nm}$), and they were able to estimate that the true average ECS width in the *in vivo* rat cortex lies between 38 and 64 nm using specific pore models [10].

Although diffusion transport predominates in the ECS, it is often modified by loss of molecules through removal across the blood-brain barrier (BBB), uptake into cells, or binding to receptors. Furthermore, clearance processes may also be due to a hydrodynamic flow of fluid, but it seems likely that this bulk flow is confined to the perivascular spaces in healthy brain [11]. If the underlying mechanism, importance, and even the existence of interstitial fluid flow remain incompletely resolved, this question has become a topic of renewed interest with the introduction of the brain lymphatic drainage system, known as the glymphatic system [12–14]. This system, which involves convective transport from para-arterial to para-venous cerebrospinal fluid through ECS, has been proposed to account for solute clearance in brain, and for removing toxic metabolites from the brain [15]. However, Jin et al suggested that the glymphatic system flow is not essential, since the role of diffusion seems to remain dominant when observing the molecules dispersion in the ECS [16].

Thus, the precise determination of ECS diffusion properties represents valuable information for the understanding of brain physiology and drug delivery in normal or pathological conditions. To predict the distribution of a specific externally administered agent, it is essential to know its effective diffusion coefficient in brain tissue, as well as the relative importance of diffusion vs. clearance processes that may remove that agent from the ECS. For example, these parameters are crucial to control the dose-dependent action of pharmacological agents used to target specific brain diseases, and consequently to improve clinical treatment protocols.

WHAT ARE THE WELL-ESTABLISHED TECHNIQUES FOR ASSESSING ECS DIFFUSION PROPERTIES?

The concept underlying methods of diffusion measurements is to introduce a detectable substance into the ECS, to subsequently measure its concentration distribution in space and time. It is necessary for the measurement technique to produce concentration distribution curves rather than single values, so that the adequate diffusion equation can be applied to extract α and λ values. The choice of diffusing probe is also key: it should be small enough to explore all ECS regions, but should also not cross cellular membranes or BBB to remain predominantly in the ECS compartment. Furthermore, the probe should be nontoxic to brain tissue and its concentration should be kept sufficiently low to avoid osmolarity modifications as well as sufficiently high to exceed the sensitivity threshold of the detection technique.

Lots of reviews have been written to detail the main drawbacks and advantages of each technique implemented to measure ECS diffusion properties, as well as to compare the α and λ values obtained in various animal brains and physio-pathological conditions [1, 4, 17–19]. The first technique used radiolabeled probes, such as inulin, sulfate or dextran [20]. After several hours of probe perfusion in the ECS of anesthetized animal, its brain is removed, frozen and sectioned. The *post mortem* analysis of several brains processed at various times after perfusion allows deducing the D^* value of radiotracer from the temporal evolution of radioactivity profile. The need of one animal for each time point is the main disadvantage explaining why this technique is not in general use today.

To overcome this drawback, Nicholson and Phillips proposed a "point-source paradigm," which consists in releasing specific small ions with a glass micropipette, and then measuring the resulting concentration ~100 μ m away with an ion-selective microelectrodes (ISMs) [21]. This method is usually called Real-Time Iontophoresis (RTI) because the source micropipette emits molecules using iontophoresis, thanks to the application of a constant current pulse. If the source amplitude is accurately defined, both α and λ may be estimated. The ion employed for a vast majority of studies is the tetramethylammonium monovalent cation (TMA+). This molecule is broadly used because it does not affect physiological function at low concentrations, and it

Abbreviations: ECS, ExtraCellular Space; BBB, Blood-Brain Barrier; RTI, Real-Time Iontophoresis; TMA, TetraMethylAmmonium; IOI, Integrative Optical Imaging; MRI, Magnetic Resonance Imaging; ADC_w, water Apparent Diffusion Coefficient; Gd, Gadolinium

remains mostly extracellular for the duration of measurements. To date, RTI-TMA+ remains the predominant technique for exploring ECS diffusion properties and their changes induced by brain development and aging, as well as numerous pathological states [1]. The major advantage of RTI method is the possibility to perform real-time measurements in very small volumes of living tissue, and therefore to follow diffusion properties in specific brain regions during drug injection or other intervention. The main drawbacks concern the relatively small number of usable probes, since each ion requires a dedicated ISM, and the concentration quantification that is only performed at a single position.

Nicholson and Tao recently introduced the Integrative Optical Imaging (IOI) technique, for quantifying in 2D the diffusion properties of larger probes such as proteins and macromolecules [22]. The method requires to label the probes with fluorophores, enabling their *in vivo* follow-up with dedicated epifluorescence microscope. The labeled probes are released in the ECS from a micropipette by a pressure pulse, and by fitting a 2D Gaussian curve to the image intensity at different time points, the D^* value, and hence λ , can be estimated. The diffusion measurements performed *in vivo* with IOI technique exhibit at the same time an excellent sensitivity, a high spatial and temporal resolutions [10]. One main limitation is that optical detection can only be performed down to a depth of ~400 μ m [18]. Still, the RTI and IOI methods are now well-established and present in most cases the same results in terms of estimated D^* and λ values [1, 17, 18].

Water diffusion in the brain can be directly assessed with Magnetic Resonance Imaging (MRI) to probe tissue microstructure [23]. However, water is found in both intracellular and extracellular compartments, with specific exchange rates between them. The relationship between water movement, water apparent diffusion coefficient (ADC_w) maps and changes in ECS characteristics thus remains difficult to understand since changes in both α and λ are accompanied by changes in ADC_w [24]. Nevertheless, diffusion MRI of protons from extracellular molecules such as TMA+ was recently demonstrated to be a potential alternative to the RTI method [25]. Another study investigated the use of 2FDG-6P as a compartment-specific marker in normal and globally ischemic rat brain, and followed its diffusion in ECS with dedicated ¹⁹F MRI strategy [26]. For these two studies, volume-localized diffusion spectroscopy sequences were chosen, leading to relatively poor spatial resolution.

In this Perspective article, we illustrate how a different MRI approach, which relies on the dynamic mapping of Gadolinium (Gd)-based contrast agent concentrations [27], could be complementary to RTI and IOI methods for studying the ECS diffusion properties in extended brain regions.

OUR APPROACH TO ASSESS BRAIN TORTUOSITY WITH MRI

In 2013, we introduced a different approach to assess brain tortuosity with MRI: a specific Gd-based contrast agent was delivered in the striatum of rat brains and its diffusion through the ECS was quantified thanks to the dynamic mapping of MRI probe concentrations using a dedicated T_1 quantification strategy [27]. Interestingly, Hagberg et al. also relied on T_1 mapping sequences to measure ECS diffusion properties from voxel-wise measurements of the temporal pharmacokinetic curve obtained after an intracerebral injection of Gd-based probe [28]. One difference between the two approaches is that ECS diffusion estimation comes from the spatial evolution of MRI signal in Marty et al. [27], rather than on the temporal one in Hagberg et al. [28]. Both studies succeeded in estimating D^* for several contrast agents and providing brain tortuosity values, thanks to sensitive quantification strategies.

MRI TORTUOSITY PROBE

As already explained, the choice of MRI probe used for λ measurements is key. We selected a clinically approved Gd-chelate named Dotarem[®] (Guerbet, France) that presents several advantages. It is nontoxic for brain tissue compared to other MRI contrast agents [29]. Its size ($d_H < 1 \text{ nm}$) is close to the one of TMA+ ($d_H \sim 0.6 \text{ nm}$) and small compared to the ECS typical width. Furthermore, Dotarem[®] is known to not cross cell membranes and thus remain into the extracellular compartment.

Finally, Dotarem[®] has a relatively good relaxivity ($r_1 = 3.4 \text{ mM}^{-1}.\text{s}^{-1}$) at high magnetic field (7T). This ensures to detect relatively low local concentrations (down to a few μ M), while maintaining sufficient spatial and temporal resolutions for detecting molecules spreading in the brain. Noticeably, Dotarem[®] is known to be a stable molecule that maintains its relaxivity unchanged in plasma and in several tissues [30].

MRI QUANTIFICATION STRATEGY

Quantitative techniques are requested to precisely map the distribution of MRI probe after its delivery to the brain and then estimate its D^* value. Therefore, instead of relying on T₁-weighted images which contrast may saturate at high Gd concentration, we implemented one T₁ mapping strategy based on the Inversion Recovery Fast Gradient Echo sequence presented in Figure 1A [31]. The sequence parameters were chosen to ensure a high sampling rate of the longitudinal magnetization recovery curve over a long time (Figures 1B,C): 60 images are acquired with inversion times between 45 and 5060 ms spaced by 85 ms [27]. Thus, a very accurate estimation of T_1 values for a large range of T_1 can be achieved. For example, it allows to detect in vitro Gd concentrations lower than 2.5 µM (**Figure 1D**). From T_1 maps acquired before and after Dotarem[®] injection, and knowing its r1 value at 7T and 37°C, one can estimate in vivo concentration maps as illustrated on Figure 1E, with the addition of a dedicated realignment procedure if needed. Finally, we verified that our quantification strategy follows a linear behavior with the injected dose, while the T₁-weighted signal saturates at high concentrations as expected (Figure 1F).

The choice of spatial resolution is also key for a precise quantification of D^* . Indeed, low spatial resolution implies large partial volume effects leading to drastic errors in Gd



FIGURE 1 | MRI quantification of Gadolinium-based contrast agent concentration. (A) The T₁ mapping strategy is based on one Inversion Recovery Fast Gradient Echo sequence: it consists of a segmented series of fast gradient echo images (B) acquired at different time points after magnetization inversion. (C) The recovery of *(Continued)*

FIGURE 1 | the longitudinal magnetization is fitted voxel-by-voxel as a function of the inversion time to produce a quantitative T_1 map [31]. (D) The sensitivity of this T_1 mapping strategy is estimated on a gallery of tubes filled with different concentrations of Dotarem[®] (0 / 2.5 / 5 / 10 μ M). (E) From T_1 parametric maps acquired before and after Gd-based contrast agent injection, and knowing the longitudinal relaxivity r_1 of the agent, one can estimate *in vivo* concentration map [32], with the addition of a realignment procedure if the animal is removed from the scanner between pre- and post-injection scans. (F) The concentration maps estimated with this T_1 mapping strategy are proportional to the injected dose, whereas the signal in standard T_1 -weighted images saturates at high injected doses (Figure adapted from Marty et al. [33]: J Cereb Blood Flow Metab (2012) 32:1948–1958).

concentration mapping, while high resolution will result in poor signal-to-noise ratio and increased errors in D^* estimation. In our case, Marty et al demonstrated from tortuosity values obtained by Thorne et al. [10] that an in-plane resolution of about 200 μ m was a good compromise given our sensitivity threshold. Slice thickness could be larger since our delivery method enables us to neglect the concentration gradient along depth (**Figure 2D**).

FREE DIFFUSION COEFFICIENT MEASUREMENT

The D_{free} coefficient of Dotarem[®] was estimated by injecting a 5 μ L aliquot with a Hamilton syringe in a tube filled with dilute agar gel (0.3% w/w) maintained at 37°C (**Figure 2A**). According to Nicholson et al., this gel can be considered as an essentially free medium for diffusion [22]. The diffusion of Dotarem[®] was followed during 1 h by acquiring T₁ maps as described above. A T₁₀ map acquired before injection was used as a reference for estimating Gd concentration as follows [32]:

$$[Gd] = \frac{1}{r_1} \left(\frac{1}{T_1} - \frac{1}{T_{10}} \right)$$

COMPARISON OF TWO *IN VIVO* DELIVERY TECHNIQUES FOR TORTUOSITY ASSESSMENT IN RAT STRIATUM

Dotarem[®] was delivered *in vivo* in the striatum of Sprague Dawley rats to estimate D^* . Two delivery protocols were compared. First, a direct intracranial injection was performed using a Hamilton syringe (**Figure 2D**). Second, a more complex but less invasive method was used (**Figure 2E**): an ultrasound-induced BBB permeabilization protocol [33] was combined with an intravenous injection of Dotarem[®] to ensure a precise delivery where the ultrasound beam was focused [34, 35]. For both delivery methods, Dotarem[®] concentration maps were dynamically acquired for 1 hour as described before (**Figure 2F,G**).

DATA PROCESSING

Data analysis was performed using homemade Matlab routines (MathWorks, USA). MRI images were first reconstructed from raw K-space data, then T_1 maps were obtained using the approach proposed in Deichmann et al. [31] and Deichmann and Haase [36]. 3D Gd concentration maps were calculated from the T_1 maps acquired before and after injection (**Figure 1E**). On each slice of those maps and at every time point, the

Gd spatial distribution was fitted by a 2D Gaussian function (**Figures 2B,F,G**). As illustrated on **Figures 2C,H,I**, the diffusion coefficients along X and Y were computed as:

$$D_X = \frac{\sigma_X^2}{2t}$$
 $D_Y = \frac{\sigma_Y^2}{2t}$

where t is the acquisition time, σ_X and σ_Y are the Gaussian spreads along X and Y main axes. D^* (resp. D_{free}) was taken as the average value along main axes obtained with *in vivo* (resp. *in vitro*) diffusion data.

RESULTS

The ECS tortuosity value obtained after direct intracerebral injection of Dotarem[®] was found equal to 3.25 ± 0.40 (n = 2rats), while being equal to 1.70 ± 0.11 (n = 3 rats) if the probe diffuses within ECS after a local ultrasound-induced BBB permeabilization. The over-estimation of λ value observed with the first delivery method probably comes from two major drawbacks of the intracerebral injection: (i) the tip diameter of the Hamilton syringe is rather large (0.5 mm) which is unfortunately expected to induce tissue inflammation along the needle pathway and thus locally increase the hindrance of molecular diffusion; (ii) 2 µL of Dotarem[®] solution is injected as a bolus which induces significant changes of interstitial pressure at the injection site. For comparison, the RTI-TMA+ technique uses micropipettes and microelectrodes of 2-12 µm diameter and nanoliters only are injected at slow speed.

On the other hand, the local ultrasound-induced BBB permeabilization does not modify the ECS diffusion properties. Indeed, the λ values obtained with this delivery method are in good agreement with the ones obtained in the striatum of healthy brain with other techniques ($\lambda = 1.59$ –1.60) [37, 38].

DISCUSSION AND CONCLUSION

Characterization of the diffusion in the ECS is of great importance in order to predict drug biodistribution in the brain. Our view is that non-invasive imaging technique such as MRI and non-invasive probe delivery based on ultrasoundinduced BBB permeabilization can be combined to better probe brain tortuosity *in vivo*. Our ultrasound-based approach relies on the intravenous injection of the probe: its diffusion within brain tissue is thus very little disturbed as compared to a spontaneous crossing of the BBB through biochemical engineering.

Taking advantage of high field MRI acquisitions at 7T, we demonstrated that our T_1 quantification strategy reaches





FIGURE 2 | different time points after injection with the approach described in **Figure 1**. Each slice of those maps is fitted with a 2D Gaussian function (middle row). The result of this fit is also presented for the central line of the slice (lower row). **(C)** The squares of the 2D Gaussian spreads along X and Y main axes (σ_X^2 and σ_Y^2) are fitted along time in order to estimate the diffusion coefficients D_X and D_Y : D_{free} is taken as the average value of D_X and D_Y . The effective diffusion coefficient D^* of Dotarem[®] is estimated *in vivo* in the striatum of Sprague Dawley rat for two delivery protocols: a direct intracranial injection of a 2 µL bolus **(D)** and an ultrasound-induced BBB permeabilization protocol [34] combined with an intravenous injection **(E)**. **(F,G)** For both protocols, concentration maps of Dotarem[®] (upper row) are acquired at different time points after injection with the approach described in **Figure 1**. Each slice of those maps is fitted with a 2D Gaussian function (middle row). The result of this fit is also presented for the central line of the slice (lower row). **(H,I)** For both protocols, the squares of the 2D Gaussian spreads along X and Y main axes (σ_X^2 and σ_Y^2) are fitted along time in order to estimate the diffusion coefficients D_X and D_Y : D^* is taken as the average value of D_X and D_Y .

the requirements in terms of sensitivity detection, spatial and temporal resolutions, for estimating *in vivo* tortuosity values in deep regions of the rat brain. Our diffusion measurements are not based on diffusion-weighted MRI data that probe water diffusion at a few milliseconds timescale, but rather on the dynamic acquisition at a few minutes timescale of concentration maps of a Gd-based contrast agent diffusing in brain tissue. While optical methods study 2D diffusion processes occurring up to 2-3 min, and across distances up to about 300 μ m, MRI can assess in 3D long range diffusion processes that evolve over hours across several millimeters. Both information can complement each other: a slower timescale should allow for example to investigate the cellular uptake and transport, as well as the potential clearance processes related to bulk flow or glymphatic pathway.

Our method presents the great advantages of not being restricted to superficial brain structures, of being compatible with a 3D anisotropic data analysis and of being usable multiple times on the same animal opening the door to longitudinal followup of tortuosity. This features are particularly relevant to know more about ECS structure in pathologies such as brain tumors, during aging, or under various pharmacological conditions. Indeed, other studies have already shown that this parameter can change in case of pathologies, such as ischemia and edema [17]. Furthermore, another interest of our approach is that additional MRI sequences can be added to the protocol for correlating tortuosity with structural, vascular, morphological, spectroscopic and functional MRI data. In a clinical context, the estimated values of tortuosity could be used as additional indicators of the pathological state.

Further interest in better ways to measure ECS physical properties has recently been raised by the discovery of major changes of ECS volume during sleep [15] and its correlation with the glymphatic pulsation flow that plays a great role in the cleaning of brain. Ultrafast MRI has recently been shown to be able to catch the slow flows occurring within the ECS [39]. In this context, such flow imaging could be combined with tortuosity measurements at various stages of the day/night cycle to better understand the clinical implications of the glymphatic pathway. Finally, Frenkel et al. have recently shown with histology that low intensity pulsed ultrasound could be used to transiently enlarge ECS [40]. This could be transferred into clinical applications for facilitating drug access to targets, and the characterization of ECS diffusion properties with MRI would be of great importance to predict the drug biodistribution into the targeted area.

ETHICS STATEMENT

All *in vivo* experiments were conducted in strict accordance with the recommendations of the European Community (2010/63/EU) and the French legislation (decree no2013-118) for use and care of laboratory animals. The protocol for contrast agent injection and BBB permeabilization has been approved by the Comité d'Éthique en Expérimentation Animale du Commissariat à l'Énergie Atomique et aux Énergies Alternatives – Direction des Sciences du Vivant Ile-de-France (CETEA/CEA/DSV IdF) under protocol ID 12-058.

AUTHOR CONTRIBUTIONS

SM developed and refined the perspective. SM, AC, and BL planned the MRI experiments. AC performed MRI acquisitions and data analysis. SM provided all data analysis pipelines. SM and BL managed the overall project and provided its funding. All authors contributed to manuscript edition.

ACKNOWLEDGMENTS

This work was part of the Iseult/INUMAC project, supported by the French public agency BPI (ex-OSEO), dedicated to the support of small and medium-sized companies.

France Life Imaging is acknowledged for its support in funding the NeuroSpin platform of preclinical MRI scanners.

AC received an Enhanced Eurotalents post-doctoral fellowship (Grant Agreement n°600382), part of the Marie Sklodowska-Curie Actions Programme, co-funded by the European Commission and managed by the French Atomic Energy and Alternative Energies Commission (CEA).

The authors also thank the Health Technology Program of CEA for its support in funding some ultrasound experiments.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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