

1 Malignant pheochromocytoma in a 16 year old patient with neurofibromatosis type 1

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24 Abstract

25 Patients with Neurofibromatosis type I (NF1) feature a high risk of developing benign and
26 malignant tumors, mostly with a neuroectodermal origin, the risk being about four times higher than
27 in the general population. Pheochromocytoma (PHEO) is a sporadic tumor (1:100000) arising from
28 the adrenal medulla. PHEO is rare conditions in Neurofibromatosis type I (NF1) and occurs in
29 about 1% of the patients, rarely in pediatric age. In this study we present a 16-year-old patient with
30 NF1 and malignant PHEO. Loss of heterozygosity (LOH) analysis in PHEOs shows a reduction to
31 homozygosity, observed for both 17p and 17q markers. This case confirms the importance of
32 surveillance for malignant neoplasias in NF1 patients' childhood and adolescence. On the other
33 hand, as 30% of PHEO had germline mutations and more rarely a somatic mutations, patients with
34 PHEO should be investigated for associated genetic syndromes.

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36 Keywords:

37 Malignant pheochromocytoma; Neurofibromatosis type 1; Loss of heterozygosity; Multicarcinoma
38 syndromes

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49 **Introduction**

50 Pheochromocytoma (PHEO) is a rare tumor with an incidence of 1 per 100,000 in the population;
51 the rate of malignancy is about 10% [1]. Genomics of familial PHEOs have shown that even 30% of
52 these tumors arise in individuals with specific mutations or hereditary cancer syndromes [2-4].

53 Recent studies have shown the involvement of RET, VHL, NF1, SDHAF2, SDHA, SDHB, SDHC,
54 SDHD, TMEM127 and MAX genes in the pathogenesis of these tumors in children [1,5].

55 Moreover, latest transcriptomic and genomic studies have suggested that the genes involved in
56 hereditary PHEO may be important players also in the sporadic disease [6]. These studies have
57 shown that a large proportion (83%) of sporadic PHEO has an altered copy number in at least one
58 of the known susceptibility genes, often in association with an altered messenger RNA (mRNA)
59 expression; specifically, somatic NF1 mutations were frequent, suggesting that the NF1 gene
60 constitutes the most frequent target of somatic mutations in sporadic PHEO [7-8].

61 Neurofibromatosis type I (NF1), also known as von Recklinghausen disease (OMIM*162200), is a
62 dominant autosomal disorder characterized by *cafe-au-lait* spots, Lisch nodules in the eye, and skin
63 neurofibromatous tumors. NF1 is caused by mutations in *NF1*, a tumor suppressor gene located on
64 chromosome 17, its 58 exons spanning approximately 300kb. The genetic screening for *NF1* is
65 rarely performed both because of the large size of the gene and because an accurate diagnosis of
66 NF1 is generally possible based on its peculiar phenotype as well as on the family history.

67 **Clinical Report and Methods**

68 The patient is a 16-year-old male with a neurofibromatosis type 1 (NF1), diagnosed at birth based
69 on clinical findings and family history (grandfather, uncle and mother with NF1). The mother died
70 for breast cancer several years earlier. The patient was brought into the emergency department with
71 a weeklong history of visual impairment, headache, nausea and vomiting. Abdominal echography
72 and computed tomography showed an approximately 58 x 52 x 75 mm oval-shaped lesion in the left

73 adrenal gland. PHEO was considered as a potential cause of the symptoms. The blood pressure was
74 140-205 mmHg. The endocrinological examination results showed normal homovanillic acid levels
75 (10 ugr/mg cre; reference values 0-38) following 24h urine collection and a markedly increased
76 level of vanillylmandelic acid (49 ugr/mg cre; reference values 0-38). The aldosterone plasma level
77 was high (450 pg/mL; reference values 12-150), the cortisol was increased (26 µg/dL; reference
78 values 4-22). The neoplastic mass removed by surgery, 6 cm in diameter, originated from the left
79 adrenal gland and looked as a capsulated, vessel-rich tumor. Regional enlarged lymph nodes were
80 also removed.

81 The surgical specimen was fixed in 4% phosphate buffered formalin, and 5-µm paraffin-embedded
82 sections were stained with hematoxylin and eosin. For immunohistochemistry, antibodies against
83 chromogranin, synaptophysin, and neuron specific enolase, (all antibodies, ready-to-use Dako, DK)
84 were used (positive and negative control tissue were used). Subsequently, streptavidin-biotin-
85 peroxidase staining was performed. Histological and immunohistochemical findings confirmed the
86 diagnosis of PHEO (Fig.1). Due to the presence of neoplastic cells in a lymph node, the definitive
87 diagnosis was malignant PHEO [9] (Fig.1D). The postoperative course was uneventful, the
88 patient's blood pressure was 70-120 mmHg and he completely recovered.

89 NF1 associated with loss of heterozygosity (LOH) [10-11], along with the inactivation of the
90 remaining NF1 wild type allele in tumor DNA, leads to PHEO. LOH is known to be caused by a
91 number of mechanisms including deletions of genetic material and the loss of a whole chromosome
92 by non-disjunction with or without reduplication. However, mitotic recombination has been
93 demonstrated to be the most common event accounting for LOH in NF1-associated tumors [12]. For
94 this reason genomic DNA was extracted from frozen tumor tissue and from peripheral blood
95 following the QIAMP DNA mini kit protocol (QIAGEN). LOH was determined by typing genomic
96 DNA samples with 21 microsatellite markers (Fig. 2C) scattered along the whole chromosome 17.

97 These markers were selected from the NCBI-UniSTS website (<http://www.ncbi.nlm.nih.gov/unists>).

98 Primer sequences were obtained from the Genome Database (www.gdb.org) and from Garcia-

99 Linares et al. [12] PCR was performed in 25- μ l mixtures using Kapa2G Fast DNA polymerase

100 (KAPA biosystem) with 1 minute first step denaturation at 95°C, followed by 30 cycles at 95°C (10

101 sec), 55°C (10 sec), and 72°C (1 sec).

102 The fluorescently labeled PCR products were analyzed by capillary electrophoresis on an ABI

103 Prism 3130xl (Applied Biosystems). Peak analysis was performed by Genemapper 4.0 software

104 (Applied Biosystems). Q^{LOH} was determined comparing the ratio of fluorescence intensities for

105 each allele in tumor tissue (T) to that in whole blood (N) from the same patient: $(T1/T2)/(N1/N2)$

106 where T1 is the diminished allele. Q^{LOH} values of 0.8 or less were scored as LOH [13]. LOH

107 analysis displayed that 5 out of 21 microsatellite markers were not informative, the remainign16

108 detected LOH affecting the whole chromosome 17 in PHEO tissue (Fig. 2).

109

110 **Discussion**

111 PHEOs are rare (1:100000 in the general population), usually benign tumors that originate in the

112 sympathetic nervous system; only 10% of them are malignant [1]. Generally PHEO is sporadic, but

113 30% are part of hereditary cancer syndromes. The clinical symptoms are due to increased secretion

114 of catecholamines, especially adrenaline and noradrenaline that cause paroxysmal hypertension and

115 tachycardia, headache, palpitation and weight loss.

116 Von Recklinghausen disease (NF1 syndrome) occurs in approximately 1:3000 individuals; the gene

117 involved in its etiology [14], *NF1*, encodes for neurofibromin, a protein similar to to RAS/GTPase-

118 activating protein. RAS has a role in controlling cell growth and differentiation through several

119 signaling pathways, including the cAMP one [1]. Affected individuals are at risk of developing

120 benign and malignant tumors, mainly of neuroectodermal origin, the risk being about four times as

121 high as in the general population [2]. LOH and loss of neurofibromin expression have been shown
122 in mice model [15], in NF1 [10] and non-NF1 patients' tumors [16], including PHEO,
123 neurofibrosarcoma, neuroblastoma, melanoma and malignant peripheral nerve sheath tumors
124 (malignant transformation of plexiform neurofibromas) [11, 17-18].

125 Recently Bausch et al. studying 177 children with PHEO and paraganglioma, identified 142 (80%)
126 individuals with a germline mutation in one of the susceptibility genes, 4% of which had a mutation
127 in *NF1* gene [5]. In patients with NF1, it has been postulated that the tumor occurs according to
128 Knudson's two-hit model, which requires biallelic inactivation of a tumor suppressor gene [16].
129 This theory has been confirmed by studies in murine models and humans [10, 17].

130 The association of PHEO with NF1 is recognized since a long time [19]. Usually, hereditary forms
131 of PHEO are diagnosed earlier compared to sporadic cases [1]. The case herein reported had NF1
132 and malignant PHEO. The association of NF1 and malignant PHEO in adult is reported in 11.5%
133 [19] and just recently described in childhood [5].

134 The patient's mother died with breast cancer several years earlier. Therefore it was not possible to
135 study NF1 LOH and BRCA1/2 mutations in her neoplasia. The association between NF1 and breast
136 cancer has been scarcely reported in the literature [20]. However, it is renowned that both NF1 and
137 BRCA1 are located in the long arm of chromosome 17. Women with NF1 mutations have shown to
138 have a higher risk of developing breast cancer, compared with the general population [20].

139 These multicarcinoma syndromes are usually inherited in an autosomal dominant way, so early
140 diagnosis and treatment is important, especially in cases of malignant, multiple tumors or in a
141 young onset age.

142 In summary, patients with NF1 are at high risk of developing benign neoplasias; rarely malignant
143 neoplasias may arise. Malignant PHEO could be one of these, also in childhood. Therefore genetic
144 diagnosis and specific management of family members with a neoplastic history could play an

145 important role in preventive medicine, in the implementation of early and appropriate treatment and
146 in long-term surveillance.

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201 Legend

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203 Fig.1

204 A, Malignant pheochromocytoma with lymphatic neoplastic emboli (arrow). B, Area with cellular
205 atypia. C, Metastatic lymph node. D, Immunostaining for chromogranin is consistent with PHEO
206 metastasis.

207

208 Fig. 2

209 Electropherograms illustrating LOH at the D17S969 (A) and NF1-53.0 (B) microsatellite markers.
210 The upper panel represents peripheral blood DNA (PB), the lower panel shows tumor DNA. C,
211 Analysis of microsatellite markers covering the chromosome 17. There is clear allelic loss in the
212 tumor DNA markers.

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