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NiO-nanoflowers decorating a plastic electrode for the non-enzymatic amperometric detection of H<sub>2</sub>O<sub>2</sub> in milk: Old issue, new challenge

M. Carbone, E. Aneggi, F. Figueredo, S. Susmel



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<b>Conceptualization</b>	Sabina Susmel,
<b>Investigation</b>	Sabina Susmel, Eleonora Aneggi, Marilena Carbone
<b>Formal analysis</b>	
<b>Investigation,</b>	
<b>Data Curation</b>	Sabina Susmel, Eleonora Aneggi, Marilena Carbone, Federico Figueredo
<b>Resources</b>	Sabina Susmel, Marilena Carbone
<b>Writing - Original</b>	
<b>Draft</b>	Sabina Susmel, Federico Figueredo, Marilena Carbone
<b>Writing - Review &amp;</b>	
<b>Editing</b>	Sabina Susmel, Federico Figueredo, Eelonora Aneggi,
<b>Visualization</b>	Sabina Susmel, Federico Figueredo, Marilena Carbone, Eleonora Aneggi
<b>Supervision,</b>	
<b>Project</b>	
<b>administration,</b>	
<b>Funding acquisition</b>	Sabina Susmel

1 NiO-*nanoflowers* decorating a plastic electrode for the non-enzymatic  
2 amperometric detection of H<sub>2</sub>O<sub>2</sub> in milk: old issue, new challenge

3 *M. Carbone*<sup>a</sup>, *E. Aneggi*<sup>b</sup>, *F. Figueredo*<sup>c,d</sup> and *S. Susmel*<sup>c\*</sup>,

4 <sup>a</sup>Department of Chemical Science and Technologies, University of Rome Tor Vergata, Via della Ricerca  
5 Scientifica 1, 00133 Rome, IT

6 <sup>b</sup>Polytechnic Department, University of Udine, Via del Cotonificio 108, 33100 Udine, IT

7 <sup>c</sup>Department of Agricultural, Food, Environmental and Animal Sciences (Di4A), BioAnalytical Chemistry Lab  
8 (UBAC), Chemistry Section, University of Udine, Via del Cotonificio 108, 33100 Udine, IT

9 <sup>d</sup>Present address: Laboratory of Biosensors and Bioanalysis (LABB), Biological Chemistry Department and  
10 IQUIBICEN-CONICET, Science School, University of Buenos Aires, Buenos Aires, Argentina.

11 \* [Sabina.Susmel@uniud.it](mailto:Sabina.Susmel@uniud.it); tel. + 39 (0)432558823; fax. +39(0)432558803

12  
13 **Keywords**

14 Milk, PVC composite electrode, Nickel Oxide, H<sub>2</sub>O<sub>2</sub> amperometric sensing, disinfection.

15  
16 **Abstract**

17 In food supply chain, there are regulatory limitations on the use of chemicals for cleaning processing lines  
18 since the healthiness of the commodities must be guaranteed if accidentally traces of these detergents and  
19 sanitizers pass to them. Hydrogen peroxide, is a commonly used sanitizer in the cleaning of the food  
20 processing lines having both bactericidal and bacteriostatic properties, however, it produces inflammatory  
21 effects on the human body. The availability of rapid systems to detect its accidental presence is therefore  
22 useful to speed up the control and apply corrective actions. In the present work, a drop casting and easily  
23 prepared plastic graphite / PVC electrode decorated with NiO nanostructures has been investigated as

24 electrochemical sensor for the non-enzymatic amperometric determination of  $H_2O_2$ . The catalytic activity,  
25 dispersion, and stability of NiO nanostructures mixed with plastic nanocomposite electrode have been studied  
26 in detail. The preparation method, particularly the precipitating agents used in the synthesis of NiO  
27 nanostructures strongly influenced their morphology and porosity. Further, the electrochemical response of  
28 NiO-PE electrodes towards  $H_2O_2$  resulted to be morphology-dependent. The non-enzymatic electrochemical  
29 sensor was optimized for the rapid and sensitive detection of  $H_2O_2$  present in milk with no sample pre-  
30 treatments. NiO nanoflowers showed the best catalytic activity towards  $H_2O_2$ , a linear range that extends up  
31 to 4 mM and a LOD of 5  $\mu$ M (3sd of the blank signal) were obtained.

32

### 33 **Introduction**

34 Traditionally, hydrogen peroxide is used in the dairy industry (van Asselt et al., 2017) to increase the shelf-life  
35 of unstable foods (Martin et al., 2014), particularly in places in which cooling is not widely available. Hydrogen  
36 peroxide can be intentionally added to milk products to stimulate the endogenous lactoperoxidase antibacterial  
37 system obtaining either a bacteriostatic or a bactericidal effect (FAO/WHO, 1991; Arefin et al., 2017). It has  
38 been shown that hydrogen peroxide, in addition to ozone, alcohol 60%, hypochlorite, peracetic acid, are also  
39 effective. Moreover, among others,  $H_2O_2$  offers the advantage of avoiding halogenated substances for  
40 disinfection purposes. The Codex Alimentarius (FAO/WHO, 2011), a collection of internationally recognized  
41 standards, describes its use to prevent bacterial spoilage of raw milk and despite that it has been shown that  
42 hydrogen peroxide added in the range from 0.1% to 0.5% does not damage the nutritional and organoleptic  
43 profile of milk (FAO/WHO, 1974), in most of the developed countries the practice of its addition with  
44 preservative intention is forbidden. However, the  $H_2O_2$  in milk can arise from cleaning and sanitization  
45 treatments at processing plants (Simões et al., 2010).

46 Hydrogen peroxide it is a chemical with potentially adverse health effects; peroxides in the range of  
47 concentration of mM, have been reported to damage the gastro-intestinal cells which can lead to gastritis and  
48 inflammation of the intestine (Hemanth et al., 2014; Handford et al., 2016). The need for control for safety  
49 purposes induces the optimisation of analytical devices and sensor platforms for the on-site measurements  
50 also of hydrogen peroxide. It is generally detected by classical approaches as titration analysis, batch injection  
51 analysis (BIA) coupled to amperometric detectors (Silva et al. 2012), or by colorimetric assays (Costa et al.  
52 2020). To reduce the time and costs of the analysis, enzymatic biosensors and non-enzymatic sensors were

53 optimised (Giannoudi et al. 2006; Shamkhalichenar et al. 2020, Hou et al., 2019). Particularly, the non-  
54 enzymatic sensors were developed mainly to overcome the thermal and chemical instability suffered by  
55 enzymes. In this frame, nickel oxide (NiO) nanostructures recently emerged as novel monometallic oxide  
56 materials with enzyme-like activity, showing several advantages such as low cost, earth-abundance,  
57 environmental friendliness, great chemical and thermal stability, and the exceptional catalytic activity  
58 principally toward hydrogen peroxide oxidation (Yang et al., 2016; Pan et al., 2015). This great electrocatalytic  
59 reactivity was studied with electrodes containing low dimensional NiO nanoflakes arrays (Wang et al., 2012),  
60 nanofibers (Wang et al., 2010), nanosheets (Liu et al., 2015) or nanoporous/mesoporous nickel networks (Hou  
61 et al., 2019; Veeramani et al., 2015), among others. In the year 2015, Yu et al. showed superior electrocatalytic  
62 activity towards  $H_2O_2$  using a NiO/graphene nanocomposite obtained by mixing NiO nanosheets and reduced  
63 graphene (Yu et al., 2015). The nanocomposite exhibited high electrocatalytic activity in alkaline media with  
64 LOD of 0.766  $\mu M$  and linear range of 0.25-4.75 mM. Li et al. (2018) synthesized a 3D hierarchical NiO  
65 mesoporous nanospheres with enhanced electrochemical performance for the determination of  $H_2O_2$  with a  
66 LOD of 0.62  $\mu M$ , good sensitivity and reliability (Li et al., 2018). Another approach is stabilizing or embeds at  
67 the conventional electrode surface, NiO nanostructures by “dip and dry” strategy or by entrapment in ionic  
68 polymers (Singh et al., 2020, Hosseinian et al., 2019). However, among all studies highlighted here, there is  
69 no evaluation of the catalytic effect of various types of nanostructures performed with a single electrodic  
70 platform. The relationship between the nanostructure size and morphology on the non-enzymatic catalysis of  
71  $H_2O_2$ , especially in real samples in which matrix effect have to take into account, is an important parameter to  
72 consider for future studies.

73 This paper has investigated the feasibility of bulk modify plastic electrodes (PE) to decorate them with NiO  
74 nanostructures of different morphologies. PE is a flexible, lightweight, low-cost and easy to prepare free-  
75 standing graphite/PVC-based conductive material obtained by the procedure of plastisol casting at room  
76 temperature (Marsilia et al., 2018, Figueredo et al. 2021). The rationale of our approach is to study the  
77 possibility to improve the electrochemical properties of pristine PE by taking advantage of the catalytic activity  
78 of NiO nanostructures. The aim is optimising an electrochemical sensor to determine non-enzymatically  $H_2O_2$   
79 and we used different NiO nanostructures (Carbone et al. 2021) such as nano/micro flowers and nanoporous  
80 structures to investigate their catalytic efficiency, dispersion and stability once mixed in the hybrid-plastic  
81 nanocomposite. Finally, milk samples, spiked with hydrogen peroxide were analysed with this NiO-plastic  
82 electrode to optimise an easy measurement procedure.

83

## 84 **2. Material and methods**

### 85 **2.1 Reagents**

86 All reagents, synthetic graphite (SG), high molecular weight polyvinylchloride powder (PVC), bis(2-  
87 ethylhexyl)adipate (BEA) plasticizer, NaOH, triethylamine, urea, Ni(NO<sub>3</sub>)<sub>2</sub>, HNO<sub>3</sub>, were purchased from Sigma  
88 (Milan, IT). Tetrahydrofuran (THF) was obtained from Alfaesar (VWR-IT).

#### 89 **2.2.1 Equipment**

90 Scanning Electron micrographs (SEMs) were collected at 7 kV and 105 s at 2.5 mA (Zeiss Auriga Field  
91 Emission-Scanning Electron Microscope). Textural characteristics were measured according to the B.E.T.  
92 method by nitrogen adsorption at 77 K (Tristar 3000, Micromeritics). X-ray diffraction (XRD) spectra were  
93 recorded on a Philips X'Pert diffractometer (equipped with a real time multiple strip detector) operated at 40  
94 kV and 40 mA using Ni-filtered Cu-K radiation. Spectra were collected using a step size of 0.02° and a counting  
95 time of 10 s per angular abscissa in the range 5–80°. The Philips X'Pert HighScore software was used for  
96 phase identification. The mean crystalline size was estimated from the full width at the half maximum (FWHM)  
97 of the X-ray diffraction peak using the Scherrer equation (eq.1 in S.I). Voltammetric experiments were  
98 performed with a potentiostat/galvanostat CHI 660E (CH Instruments, Inc., Austin, TX-USA). The potentiostat  
99 was interfaced with a PC under CHI 19.03 software version control.

100

101

## 102 **2.3 Procedure**

### 103 **2.3.1 Synthesis of NiO nanostructures**

104 NiO nanostructures were prepared by hydrothermal synthesis of Ni(OH)<sub>2</sub> using different precipitating agents;  
105 NaOH, triethylamine and urea, followed by calcination. NiO morphologies were controlled primarily by tuning  
106 the precipitating agent. In a typical synthesis, 50 ml of a solution of Ni(NO<sub>3</sub>)<sub>2</sub> 0.7 M, was placed in a beaker  
107 and kept under stirring at room temperature (RT), till a homogeneous solution was obtained. Afterwards, 50

108 ml of a solution 1.4 M of precipitating agent was added dropwise. The pH of the solution was adjusted to 8 if  
109 necessary, by adding solutions of HNO<sub>3</sub> or NaOH. The slurry was kept stirred for 1h in a water/ice bath,  
110 transferred into a 200 mL Teflon-lined stainless steel autoclave (tightly sealed) and heated up to 185°C for 18h  
111 in a furnace. After gentle cooling, the slurry was filtered and the powder repeatedly rinsed with distilled water  
112 prior to drying it overnight at 80°C. Quotas of the powder precursor were placed in a tubular oven and heated  
113 up at a rate of 10° min<sup>-1</sup> till the target temperature was reached. The calcinations were carried out at 600°C for  
114 2h in air. The corresponding obtained samples synthesized with triethylamine, NaOH and urea were labelled  
115 as NiO(A6), NiO(S6) and NiO(U6), respectively. In addition, a portion of the precursor obtained with  
116 triethylamine was calcinated 2h at 400°C and the corresponding sample was labelled as NiO(A4).

117

### 118 2.3.2 Plastic electrodes preparation

119 The electrode was prepared following the procedure previously reported (Marsilia et al 2018) including  
120 modifications to add the NiO nanostructures. Briefly, 15 ml of THF was gently poured on 350 mg of SG, 40 mg  
121 of PVC and 125 µL of BEA under stirring at room temperature for 40 min. Immediately after sonication for 10  
122 min in a 45 Hz water bath sonicator (Bransonic, Branson Ultrasuoni, Srl, IT), the plastisol was transferred into  
123 a glass tray under the fume-hood (20°C and RH% 20 – 25) and left overnight for solvent evaporation to obtain  
124 the standard graphite based-electrode (G-PE). To obtain NiO-decorated PE (NiO-PE), NiO nanostructures  
125 were added (Table 1) to the plastisol, immediately after sonication, and stirred 10 min before the casting step.  
126 Moreover, just for NiO(A6), different amounts (8, 16 or 30 mg) of nanostructured powders were added. As a  
127 result, we obtained an electrically conductive film of about 200 µm of thickness from which the electrodes were  
128 easily cut to a final geometrical area of 0.25 cm<sup>2</sup> (Figure 1 SI).

129

130

Table 1 near here

131

### 132 2.3.3 Electrochemical measurements

133 A three electrode configuration was adopted using as working electrode the plastic electrode (either G-PE or  
134 NiO-PE),  $\text{Ag}^+/\text{AgCl}, \text{Cl}^-_{\text{sat}}$  as reference electrode (RE) and Pt-wire as auxiliary electrode (AE). G-PE was used  
135 as such, NiO-PE, was pretreated performing 15 sweeps in cyclic voltammetry in the range - 0.4 V and + 1.2 V  
136 at a scan rate of  $0.05 \text{ Vs}^{-1}$  in NaOH 0.1 M. Soon after, amperometry was carried out placing the active NiO-  
137 PE electrode in a fresh solution of 0.1 M NaOH, polarized at + 0.2 V and  $\text{H}_2\text{O}_2$  was added under stirring. A  
138 single electrode was used several times, just rinsed with ultrapure water before further use and it was also  
139 tested as disposable electrode. The electrodes were disposed in dry waste, following the local rules for waste  
140 removal.

141

#### 142 **2.3.4 Measurements in milk**

143 Milk was purchased from a local market, its pH was raised to 10 with NaOH 1 M and a calibration curve was  
144 obtained adding increasing amounts of  $\text{H}_2\text{O}_2$ . The recovery values were calculated with the following equation:

$$145 \text{ Recovery value (\%)} = [(\text{Current value}_{\text{spiked sample}} - \text{Current value}_{\text{raw sample}}) / \text{Current value}_{\text{spiked sample}}] \times 100 \quad \text{eq. 1}$$

146 The “current value<sub>raw sample</sub>” was the current value measured in milk before it was spiked, and the “Current  
147 value<sub>spiked sample</sub>” was the current value measured with the spiked sample. The recovery test was performed by  
148 transferring a volume of 1 ml of fresh milk at pH 10 in the electrochemical cell and by adding  $\text{H}_2\text{O}_2$  in  
149 concentration of 100  $\mu\text{M}$  and 1 mM. All measurements were carried out by amperometry (E vs time), details  
150 are available in section 2.3.3.

151

### 152 **3. Results and discussion**

153

#### 154 **3.1. NiO-PE electrochemical pattern and relation with morphology of NiO nanostructures**

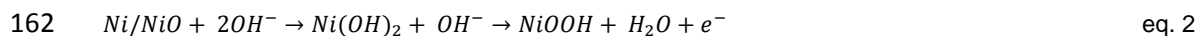
155

156 The electroactivity of NiO-PE is related to the redox system Ni/NiO/NiOOH (Lyons et al., 2012). In this  
157 equilibrium, NiOOH is the specie involved in the catalytic oxidation of hydrogen peroxide useful for analytical  
158 purposes. Accordingly with literature data (Lyons et al, 2012; Liu et al., 2005), NiOOH is electrochemically



159 generated in the alkaline buffer during the sweeps in CV (eq. 2), then it chemically reacts with  $H_2O_2$  (eq. 3) (Yu  
160 et al., 2015; Chang et al., 2008):

161



163



165

166 The electrochemical response of G-PE and NiO-PEs was investigated by cyclic voltammetry (CV) experiments  
167 in NaOH 0.1 M. No faradic current was recorded for G-PE (SI Figure X), in the voltage range from - 0.4 V to +  
168 1.3 V. Figure 1 compares all NiOs CVs, details are reported in Table 2 (see also SI). The electrodes prepared  
169 from each of the nanostructured NiOs studied displayed the  $Ni^{2+}/Ni^{3+}$  redox process at different potentials  
170 ( $E_{p\text{anodic}}$ ,  $i$  and  $E_{p\text{cathodic}}$ ,  $i'$ ). Moreover, the oxidation of oxygen ( $j$ ), not detectable for G-PE (Figure 1, a),  
171 was evident at about + 0.75 V for NiO-PE(A4) (Figure 1, a) (Lyons et al., 2012). The NiO-PE(A4) electrode  
172 displayed higher current densities among all NiO-PE electrodes and the lowest difference between  $Ni^{2+}/Ni^{3+}$   
173 peaks (Figure 1, a  $i$  and a  $i'$ ) or in others words, the best reversible behaviour ( $\Delta E = 147$  mV). The  $\Delta E$  value  
174 obtained for NiO-PE(A6), other "A" preparation tested (Table 2 and Figure 1, b), was not measurable ( $E_{pc}$  was  
175 not well defined), and its current density was three times lower in comparison to NiO-PE(A4). To improve NiO-  
176 PE(A6) performances, different amounts of NiO(A6) nanostructures (8, 16 and 30 mg) were compared, and  
177 the current densities lowered with the increasing amount of NiO nanopowder.  
178 For other preparations, the redox-reversible behavior of  $Ni^{2+}/Ni^{3+}$  couple ( $\Delta E$  value) became sluggish for NiO-  
179 PE(U6) > NiO-PE(S6), together with the current density that was 8 times lower with NiO-PE(S6) and about 16  
180 times with NiO-PE(U6) (compared to NiO-PE(A4)), respectively (Figure 1, c, d and Table 2).

181

Figure 1 near here

182

Table 2 near here

183

184 When consecutive cyclic voltammetric sweeps were carried out, the redox processes of NiO species were  
185 better defined (Figure 1, b – e). The voltage was swept 10, 20, 30 and 50 times to tune the pre-anodization  
186 step to obtain the reactive NiOOH and enhance the catalytic efficiency at the electrode surface. The current  
187 ( $i_{pa}$ ) values measured at the last cycle of each pre-anodization experiment (Table 2) and their ratio of the  
188 current densities (Figure 1, f), are shown. The current increases with sweeps for all NiO-PEs but the efficiency  
189 of conversion of NiO into its reactive form level off in comparison to A4.

190 To assess the active NiO species formed during CVs, equation 3 is applied:

191

$$192 \quad \Gamma = Q / nFA \quad \text{eq. 3(\$)}$$

193

194 where  $\Gamma$  (mol cm<sup>-2</sup>) is the surface active specie, Q is the charge obtained by cyclic voltammetry, A is the  
195 geometrical electrode surface in cm<sup>2</sup>, n are the electrons exchanged in redox process, F is the Faraday  
196 constant.

197 The amount of NiOOH formed in NiO-PE (at the 20<sup>th</sup> sweep) follows the order NiO-PE (A4) > (S6) > (A6) >  
198 (U6) (Table 2).

199 To put shade of light in these results, XRD (Jenkins and Snyder et al., 1996; Pecharsky et al., 2003) patterns  
200 of NiO-PEs (Figure 2) were collected and compared with those of G-PE. G-PE shows the typical peaks of the  
201 synthetic graphite at 26.6° and 54.7°. On the other hand, NiO-PEs show peaks at  $2\theta = 37.2^\circ$ ,  $43.2^\circ$  and  $62.8^\circ$ ,  
202 attributed to (111), (200), (220) reflections of NiO planes, respectively. The peak positions are in agreement  
203 with the diffraction data of the standard spectrum for the NiO cubic crystal system (JCPDS card no 47-1049).  
204 NiO crystallite size, esteemed by Debye–Scherrer equation (Snyder and Jenkins, 2012; Equation 1 in S.I.),  
205 ranged from 20 – 30 nm in all samples prepared. The sharpness and intensity of the peaks indicate the well  
206 crystalline nature of NiO (Pecharsky and Zavalij, 2008), meanwhile XRD patterns confirmed that these three  
207 morphologies retained the original phase structures (despite of the calcination treatment), even if slightly shift  
208 in  $\theta$  angle were observed among all NiO decorated electrodes.

209

210 Figure 2 near here

211 SEM micrographies of both sides of NiO electrodes were taken at different magnitudes. NiO nanostructures  
212 decorating the NiO-PEs can be appreciated, at larger magnifications, in Figure 3. The precipitating agents  
213 used in the synthesis of NiO nanostructures determine their morphology and porosity by influencing the  
214 bottom-up NiO-PEs structuring. NiO(A4) nanopowder has a flower-like micrometric organization, creates a  
215 homogeneous blend at the nanometric level (front side, Figure 3, a) with the nanostructures embedded in the  
216 plastic electrode. The plastisol (BEA) somehow fill the internal pores of the NiO micro-flowers maintaining the  
217 original organization, as ascertained in the backside of the NiO-PE(A4) electrode (Figure 3.b), where micro-

218 flowers or portions of them persist (high magnification detail in green circles). Some jagged contour of grains  
219 are evident in the red square (Figure 3, b). Grains inhomogeneity is considered as an effect of NiO  
220 nanostructures interacting with the components of the BEA and the polar groups of PVC, as can be seen in  
221 detail in Figure 5 SI. Exfoliated structures and interlayers, marked with a green square in Figure 3 (b), were  
222 produced.

223 The surface of NiO-PE(S6) and NiO-PE(U6) contains NiO nanostructures always with this shape of flowers  
224 but with subtler structures showing different porosity (Figure 3, e – h). NiO-PE(S6) display porous like  
225 nanostructures with large holes in the structure, and NiO-PE(U6) contains nanostructures displaying a denser  
226 and compact structure. NiO nanostructures were absent on the backside of the NiO-PE(U6), though retaining  
227 the alternation between flat and rippled areas. The NiO-PE(S6) obtained with (S6) nanostructures had an even  
228 distribution on both sides.

229 Finally, the synthesis of the NiO(A6) also yields flower-like microstructures, though, on average of larger size  
230 in comparison to NiO(A4) (both the nano and the micro-level). The electrodes prepared with increasing amount  
231 of NiO(A6) nanostructures were also analyzed by SEM. In Figure 3. (c, d) is possible to appreciate a magnified  
232 SEM picture showing the NiO(A6) nanoflowers fragments in the front side of the electrode. Electrodes prepared  
233 with different amount of NiO(A6) were compared as can be seen in SI (Figure 3). The NiO-PE prepared with  
234 8 mg of NiO(A4) displays the nanostructures on both sides, the one at intermediate load (16 mg) shows larger  
235 portions of the flowers (green circle in SI Figure 3), whereas at the largest load (30 mg), full flowered  
236 microstructures are present. It is interesting to note that the amount of NiO(A6) increased respect to the  
237 plasticizer (S.I. Table 1 and SI Figure 4a) and when the ratio between these two components was roughly  
238 equal to 1 (i.e. A6 30mg), the pristine structure of NiO(A6) nanostructure was better preserved. This seems to  
239 confirm that the interactions established between PVC and BEA (plastisol) during electrode formation are likely  
240 to involve the NiO nanostructures dispersed in the plastisol (Wypych, 2004; Fu et al., 2008), which seems to  
241 preserve the flowers nanostructures shape. A first point of coherence of the results obtained from the SEM  
242 and XRD analysis (Figure 1, b) arises after we confirmed the inclusion of the nanoparticles in the PE. The  
243 evidence was obtained from the intensity of peaks at  $2\theta = 37.2^\circ$ ,  $43.2^\circ$  and  $62.8^\circ$ , belonging to NiO reflections  
244 plane, which concomitantly increased. Moreover, even if some exfoliating effect on NiO nanoparticles was  
245 revealed, NiO crystal stability was corroborated as no new phases were detectable.

246 Based on this evidence, higher current densities measured with NiO-PE(A4) together with the electrochemical  
247 pattern during the pre-anodization step (Figure 1, a) is related to some in-homogeneities in the back-side of  
248 the electrode with evidence of interlayers displaying better exposure of crystal faces. NiO-A4 heterocomposite

249 seems to be rich in the number of corners, edges and defects, which enhance their electroactivity. On the  
250 other hand, we observed that as the concentration of NiO(A6) (8, 16 and 30 mg) increased, the lower current  
251 densities were measured. The fragmentation of the nanoflower-shape was particularly evident for NiO-PE(A6)  
252 with 8 mg, but less clear for the other concentrations tested (16 and 30 mg). In this sense, higher NiO(A6)  
253 loads seems to introduce defects that foster the interconnection among particles increasing the composite  
254 resistivity and reducing the peak current intensity.

255

256 Figure 3 near here

257

### 258 3.2 NiO-PE in hydrogen peroxide electrochemical detection

259

260 On the basis of the results obtained in this study, NiO-PEs prepared with 8 mg of nanostructures were  
261 electrochemically activated performing 20 sweeps in NaOH 0.1 M, then immediately transferred in fresh NaOH  
262 0.1 M to carry out CVs and test the hydrogen peroxide catalysed oxidation (Figure 4).

263 Hydrogen peroxide 1 mM detected with NiO-PE(A4) produced a four-fold increment in the peak current at 0.4  
264 V with the onset of the oxidation process evident at  $E = -0.1$  V, substantiating that the electrical wiring in PE  
265 is not hindered by the plastic filler (Figure 4, a iv). The second addition of  $H_2O_2$  (i.e. 2 mM) (Figure 4, a v)  
266 produced a proportional current increment.

267 For seek of comparison, NiO-PE(A6) (Figure 4, b ii and b iii) and NiO-PE(S6) (Figure 4, c ii and c iii) (as NiO-  
268 PE(U6), not shown) were tested. The onset of the non-enzymatic oxidation of  $H_2O_2$  was confirmed for NiO-  
269 PE(A6) but in NiO-PE(S6) shifted to a slightly more positive potential. For both electrodes, the current densities  
270 were lower than those measured with NiO-PE(A4) and a trend with hydrogen peroxide concentration was  
271 observed in (S6) but not in (A6) electrode. The results are showing a coherent trend with the amount of NiO-  
272 reactive species formed during the step of electrochemical activation i.e. NiO-PE(A6) < NiO-PE(S6) < NiO-  
273 PE(A4), previously esteemed (Table 2).

274 In Figure 4 (a ii) is also evident that no faradic current was observed at G-PE electrode with  $H_2O_2$ , apart from  
275 a slight increase in the background current vs the fresh buffer (i).

276 This evidence confirms the formulation stability during the electrocatalytic process of oxidation due,  
277 exclusively, to the NiOOH reactive specie. As already stated, the morphology of NiO nanostructures plays a

278 role in the organization of the structure of the conductive plastic electrode and the catalytic properties are also  
279 morphology-dependent.

280

281

Figure 4 near here

282

283 The amperometric response of  $\text{H}_2\text{O}_2$  at the NiO-PE(A4) electrode activated and polarized at + 200 mV was  
284 measured in 0.1 M NaOH under stirring (Figure 5, a). Each addition of  $\text{H}_2\text{O}_2$  produced a sharp increment in  
285 the current value and the steady-state signal was gained for 3 seconds. Finally, the interference of classical  
286 electroactive chemicals, i.e. ascorbic acid (1 mM) and uric acid (1 mM) were tested with a negligible effect on  
287 the  $\text{H}_2\text{O}_2$  oxidation signal. In Figure 5 (b), the calibration plot show a dynamic range from 10  $\mu\text{M}$  to 5 mM with  
288 the linear behavior up to 4 mM, a linear fit of  $y = 2.8 \cdot 10^{-5} x + 2 \cdot 10^{-6}$  ( $\text{A mM}^{-1}$ ) ( $R^2 = 0.990$ ,  $r_{\text{Pearson}} = 0.9772$ ), a  
289 LOD (lower limit of detection) of 5  $\mu\text{M}$  (3 times the standard deviation ( $\sigma_{\text{blank}}$ ) of the background current).  
290 Moreover, apart from the recently published impressive results obtained by Balu et al. 2019, that optimized a  
291 sensor based on CuO with a LOD of 5.8 nM (Balu et al., 2019), the analytical performances were comparable  
292 to those offered by other non-enzymatic sensors (Table 3). In this study we show the advantages of a plastic-  
293 like electrically-conductive material obtained with a simple and low cost procedure and used to measure  
294 hydrogen peroxide with high reproducibility and sensitivity.

295

296

Figure 5 near here

297

Table 3 near here

298

299 Finally, the CVs were carried out in milk with both G-PE and NiO-PE. No signals were observed (Figure 6, i  
300 and ii) but the catalysis of  $\text{H}_2\text{O}_2$  oxidation after hydrogen peroxide addition (Figure 6, iii and iv) was preserved,  
301 even if the real sample slightly shifted this oxidation process (vs fresh buffer) to more positive potentials,  
302 suggesting that some components, either lipids or proteins (commonly found in milk), fouled the electrode  
303 surface.

304

305

Figure 6 near here

306

307 Recovery tests were performed with NiO-PE(A4) submerged in 1 mL of alkalized milk containing hydrogen  
308 peroxide 0.1 and 1 mM. The recovery values obtained were 111% and 95%, respectively; confirming that the  
309 observed fouling effect did not impair the performance of the electrode. These evidences are substantiating  
310 that size and morphology of NiO nanostructures strongly influence the electrochemical properties of the  
311 electrode (Carbone et al., 2017a; Carbone et al., 2017b; Hall et al., 2014; Wang et al., 2012; Zhang et al.,  
312 2010; Lang et al., 2008; Klimov, 2007) and the interest of the researchers aiming to synthesize a wide range  
313 of nanoparticles and nanostructures (2D, 3D and hollow) of different morphologies to enhance the  
314 electrochemical properties of them (Gund et al., 2014; Offiah et al., 2014; Kim et al., 2013; Liu et al., 2005; Ma  
315 and Sun, 2002; Xiang et al., 2002; Liu and Anderson, 1996). Moreover, results show that the NiO  
316 electrochemical behavior is not directly related to surface area, but rather depends on the connectivity of  
317 crystals and their active sites (Yang et al., 2016; Patra et al., 2015; Zhao et al., 2009).

318

## 319 5. Conclusion

320 The here obtained electrodes decorated with nano-gardens of NiOs were stable during preparation and during  
321 the measurements performed both in fresh buffer and in milk sample. It is worth to note that these electrodes  
322 are cost effective and easy to prepare and the performances offered were comparable with those from other  
323 electrodes reported in literature. A robust recovery of H<sub>2</sub>O<sub>2</sub> in spiked samples is obtained and the need of  
324 sample preparation was limited to the rise of the pH gained by adding NaOH solution with negligible  
325 interferences from added electroactive interferents. Future investigation will be focus on the determination of  
326 H<sub>2</sub>O<sub>2</sub> from a wide variety of milk samples. In order to avoid potential interferences effects, dilution or flocculation  
327 of proteins and lipids will be considered to validate the proposed sensor for further use.

328

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NiO-*nanoflowers* decorating a plastic electrode for the non-enzymatic

amperometric detection of H<sub>2</sub>O<sub>2</sub> in milk: old issue, new challenge

*M. Carbone*<sup>a</sup>, *E. Aneghi*<sup>b</sup>, *F. Figueredo*<sup>c,d</sup> and *S. Susmel*<sup>c\*</sup>,

Tables

Table 1. Electrodes and condition adopted for synthesis of different NiO nanostructures

<i>Electrode</i>	<i>NiO nanostructures</i>	<i>Precipitating agent</i>	<i>Calcination temperature (°C)</i>	<i>NiO shape</i>
<b>G-PE</b>	-	-	-	-
<b>NiO-PE(A6)</b>	<b>NiO (A6)</b>	Triethylamine	600	Nanoflower
<b>NiO-PE(A4)</b>	<b>NiO (A4)</b>	Triethylamine	400	Nanoflower
<b>NiO-PE(S6)</b>	<b>NiO (S6)</b>	NaOH	600	Nanoporous
<b>NiO-PE(U6)</b>	<b>NiO (U6)</b>	Urea	600	Nanoporous

Table 2. Efficiency of conversion of NiO into active specie ( $\text{mol cm}^{-2}$ ) generated by different sweeps of cyclic voltammetry.

<b>NiO</b> <b>-PE</b>	<b>Current</b>				<b>Amount</b> <b>(<math>\text{nmol cm}^{-2}</math>)</b>	<b>Epa (mV)</b>  <b>at 20th sw.</b> <b>at 20th</b> <b>(eq.2 §)</b>	<b>Epc</b> <b>(mV)</b>	$\Delta E$ <b>(mV)</b>	$E_{O_2}$ <b>(mV)</b>
	<b>10th</b> <b>sweeps</b>	<b>20th</b> <b>sw.</b>	<b>30th</b> <b>sw.</b>	<b>50th</b> <b>sw.</b>					
<b>A4</b>	120 (RSD 8 %)	270 (RSD4.8%)	400 (RSD7.2%)	520 (RSD 10%)	8.1	+ 490	+ 343	147	+ 650
<b>A6</b>	28 (RSD 9 %)	35 (RSD 10%)	60 (RSD 9 %)	72 (RSD 8.6%)	1.1	+ 600	N.D.	N.D.	+ 610
<b>S6</b>	54 (RSD 5 %)	89 (RSD5.5%)	120 (RSD7.1%)	140 (RSD 10%)	2.7	+ 553	+358	195	+ 690
<b>U6</b>	7.8 (RSD 4 %)	22 (RSD4.5%)	12 (RSD 4.1%)	14 (RSD 5%)	0.7	+ 553	+366	187	+ 700

RSD%: relative standard deviation calculated from 3 activation tests ( $n = 3$ ) performed using NiO-PE cut from electrode prepared at different times

Table 3: Comparison of performances offered by NiO-PE(A4) and those reported in literature.

Electrode materials	Linear range (mM)	Sensitivity	LOD ( $\mu\text{M}$ )	Ref.
NiO nanospheres/GCE	0.01-0.8	$236.7 \mu\text{A mM}^{-1} \text{cm}^{-2}$	0.62	Li et al., 2018
NiO/graphene/GCE	0.25-4.75	$591 \mu\text{A mM}^{-1} \text{cm}^{-2}$	0.76	Yu et al., 2015
NiO films/GS	Up to 2.5	$409.7 \mu\text{A mM}^{-1} \text{cm}^{-2}$	4.8	Liu et al., 2015
NiO nanosheets/GS	Up to 4	$1077 \mu\text{A mM}^{-1} \text{cm}^{-2}$	0.4	Liu et al., 2015
$\text{MnO}_2$ /ERGO	0.1-45.4	$59 \mu\text{A mM}^{-1} \text{cm}^{-2}$	10	Dong et al., 2015
Graphene/ $\text{MnO}_2$ /GCE	0.01-0.09 and 0.2-0.9	/	2	Feng et al., 2015
RGO-Pt/GCE	$5 \cdot 10^{-4}$ -3.47	$459 \text{ mA M}^{-1} \text{cm}^{-2}$	0.2	Zhang et al., 2014
PdO-NiO nanofibers/GCE	$5 \cdot 10^{-3}$ -19	$583.43 \mu\text{A mM}^{-1} \text{cm}^{-2}$	2.94 $\square$	Zhang et al., 2013
RGO/ $\text{Cu}_2\text{O}$ composite/GCE	0.03 - 12.8	$19.5 \mu\text{A } \mu\text{M}^{-1}$	21.7	Xu et al., 2013
NiO-PE(A4)	Up to 4 mM	$25 \mu\text{A mM}^{-1} \text{cm}^{-2}$	5	This study

CGE: Glassy carbon electrode; RGO: Reduced graphene oxide; GS: graphite sheets; ERGO: electrochemical reduced graphene oxide

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FIGURES

Journal Pre-proof



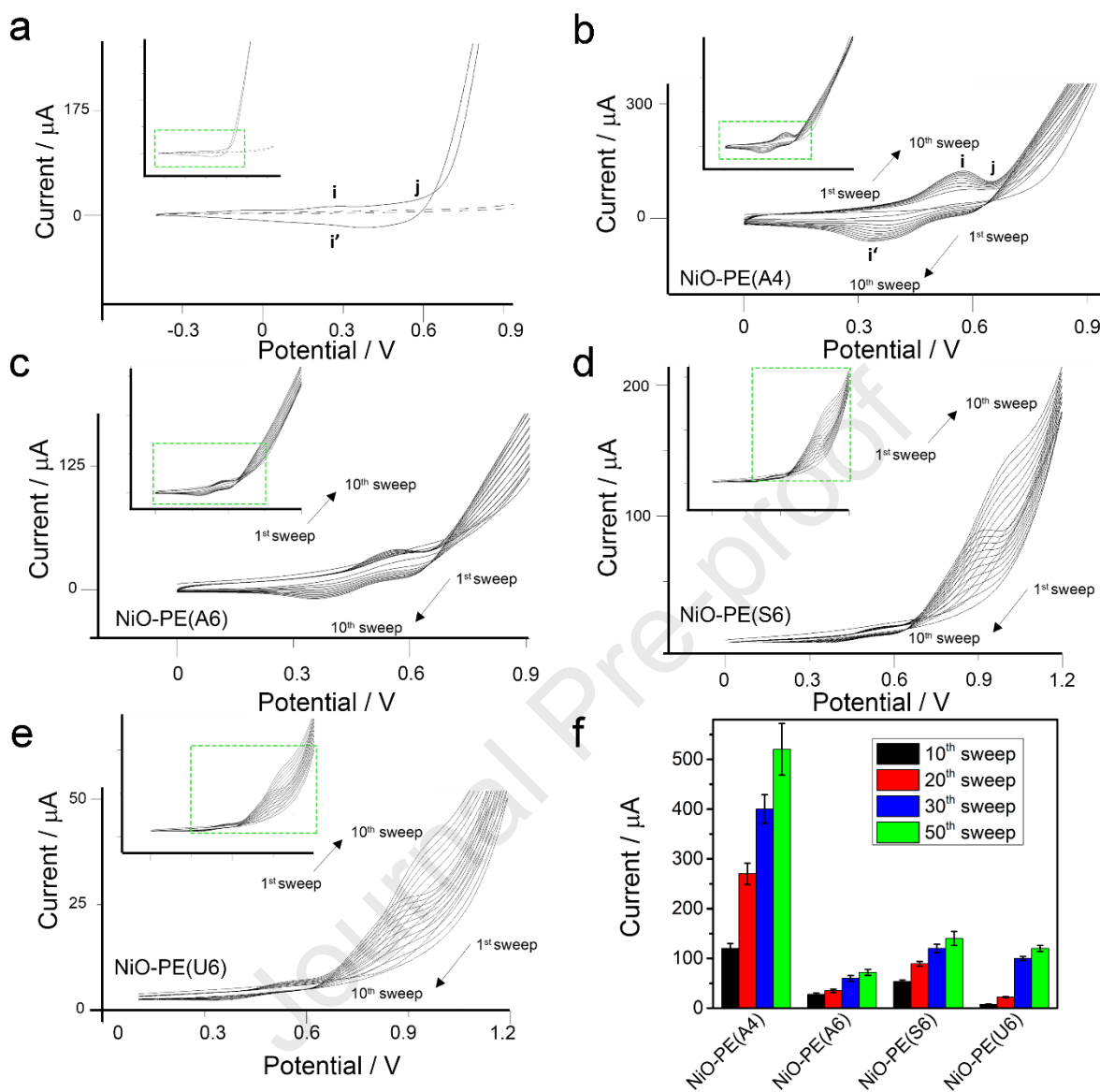


Figure 1. Electrochemical activation of NiO-PE electrodes. (a) Cyclic voltammety results of G-PE (dash line) and NiO-PE(A4) (continuous line) for the first cycle. (b) NiO-PE(A4) electrode, (c) NiO-PE(A6) electrode, (d) NiO-PE(S6) electrode, (e) NiO-PE(U6) electrode. Inset show the entire cyclic voltammety range. (f) Current values obtained for the anodic peak at the end of the 10<sup>th</sup>, 20<sup>th</sup>, 30<sup>th</sup> and 50<sup>th</sup> cycle.

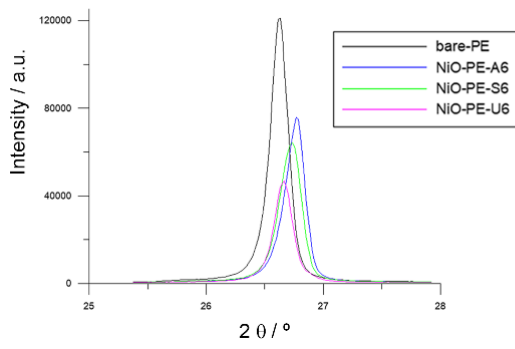


Figure 2: XRD pattern for graphite signal in bare-PE (26.62°), and NiO-PE(U6) (26.66°), NiO-PE(S6) (26.73°) and NiO-PE(A6) (26.77°). The NiO-PE electrodes were prepared with 8 mg of the respective nanopowder.

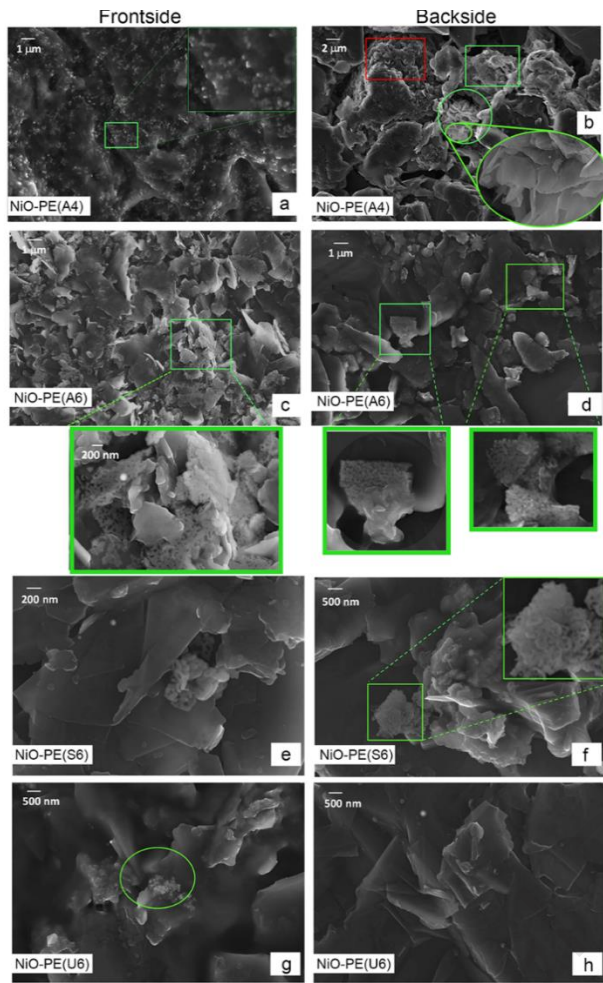


Figure 3. SEM pictures of both front-side and back-side of (a, b) NiO-PE(A4), (c, d) NiO-PE(A6), (e, f) NiO-PE(S6) and (g, h) NiO-PE(U6).

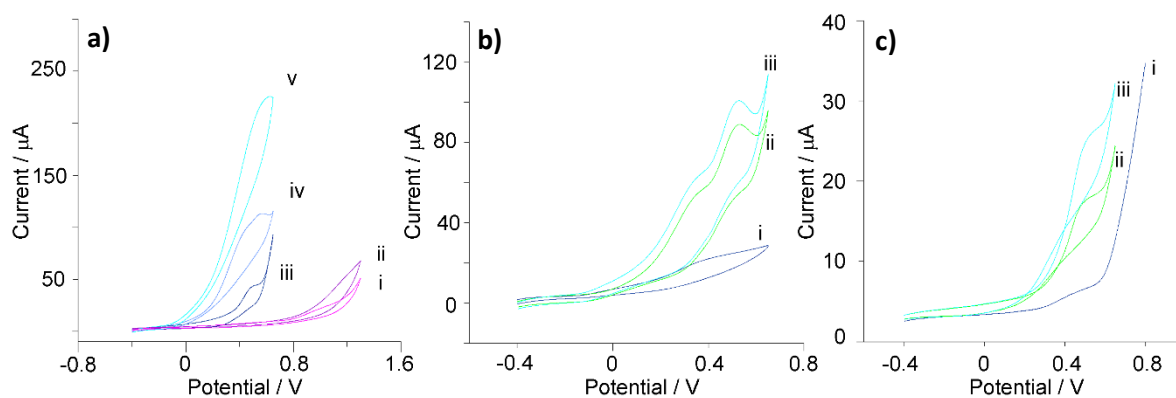


Figure 4. Electrochemical response of NiO-PE electrodes towards  $\text{H}_2\text{O}_2$ . (a) Cyclic voltammetry plots of (i) G-PE in NaOH 0.1 mM and (ii) G-PE in NaOH 0.1 mM with  $\text{H}_2\text{O}_2$  2 mM, (iii) NiO-PE(A4) in NaOH 0.1 mM and (iv) NiO-PE(A4) in NaOH 0.1 mM with 1 mM of  $\text{H}_2\text{O}_2$  and (v) with 2 mM of  $\text{H}_2\text{O}_2$ . (b) Cyclic voltammetry plots of NiO-PE(A6) in (i) NaOH 0.1 mM, (ii) NaOH 0.1 mM with 1 mM of  $\text{H}_2\text{O}_2$  and (iii) with 2 mM of  $\text{H}_2\text{O}_2$ . (c) Cyclic voltammetry plots of NiO-PE(S6) in (i) NaOH 0.1 mM, (ii) NaOH 0.1 mM with 1 mM of  $\text{H}_2\text{O}_2$  and (iii) with 2 mM of  $\text{H}_2\text{O}_2$ . In all cases the electrodes were produced with 8 mg on NiO nanopowder. Scan rate  $50 \text{ mV s}^{-1}$ .

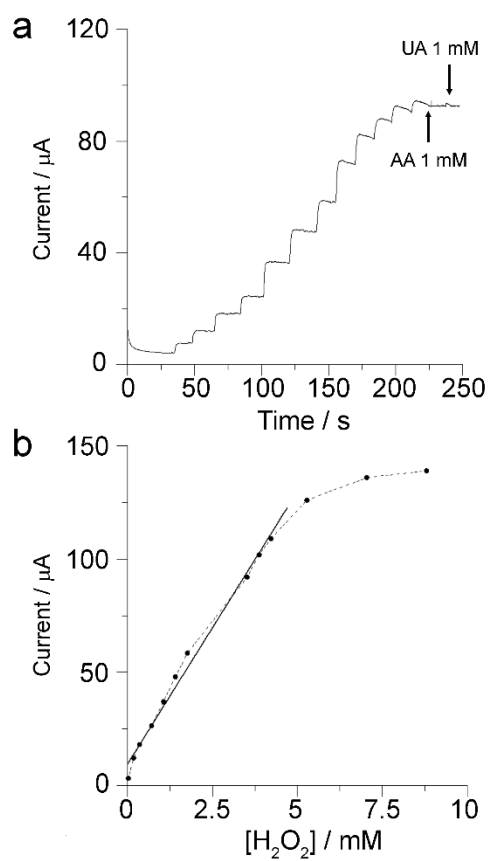


Figure 5. (a) Amperometric response of activated NiO-PE(A4) towards the addition of  $\text{H}_2\text{O}_2$  applying a polarization potential of + 0.2 V in NaOH 0.1 M. The test of interference was performed with 1 mM of ascorbic acid (AA) and 1 mM of uric acid (UA). (b) Calibration plot obtained after performing three independent experiments (RSD 6%).

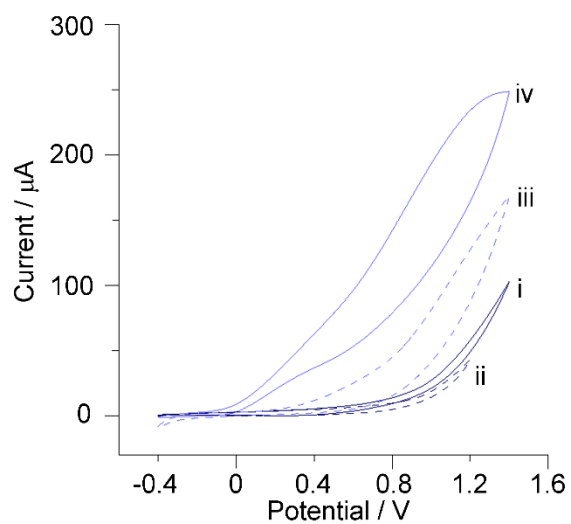


Figure 6. Cyclic voltammetry plots of (i) G-PE in milk at pH 10, (ii) NiO-PE(A4) in milk at pH 10 and spiked with (iii) 1 mM and (iv) 2 mM of  $\text{H}_2\text{O}_2$ . Scan rate  $50 \text{ mV s}^{-1}$ .

NiO-*nanoflowers* decorating a plastic electrode for the non-enzymatic  
amperometric detection of H<sub>2</sub>O<sub>2</sub> in milk: old issue, new challenge

*M. Carbone*<sup>a</sup>, *E. Aneghi*<sup>b</sup>, *F. Figueredo*<sup>c,d</sup> and *S. Susmel*<sup>c\*</sup>,

## Highlights

- $\mu$ M detection of residual hydrogen peroxide in milk
- Detection with no sample pre-treatments
- Non-conventional plastic electrode, NiO decorated, for a non-enzymatic amperometric detection
- A cheap and easy way to prepare plastic electrodes containing nanostructures
- The catalytic activity of various NiO nanostructures decorating plastic electrode were studied

**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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