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Teaser This review provides an overview of nonclinical in vivo models that can be used to support orphan designation in selected rare infectious diseases in Europe, with the aim to inform and stimulate the planning of nonclinical development in this area of often neglected diseases.

# Nonclinical data supporting orphan medicinal product designations in the area of rare infectious diseases

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#### Introduction

The European Orphan Legislation came into force in 2000, introducing a system of incentives for the development of medicines in rare diseases in the EU. COMP of the EMA is responsible for the scientific assessment of **OMPD** (see [Glossary\)](#page-17-0) applications. COMP evaluates the following criteria that are laid down in the EU Orphan Regulation: the rarity of the condition; the chronically debilitating or life-threatening aspects of the condition; the **medical plausibility** of the product in the condition; and the assumption of **significant benefit** over existing treatment methods [\[1\]](#page-15-0). At the time of initial OMPD, applicants are responsible for providing nonclinical and/or preliminary clinical evidence in support of medical plausibility. Nonclinical data are commonly used for proof of concept when considering the rarity of the orphan conditions and the possibility of submitting for OMPD at any stage of development. Thus, the quality of the submitted nonclinical evidence becomes crucial for obtaining OMPD, which ultimately unlocks

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<span id="page-1-0"></span>the incentive system that can support development until marketing authorization. Challenges regarding other criteria of OMPD have been discussed elsewhere [\[2–4\].](#page-15-0)

The Orphan Regulation resulted in a significant boost to the development of medicines for rare diseases [\[1\].](#page-15-0) By the end of 2018, 2134 medicines had been granted orphan status by the European Commission (EC) for a total of 524 distinct rare conditions [\[5\].](#page-15-0) Approximately 30% of these designations were granted at an early stage of product development, when only nonclinical proof-of-concept data were available [\[6\]](#page-15-0). Despite the rarity of the conditions and objective challenges of product development in such context, 164 orphan products (of which only 115 currently retain orphan status) have been authorized since the regulation came into force, with the estimated accrual rate of products in development no higher than that expected for a nonorphan product  $(1/10)$  [\[5,7,8\]](#page-15-0).

In this review, we focus on infectious diseases, a therapeutic area that has been underrepresented in COMP analyses to date but is viewed as being particularly important. In Europe, rare infectious diseases with limited treatment options still pose a relevant threat and belong to either of two groups: diseases considered eradicated, but gravely dangerous in case of an outbreak; or diseases neglected in their endemic epidemiological regions, which occasionally occur also in Europe. Orphan regulation in this context presents an incentive to develop medicines potentially needed in the event of, for example, a terrorist attack leading to an outbreak of an eradicated disease, such as smallpox, or an incentive to develop medicines for a globally common disease, for which treatment options are limited, as is the case of tuberculosis (TB). Providing robust proof-of-concept data in a nonclinical setting can be challenging in some of these conditions.

The predictive value of all nonclinical models is limited, and one cannot underestimate the importance of clinical data in the development of a medicine. In addition, enhanced nonclinical in vitro techniques are currently being developed and some are already recognized by regulators as satisfactory substitutes for in vivo models in the nonclinical part of an application for marketing authorization. However, this review should be seen from the perspective of the regulatory committee, COMP, responsible for

Disease-relevant endpoints accepted by COMP<sup>a</sup>

making an informed decision about the potential of a medicine at an early stage of development, when in vitro data might still be difficult to accept in the absence of preliminary clinical efficacy data. That said, COMP considers ethical and scientific arguments when assessing the nonclinical models used  $[9]$ . In this review, the COMP Non-Clinical Working Group provides guidance on the acceptability of animal models in selected infections for which designations were granted, and further comments on the shortcomings of unsuccessful applications, which can be easily avoided if the nonclinical development plan is well planned and focused on answering regulatory relevant questions.

In this review, we focus on infectious diseases considered rare within the EU, based on data from OMPD assessed by the COMP between 2000 and 2017. Non-rare infections that occur in rare diseases (e.g., infections in cystic fibrosis) were not considered, because the clinical aspects addressed in such applications were considered pertinent to the underlying rare disease. It is an analysis that is methodologically similar to a previous COMP Non-Clinical Working Group review of the nonclinical data in applications for OMPD in neurological diseases [\[10\].](#page-15-0) We provide a table of nonclinical **disease-relevant endpoints** (Table 1) for the purpose of OMPD. Our aim is to comment on the evidence that can be used to support future OMPDs and the proof-of-concept studies in infectious rare diseases.

### Avian influenza

Avian influenza A viruses, other than H1 or H3, represent a major threat of pandemic disease, because humans lack immunity to most influenza A subtypes. Avian influenza A viruses have been divided in 'Highly' and 'Low' Pathogenic Avian Influenza viruses (HPAI and LPAI, respectively), based on their molecular characteristics and ability to cause disease and mortality in chickens in a laboratory setting. The first HPAI that infected humans in 1997 was H5N1 during a poultry outbreak in Hong Kong. Since its widespread re-emergence from 2003 to 2006, this avian virus has spread from Asia to Europe and Africa, resulting in millions of poultry infections, and several hundred cases in humans, with many human deaths. H5N1 influenza is caused by a specific viral strain subtype and, therefore, is considered to be a distinct condi-





<sup>a</sup> Aspect of the disease addressed in application, not highlighted in the wording of the orphan condition.

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TABLE 2

tion from common flu. For some patients, there is an unusually aggressive clinical course with rapid deterioration and high fatality rate. H5N1 influenza in humans is poorly characterized in terms of clinical endpoints. Typical systemic and respiratory symptoms include fever, chills, aches and pain, cough, and sore throat. However, avian influenza can also lead to life-threatening pneumonia and secondary bacterial infections. The incubation period ranges from 2 to 8 days and possibly up to 17 days, which is longer than for common influenza. Other avian influenza A virus subtypes are also of concern, such as the H7N7 [\[11\]](#page-15-0) and the H7N9 viruses [\[12\].](#page-15-0)

Five main animal species [nonhuman primates (NHPs), mice, ferrets, pigs, and cats] have been proposed and used as models of H5N1 influenza infection OMPD applications (Table 2). From a pathophysiological point of view, the best model in literature is the NHP, although its use is largely limited because of ethical concerns, the complexity of husbandry practices, and the difficulties in achieving statistical significance with the use of a reduced number of animals [\[13\].](#page-15-0) From a practical point of view, and considering the pros and cons, the mouse model is more appropriate and acceptable. The inflammatory effects on the respiratory apparatus are similar to those in humans. Ferrets are also considered a valid model because their pathophysiological and symptomatic characteristics are similar to those in humans. These models have all proven to be suitable to evaluate the efficacy of vaccines and antiviral drugs [\[14\].](#page-15-0) By contrast, guinea pig and cat animal models now are less used in drug discovery, also because of their low predictive value [\[14\]](#page-15-0). In some cases, rodent models (BALB/c mice) with survival as the main endpoint are still used for proof-of-concept purposes and these have been accepted so far by COMP ([Table](#page-1-0) 1).

#### Ebola

Ebola Virus Disease (EVD) is caused by infection with a virus of the family Filoviridae, genus Ebolavirus, a family of enveloped, nonsegmented negative-sense (NNS) RNA viruses. Outbreaks of Ebola happen sporadically in Africa. The 2014–2016 West Africa outbreak was from a new strain of the Zaire species (EBOV) with a reported case-fatality rate of 55%. Given this high mortality, Ebola viruses are considered Category A Bioterrorism Agents by the US Center for Disease Control (CDC) and as priority pathogens needing urgent research by the WHO. Accordingly, research with Ebola viruses is performed under Biosafety Level 4 (BSL4) conditions. The natural reservoir host of Ebola viruses has not yet been identified, but it is likely that the first patient becomes infected through contact with an infected animal, such as a fruit bat or primate. The virus can then be spread between humans through direct contact with body fluids (including blood and semen) and contaminated objects.

EVD is associated with rapid virus replication pervading most tissues and accompanied by widespread and severe focal necrosis [\[15\].](#page-15-0) The virus is generally detectable by PCR 48 h after infection in both lethal and nonlethal cases. However, symptoms usually occur after an incubation period of 4-10 days (or less commonly between 2–21 days). After a sudden onset of 'flu-like' symptoms (fever, myalgia, and chills), and vomiting and diarrhea, the disease can rapidly evolve into a severe state with a rapid clinical decline and death due to shock, hemorrhage, and multiorgan failure.



<sup>a</sup> Take-home message: mouse model is acceptable to support the orphan designation because of the similar pathogenic mechanisms, accessibility, and easy-to-reach statistical significance.

The gold standard nonclinical model for EVD is the infection of NHPs, especially cynomolgus or rhesus macaques (favored NHP models). As already mentioned, NHP studies are expensive and limited for ethical reasons, and they are usually performed at late nonclinical stage, once proof of concept has been obtained in smaller models. The nonclinical endpoints accepted so far by COMP are similar to the known clinical endpoints. This is because of the similarities of the clinical features of EVD in humans to those observed in nonclinical models (Table 3).

Five products have obtained OMPD for the treatment of EVD and all designations to date have been based on nonclinical data. Whenever studies in NHP models were not available, mouse models were considered acceptable when methodology and results were robust. Among small animals, mouse models show rapid onset of viremia and high viral burden in the spleen, liver, and multiple organ tissues. Lymphopenia, thrombocytopenia, kidney dysfunction, and liver damage are also observed. However immunocompetent mice are resistant to wild-type EBOV (WT EBOV); thus, mouse-adapted EBOV is needed for the infection to occur. By contrast, WT EBOV is lethal to suckling mice and immunodeficient mice (e.g., SCID mice), which lack functional B and T cell responses. Therefore, it is possible to challengemicewith amouse-adaptedMayingaEBOVstrain.In some cases, studies in NHP models were also available and used to support medical plausibility.

#### Orthopoxvirus infections

Currently, ten species of virus are included in the genus Orthopoxvirus, which belongs to the Poxviridae family. For regulatory purposes, each individual pathogen is considered to cause a separate orphan condition (e.g., smallpox infection, monkeypox infection, etc.) and, thus, individual applications for each virus are generally required.

Smallpox and vaccinia are caused by Variola virus (VARV) and Vaccinia virus (VV), respectively. Smallpox was declared eradicated in 1980 because of successful prophylactic vaccination during the 20th century [\[16\]](#page-15-0). Replication of VARV occurs in the cytoplasm and infected macrophages carry the virus to the lymph nodes. Consequently, small vessels of the dermis become infected, resulting in the typical skin pustules [\[17\]](#page-15-0). Clinical forms of smallpox can be divided into five varieties: ordinary, modified, variola sine eruptione, flat, and hemorrhagic. Cytopathic effects of the virus can lead to death, although the cause of death remains controversial, because multiple mechanisms are involved. Mortality of smallpox was 30%, killing 500 million people over the past 100

TABLE 3



<sup>a</sup> Take-home message: generally, the model of choice to study medical plausibility in Ebola would be NHP despite all the ethical considerations. However, for an orphan designation, the COMP would also accept data generated in small model organisms, such as mice.

years. A single case of smallpox anywhere in the world would be a global health emergency [\[18\].](#page-15-0)

No animal reservoirs exist in nature, and most animal species cannot be infected even in the laboratory [\[19\].](#page-15-0) Smallpox is also challenging to study because of biosafety restrictions. Therefore, surrogate disease models are needed. In this context, to facilitate drug development when circumstances do not allow proper clinical evaluation, the US Food and Drug Administration (FDA) issued the 'Animal Rule', which states that efficacy data can be obtained from appropriate animal models and bridged to humans [\[20\].](#page-15-0) Indeed, the research of smallpox treatment is ongoing as evidenced by a recent (2018) FDA first approval of a drug for this pathogen, tecovirimat [\[18\]](#page-15-0). Interestingly, in Europe, tecovirimat has been granted an OMPD for the treatment of cowpox, but so far no further regulatory steps have been taken towards marketing authorization in Europe.

One application exploring the efficacy of the drug in rabbits infected with a surrogate Orthopoxvirus, rabbitpox, was presented to COMP [\[21\]](#page-15-0). The advantage of the rabbitpox model is the ability to produce a natural aerosol transmission of the virus between animals with secondary lesions, although the rabbitpox infection does not occur in humans. Other models comprising Orthopoxvirus in the literature include VV, ectromelia, cowpox, and monkeypox virus in mice [\[22\].](#page-15-0) Interestingly, besides VV, monkeypox and cowpox [\[23\]](#page-15-0) also infect humans. Although mice models can be used in studies that are practical and can reach statistical power, the differences in immune system responses between mice and humans can result in differences in epitope recognition, thus hampering translatability to humans [\[22\].](#page-15-0) Notably, the Ind-3a strain of VARV was explored by the Institute of Cancer Research (ICR) in SCID mice [\[24\]](#page-15-0).

Monkeypox virus was additionally used to infect monkeys [\[25\],](#page-15-0) squirrels [\[26\]](#page-15-0), prairie dogs [\[27\],](#page-15-0) and pigs. Moreover, this virus was administered via the intranasal inoculation route to mimic natural infection in hamsters, rabbits [\[28\]](#page-15-0), rats [\[29,30\],](#page-15-0) and mice [\[28,31–](#page-15-0) [35\]](#page-15-0). However, because the human infectious monkeypox dose is unknown, it is hard to establish the translational benefit of these models [\[36\]](#page-15-0).

The cowpox virus, another member of Poxviridae, shares homology with monkeypox and VARV [\[37\],](#page-15-0) which allows the use of this virus as a model to study smallpox [\[38\]](#page-15-0). Importantly, in contrast to VARV, both cowpox and monkeypox virus require a lesser biosafety 2 level to work with.

The authentic VARV is able to infect cynomolgus monkeys, specifically the Harper and India 7124 strains. The model is characterized by systemic disease with features of human smallpox with a high lethality [\[39\].](#page-15-0)

Overall, the ideal model would have the characteristics of a generalized dissemination with secondary lesions, in animal-toanimal spread, and high lethality. Given that no animal model perfectly mimics smallpox in humans, it is considered more suitable to test the efficacy in several animal models to increase the translatability to human smallpox. However, with regard to the OMPD, data produced in one animal model would be acceptable.

VV infects not only the reservoir species (most likely candidates are sylvatic rodents), but also humans, resulting in a skin infection. In a generalized infection, virus spread is thought to occur through

the regional lymphatics to the bloodstream, resulting in primary viremia [\[40\]](#page-15-0). Clinical signs of generalized vaccinia include a diffuse erythematous maculopapular rash scattered over the body; papules become vesicles and generally heal over within 15 days, leaving a typical scar in the skin of people and animals affected [\[41\].](#page-15-0) Clinical characteristics of vaccinia complications, especially in immunocompromised patients, include eczema vaccinatum in patients with a history of eczema or atopic dermatitis, persistent infection with tissue necrosis (vaccinia necrosum), postvaccinal encephalitis, myocarditis, and ischemic cardiac events [\[42–44\].](#page-15-0) Vaccinia vaccination is necessary after a smallpox outbreak or after a bioterrorist attack [\(Table](#page-5-0) 4).

For VV infection, there are several available rodent models in which disease-relevant endpoints can be measured ([Table](#page-5-0) 4). These models mimic certain aspects of the disease (e.g., progressive cutaneous infection in an immunocompromised host) and can be considered valuable to study how VV modulates the host immune response. However, unlike the intranasal route of infection, intradermal inoculation is localized, without generalized clinical signs of illness similar to those observed during intranasal infections (e.g., weight loss) [\[45\]](#page-15-0). For the purposes of OMPD, presentation of data in one valid animal model would be sufficient.

#### Anthrax

Bacillus anthracis (B. anthracis) is a Gram-positive, rod-shaped bacterium. Human infection can be naturally acquired from contact with infected grazing animals that have ingested soil contaminated with B. anthracis spores, or from occupational exposure to infected and/or contaminated animal products. This type of infection is usually cutaneous or, less frequently, gastrointestinal.

The inhaled forms of the infection are usually accidental or related to bioterrorism, although they often occurred previously in industrial settings, such as while working with wool. B. anthracis spores germinate within the alveolar lung macrophages and produce anthrax toxin, responsible for triggering the cascade of inflammatory events and starting the clinical manifestations of the disease. The incubation period of inhaled anthrax typically lasts 2–10 days, and the first symptoms are flu-like, followed by a rapidly progressive phase of systemic manifestations culminating over the course of 12–24 h in the development of bacteremia and rapid clinical deterioration with high fever, dyspnea, and shock, with 100% death rates. Cutaneous forms are the mildest, often selflimited, with mortality of 20% if untreated. The available treatments for anthrax infection comprise antibiotics. Still, survival is poor at 50–60% in nonclinical models, which provide the only indicative data of **disease-relevant activity** because the clinical experience in inhalation anthrax is limited. All the OMPDs granted so far target the inhalation form of anthrax infection.

Selecting animal model for studies on anthrax might be complex, because it dependents on many interrelated factors, such as the specific aim of the research, the differing attributes of the animal species, and the manner and route of exposure. The best animal models developed for the evaluation of anthrax countermeasures are NHP and rabbit models. However, limitations, such as costs, ethical issues, housing and maintenance constraints, restrict their use for the final evaluation of medicinal products, just before licensure for human use [\[46\].](#page-15-0) During the initial steps of

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<sup>a</sup> Take-home message: various Orthopoxvirus models can and are being used interchangeably to explore treatment efficacies in smallpox, vaccinia, monkeypox, and cowpox. Mouse models for VV infection mimic clinically releva vaccinia and were considered valuable by COMP to support orphan designation because of their predictive value, based on a similar pathophysiology. Adequate data produced in one animal model are sufficient for orphan drug d purposes.

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TABLE 5



<sup>a</sup> Take-home message: COMP would find the rabbit model most appropriate to study medical plausibility, and the addition of NHP data could support authorization of the product based on nonclinical data only.

drug development, small mammals, mainly mice, guinea pigs, and rats, have been used to study the pathogenesis, treatment, and prevention of anthrax (Table 5).

The products that received OMPD include several monoclonal antibodies directed against the anthrax toxin, which have shown significant improvement of survival in nonclinical models, alone and when administered in combination with antibiotics. The designated products were tested in rabbits and/or NHP (Table 5). Both NHPs and rabbits have been accepted by the COMP as models for the development of new medicines and vaccines for anthrax. These models were also accepted by FDA as valid models in the authorization of anthrax products under the animal rule [\[46\]](#page-15-0). For treatment purposes, the candidate products are usually administered upon detection of significant increase in body temperature and/or anthrax protective antigen (PA) in the serum, which is considered by the COMP as a valid approach.

#### **Tuberculosis**

Mycobacterium tuberculosis infects mainly lungs, but can spread to other organs, producing extrapulmonary TB. Infection occurs upon inhalation, when the infectious droplets settle in the airways, predominantly in the upper part of the respiratory tract. The immune system responds through macrophages that present mycobacterial antigens to T cells. Macrophages then envelop the bacteria, forming granulomas, where it continues to reproduce, eventually killing the immune cell and producing solid necrosis [\[47\].](#page-15-0)

Applications for products intended for TB treatment have been presented several times to COMP. From the ten applications submitted, only one represented a vaccine, whereas the rest were intended for already infected individuals. All applications presented data with a nonclinical mouse model of the infection, while one was complemented with additional guinea pig model data. Additionally, TB models utilizing the New Zealand rabbit, Cynomolgus macaque, Chinese tree shrew, Wistar rat, castrated male Friesian-cross calf, and zebrafish larvae or adult zebrafish are known [\(Table](#page-8-0) 6) [\[48\]](#page-15-0).

The mouse TB model is characterized by homogeneous pathological changes and bacterial burden, which makes it an appropriate model for rapid anti-TB chemical drug evaluation. However, mice have a varied length of latent period, with high bacterial

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TABLE 6



<sup>a</sup> Take-home message: from the experience of COMP, it can be concluded that the combined use of mice and guinea pig models should be pursued, because their characteristics complement each other and produce robust data. The Cynomolgus macaque model would be most appropriate because of its similarity to human, but is not required by the COMP because of ethical reasons.

burdens and heterogeneous starting time points [\[48\]](#page-15-0). The guinea pig model is susceptible to the infection and presents with similar symptoms and pathophysiology as humans. Thus, this model is appropriate for the evaluation of vaccines. By contrast, the guinea pig seldom presents liquefaction and cavitation of pulmonary granulomas and does not exhibit a latent form of infection [\[49\].](#page-15-0) Recently a zebrafish model, an unusual organism for TB because it does not have lungs, emerged. This model is valuable for visualization of early steps of TB pathogenesis [\[50\]](#page-15-0) and, as such, is ideal for the initial identification of new antimycobacterial drugs. However, the zebrafish model, if submitted as sole evidence, would not be enough to substantiate the proof of concept of the product because of its limitations in reproducing the clinical aspects of TB. In cases where this model was used as part of a larger nonclinical development, it would be assessed as supportive evidence on a case-by-case basis ([Fig.](#page-14-0) 1).

#### Mucormycosis

Mucormycosis refers to fungal infections caused by species of the family Mucoraceae, which are members of the order of Mucorales, Subphylum Mucoromycotina [\[51\]](#page-15-0). The most common species isolated from patients include Rhizopus, Mucor, and Lichtheimia. These pathogens are ubiquitous in nature and infection is usually seen in patients who are immunocompromised. In developed countries, cases are mostly seen in transplant recipients and patients with hematological malignancies, whereas, in developing countries, the infection occurs mostly in patients with diabetes mellitus [\[51\]](#page-15-0). The infection is characterized by angio-invasion

resulting in thrombotic and infarcted lesions in the affected tissues. Based on its clinical presentation and anatomic site, mucormycosis is classified into six major clinical forms: rhinocerebral; pulmonary; cutaneous; gastrointestinal; disseminated; and uncommon rare forms, such as endocarditis, osteomyelitis, peritonitis, and renal infection [\[52\]](#page-15-0).

Several in vivo models have been discussed in the literature using a plethora of fungal strains ([Table](#page-9-0) 7). Most common references include neutropenic rodent models infected via different routes, as, for example, intravenously to generate a disseminated infection [\[53\]](#page-15-0) or intratracheally [\[54\]](#page-15-0) for the production of a pulmonary phenotype. In those settings, cyclophosphamide or cytarabine can be used for inducing neutropenia [\[53,54\].](#page-15-0) Study endpoints have included not only survival, but also residual fungal burden and other endpoints, such as pulmonary infarct scores [\[54\]](#page-15-0). Diabetic mouse models, where diabetes is induced by streptozocin, have also been used to study mucormycosis [\[55\]](#page-16-0). Intranasal challenge of diabetic mice with Mucoraceae spores results in specific enhanced susceptibility similar to humans with diabetes. Nonlethal murine models of cutaneous mucormycosis [\[56\],](#page-16-0) as well as nonrodent models [\[57\]](#page-16-0) have also been discussed.

So far, COMP has granted one successful designation for the treatment of mucormycosis. The application included, among others, nonclinical data in a neutropenic mouse model challenged intratracheally with a strain of Rhizopus oryzae. Neutropenia was induced by cyclophosphamide and cortisone, and mice were infected intratracheally and then treated with the study drug starting 8 h after infection for a total of 5 days. In vivo efficacy

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<sup>a</sup> Take-home message: COMP would accept data in mice as supportive for potential efficacy. Infection in mice via the intravenous or intrathecal route allows multiple endpoints to be studied.

was assessed by comparing the survival time of the active and placebo groups of mice. From the experience of COMP, it can be concluded that such mucormycosis models in immunocompromised animals that recapitulate aspects of the human disease could be useful in supporting OMPD applications.

#### Acanthamoeba keratitis

Acanthamoeba are a genus of amphigoric amoebae that is widely distributed in the environment, being present in the air, soil, and water. Acanthamoeba spp. cysts are capable of enduring extreme environmental conditions [\[58\]](#page-16-0).

Acanthamoeba has two developmental stages: cysts and trophozoites. Although trophozoites are the infective forms, both can enter the host through the eye, the lower respiratory tract, or ulcerated or broken skin. When Acanthamoeba spp. adhere to the eye surface, it can result in keratitis in otherwise healthy individuals, particularly contact lens users. If the parasite invades the host through the respiratory system or broken skin, it can access the central nervous system (CNS), causing granulomatous amoebic encephalitis (GAE), disseminated disease, or skin lesions in individuals with compromised immune systems.

The main risk factor for acanthamoeba keratitis (AK) is the use of contact lenses and corneal trauma [\[59–61\]](#page-16-0). AK infection can result in radial neuritis and severe pain [\[62\],](#page-16-0) eyelid ptosis, conjunctival hyperemia, and epithelial ulcers [\[62\],](#page-16-0) often followed at later stages by the appearance of a ring-like stromal infiltrate [\[62,63\].](#page-16-0) AK can progress to scleritis and, in severe cases, ocular enucleation [\[64\].](#page-16-0) The pathophysiology of this infection involves sequential events that includes the production of several pathogenic proteases that degrade basement membranes and induce the cytolysis and apoptosis of the cellular elements of the cornea, culminating in dissolution of the collagenous corneal stroma [\[65\]](#page-16-0).

Available models used for AK assessment include in vitro and in vivo models. In vitro axenic models assess the killing kinetics of potential treatments against excysted trophozoites. In vivo models published include mouse, rat, Chinese hamster, rabbit, and pig models ([Table](#page-10-0) 8). None of the models available fully recapitulates the disease in humans. Rats and mice developed similar clinical responses following successful infection after corneal scratching, scratching followed by corneal cover with contact lens, and intrastromal injection. The latter route has shown the highest infection success rate in rodents  $[66]$ . Mice are more infection sensitive, with higher animal mortality [\[66\]](#page-16-0). Although intrastromal injection results in endophthalmitis, this procedure does not mirror the natural human infection route. However, the intrastromal injection model still has innate value for the study of the immunologi-cal response to Acanthamoeba spp. infection [\[67\]](#page-16-0).

In contrast to other animal species, Acanthamoeba readily adheres in vitro to corneas of pigs, Chinese hamsters, and humans [\[68,69\]](#page-16-0). The pig model allowed the evaluation of infections with Acanthamoeba spp. through application of human contact lenses [\[66\]](#page-16-0). However, unlike the persistent nature of human AK infection, a spontaneous resolution of the disease usually occurs in pigs. The Chinese hamster model of infection closely resembles acute-phase infection in humans [\[70\],](#page-16-0) but has no nonacute phase and is also self-limiting [\[59\].](#page-16-0) In the rabbit model, infection of the eye led to necrosis and inflammatory response. The above-described animal models are considered relevant despite the identified weaknesses; however, there remains a lack of a comprehensive model that fully encompasses the pathology of progressive AK in humans. Previously, COMP has reached positive opinions for initial OMPDs applications where nonclinical justification was based solely on observations in vitro. However, it is considered a matter of exception and normally in vivo data would be needed to support the assumption of medical plausibility.

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<sup>a</sup> Take-home message: an effective treatment should show sufficient killing kinetics against the trophozoic stage of the amoeba during infection of the ocular surface, such as the cornea. In that sense, most mammalian ocular environments might represent an acceptable stratum for an in vivo proof-of-concept experiment. However, practical considerations, as well as the degree of pathophysiological similarity to human infection, make pig, followed by rabbit or hamster, the models most preferred by COMP.

#### Leishmaniasis

Leishmaniasis is caused by a heterogeneous group of protozoan parasites of the genus Leishmania, with visceral leishmaniasis [(VL) or kala-azar (VL)[most commonly caused by Leishmania donovani and Leishmania infantum-chagasi [\[65,66\]](#page-16-0). The main route of transmission is via the bite of the phlebotomine sand fly. Occasionally, infection occurs congenitally or through blood transfusion or organ transplantation. Leishmania invade and replicate within host macrophages, evading innate and cell-mediated immune responses. Infection generally appears to persist after clinical cure of the primary infection [\[67\]](#page-16-0).

Leishmaniasis comprises a variety of clinical syndromes, including skin lesions (cutaneous leishmaniasis, CL), recurring and irregular fever, loss of appetite, weakness and fatigue, weight loss, splenomegaly, hepatomegaly and lymphadenopathy, pancytopenia (VL), disfiguring lesions on the soft tissues of the mouth, nose and throat (mucocutaneous leishmaniasis; espundia), and postkala azar dermal leishmaniasis (PKDL), which appears 6 months

to 1 or more years after apparent cure of VL. VL is an opportunistic infection in patients with HIV/AIDS or other causes of cellmediated immunosuppression and is potentially life threatening without treatment in both immunocompetent and immunocompromised patients.

VL is endemic predominately in developing countries in Latin America, East Africa, and South-East Asia. In Europe, most cases of VL occur in Mediterranean countries, and among immunocompromised patients.

All OMPDs presented to COMP focused on the treatment of VL as a chronically debilitating and life-threatening disease variant. Models for VL are different to those for CL and are summarized in this section. Generally, in the process of assessment of an OMPD application, COMP considers that the selection of a model should be appropriate for the leishmaniasis variant targeted in the development of the medicine. For instance, if CL was proposed as an orphan indication, proof of concept in an appropriate model for this condition would be needed ([Table](#page-12-0) 9).

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Given that dogs are a reservoir of Leishmania, they represent a naturally occurring animal model of VL [\(Table](#page-12-0) 9). However, because of the heterogeneity of naturally occurring Leishmania strains, dog breeds, and clinical conditions, this model is expected to be practically more challenging. In addition, as a big animal, dogs can be limiting in terms of experimental numbers in cohorts. Thus, rodents might be more accessible. By contrast, it is more difficult to generate leishmaniasis in rodents and some observations made in these models might not be similar or relevant to humans because of the phylogenetic distance to humans. Hence, the choice of model should be motivated by the aspect of the condition targeted by the medicine, accuracy of the endpoints tested, and ethical considerations. The choice of mouse strain, parasite genotype, and standardized study protocols are important for the successful generation of in vivo nonclinical data [\[71\].](#page-16-0) For example, outbred mouse strains are generally resistant to L. donovani infections [\[72\]](#page-16-0).

#### Malaria

Malaria is a serious relapsing infection in humans, endemic to tropical and subtropical regions of the world. It is caused by five recognized species of the related protozoan parasites of the genus Plasmodium that are known to affect humans, Plasmodium malariae, Plasmodium vivax, Plasmodium ovale, Plasmodium falciparum, and, less commonly, Plasmodium knowlesi [\[73,74\]](#page-16-0). The parasite is transmitted to humans by the mosquito vector when it feeds on human blood. The immature form of the parasite, sporozoites, enter the human bloodstream, passing through the bite wound and, once inside the host, the parasite rapidly multiplies by asexual reproduction in the liver. During this latent period, the asexual forms, called merozoites, are formed and emerge from the liver into the peripheral blood, causing the symptomatic disease course. Typically, symptoms occur 10–28 days after infection. The first clinical signs can be any combination of chills, fever, headache, muscle ache, nausea, vomiting, diarrhea, and abdominal cramps. Chills and fever occur in periodic attacks. Severe malaria is more acute, with signs of organ dysfunction and/or high level of parasitemia [\[74\]](#page-16-0).

All OMPD applications received by COMP aimed to treat severe malaria, where treatment options remain limited and the disease is life threatening. Nonclinical models presented in OMPD applications included rodent and NHP models of severe malaria, most of which are generated with nonspecific-to-human strains of Plasmodium [\(Table](#page-13-0) 10). Such models were accepted by COMP as supportive of the medical plausibility of the product in treatment of severe malaria. However, data from such models would be considered insufficient to support significant benefit over authorized antimalarial medicines because of difference in the parasites causing human disease. Therefore, all successful applications to data have included also clinical data, which allowed the assessment of the relative efficacy of the proposed medicine in the context of the current standard of care.

The existing models of malaria most often recapitulate many but not all features of human disease. However, they can be used with success for screening candidate drugs, especially if transgenic Plasmodium parasites are utilized. This could be useful for, for example, when the medicine is a vaccine or targets the mechanism of P. falciparum sequestration (the adherence of infected erythrocytes to the endothelium of blood vessels [\[75\]\)](#page-16-0) [\(Table](#page-13-0) 10). It is difficult to reproduce human cerebral malaria in rodent models and, thus, the only rodent model described to recapitulate cerebral malaria, P. berghei ANKA in mice, should be explored if the activity of the medicine is meant to target this clinical presentation [\[76\]](#page-16-0). Importantly, in rodent models, malaria can clear itself and one has to study the drug effect before the expected natural clearance and with inclusion of an appropriate vehicle control. Therefore, the high-quality reporting of the study protocols would be considered important for COMP assessment. Also, the choice of clinically relevant endpoints should match the symptoms developed by the given model and the endpoints should be of functional relevance to disease in humans [\(Table](#page-13-0) 10).

#### Discussion

Rare infectious diseases might affect limited numbers of European citizens, but they represent a major public health issue for several reasons: (i) some are endemic in certain European regions; (e.g., leishmaniasis and drug-resistant TB); (ii) some have the potential to cause large and lethal epidemics (e.g., EVD infection); (iii) some are agents of bioterrorism (e.g., anthrax or smallpox); and (d) some are neglected diseases affecting mainly the developing world, while rarely seen among returning European travelers (e.g., malaria). Moreover, climate change and improved travel options of limitedduration both for human and animal carriers are expected to have an impact on the incidence, prevalence, and distribution of infections acquired through various routes (arthropod vector, rodent, water, food, and air), and many infectious diseases that are currently considered as rare in Europe may re-emerge as impending threats [\[77\].](#page-16-0)

Neglected tropical diseases affect more than 1 billion people, primarily low-income populations (poor, living in remote, rural areas, urban slums, or conflict zones) and these diseases have a low status in public health priorities in the developing world. There is interest in driving pharmaceutical development to the area of Neglected Tropical Diseases (NTDs) in the European regulatory system, and the EMA, in cooperation with the WHO, has a mechanism to provide scientific opinions on human medicines, including vaccines, that are intended exclusively for markets outside of the EU, under what is usually designated an 'Article 58' procedure [\[78\]](#page-16-0). In addition, in this therapeutic area where few incentives exist, the European Orphan Drug regulation could offer research and development incentive for sponsors seeking the development of medicines for neglected communicable diseases (e.g., Ebola or Zika virus). Orphan-designated medicines profit from enhanced development support via the EMA protocol assistance scheme, reductions in regulatory fees, along with other incentives. Examples for such support through the European orphan framework are orphan drugs for the development of medicines for the treatment of Ebola infection and of other life-threatening diseases, such as malaria.

Regulatory support for the development of medicines in rare infectious diseases can be considered useful when recognizing that the development of new drugs and vaccines is challenging and human data on pathophysiology, clinical spectrum, laboratory findings, and therapy are scarce, often derived from case reports and small case series. In addition, for many pathogens, the resultant disease is potentially lethal or permanently disabling for humans and, therefore, research using humans is not feasible. Thus, the development of safe and efficacious vaccines and antimicrobials must rely on the use of appropriate animal models available to researchers. The application of Koch's postulates early in the history

TABLE 9

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<sup>a</sup> Take-home message: taken together, COMP would find mouse models of leishmaniasis acceptable because of pathophysiological similarity as well as accessibility. Dog models would be viewed as more accurate representations of human disease, but would not be required on ethical grounds.

of microbiology underlines the significance of animal models in the study of infectious diseases. Nowadays, and after the implementation of the marketing authorization under exceptional circumstances in the EU [\[79\]](#page-16-0) and the 'Animal Rule' by the FDA [\[80\],](#page-16-0) animal models are used to provide nonclinical safety and efficacy data for the evaluation of most new antimicrobial agents. This is considered acceptable provided that the applicant describes the relevant principles of medical ethics with precise reference to internationally accepted guidelines on ethics [\[81\].](#page-16-0)

## Medical plausibility at the time of initial orphan designation

According to the European Orphan Regulation, the applicant can apply for an OMPD at any stage of product development as long as the 'intent to treat/prevent or diagnose' can be demonstrated. This intent to treat, otherwise phrased as 'medical plausibility', requires a certain level of evidence, which allows for making an assumption of a disease-

relevant activity of the medicine in the condition, as applied for [\[81\].](#page-16-0) In the context of infectious diseases, it is expected that nonclinical data need to be generated in appropriate models of the condition [\(Fig.](#page-14-0) 1).

In vitro data on the efficacy of a new anti-infective agent might be an alternative to animal models, because they are already usually the first building block for proving activity of a potential new anti-infective. COMP is aware of the development of complex systems for in vitro testing of, for example, pathogen clearance/ load or mathematical and computer modeling systems. For the acceptability of such new methods, validation with regard to the clinical translatability and clinical relevance is crucial. Generally, in vitro data can be used along with animal in vivo data for better establishing the efficacy of a new agent, but, currently, in vitro data alone would be only exceptionally accepted by COMP ([Fig.](#page-14-0) 1). This could be the case if no relevant in vivo model can be generated and there were no medicinal products addressing the disease, or if in

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TABLE 10

<span id="page-13-0"></span>REVIEWS **REVIEWS EXECUTE DESCRIPTIONS** Drug Discovery Today · Volume 00, Number 00 · November 2019



<sup>a</sup> Take-home message: appropriate mouse models exist that can be used to demonstrate medical plausibility in malaria. Careful study design would be required to avoid the pitfalls associated with known limitations of these models.

vitro tests were considered adequate for the intended context of use and support clinical translatability [\(Fig.](#page-14-0) 1).

Of 60 applications reviewed for this analysis, 24 contained nonclinical data only, indicating that 40% of applications for rare infectious diseases were for products that had not yet been evaluated in humans. Significant benefit was not required in 38% of the designated conditions. Interestingly, these were mainly viral diseases, suggesting a higher unmet need in these conditions. This review of previous COMP assessments showed that the selection of an appropriate animal model is vital. If there is no possibility to generate clinical data, the need for animal models of higher order (dogs or NHPs) might be exceptionally required, and this is assessed on a case-by-case basis. For example, it might be impossible to test Ebola vaccines and treatments in NHPs or in patients. The selection of the appropriate pathogen (genus, species, and strain) is as crucial as the selection of the animal model. As an example, the Reston strain of Ebola virus that causes disease and death in primates does

not cause disease in humans  $[82]$  and, therefore, cannot be accepted in an animal model. In general, laboratory-adapted strains of pathogens tend to become attenuated through successive cultures in artificial media, whereas clinical strains better mimic the human condition. The use of human unspecific disease strains (e.g., rodent specific strains of Plasmodium) must be justified and contextualized with regards to, for example, the common mechanism of the activity of the medicine. The use of a model of a different disease would be only accepted if the generation of an appropriate model was technically challenging and ethically questionable (e.g., as in the case of smallpox infection).

#### Disease-relevant endpoints

This review of previous COMP assessments also demonstrates that the time points for therapeutic intervention and the efficacy assessment in animal models should accurately reflect the human disease presentation. In many cases, the animal models might not

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FIGURE 1

Schematic illustrating the process of assessment of medical plausibility by the Committee for Orphan Medicinal Products (COMP). Reproduced from [\[10\].](#page-15-0)

have symptoms, and the progression of disease or time course of clinical signs might not be the same as in humans. COMP strongly encourages the use of efficacy endpoints that can be linked to the human pathology and symptoms. Often, infectious disease research studies cause considerable animal pain or distress. As an example, some studies require infected animals to exhibit significant clinical disease, similar to that observed in infected humans, before administration of an antimicrobial agent, or in the case of controls, no antimicrobials are administered. Therefore, endpoints should be clearly defined to allow the earliest removal of an animal from an experiment, with the goals of preventing unnecessary animal suffering while achieving the desired scientific results. Animal death should be used as an endpoint only exceptionally, because earlier endpoints should be preferred when applicable. Nevertheless, in several types of infection, it was the survival that was perceived as the most informative functional outcome in existing nonclinical models ([Table](#page-1-0) 1).

#### Standardization of nonclinical tests

The assessment of nonclinical studies in OMPD applications was sometimes challenging because of the limited information submitted about the nonclinical models used or on the methods used in the experiments. Therefore it is vital that studies are conducted in accordance with state-of-the-art scientific standards and that all relevant information is reported in the submission document, as

exemplified by documents such as the ARRIVE guideline [\[83\].](#page-16-0) Details such as animal genetics, the species and strain of pathogen, the experimental procedures, supportive care, medications, and the relevance of endpoints to human should be described fully, to allow COMP to assess the application with the scientific rigor applicable to the early stage of development. The application of standardized study protocols and studies designed to be informative for the intended clinical use of the medicine [\[83\]](#page-16-0) would be in line with the spirit of the 'replace, reduce, refine (3Rs) of animal research' efforts [\[9,84\].](#page-15-0)

#### Concluding remarks

COMP required either animal model studies or clinical data for most of the 60 applications for rare infections included in this analysis. Based on COMP experience, the selection of the appropriate animal model for each infection should be guided by multiple factors, such as the characteristics of the animal species and the infecting organism, the similarity of the experimental infection with human infection in terms of disease course and symptoms, and the endpoints that can be used in the animal experiments and their translational value for the human situation (for a graphic summary see also Fig. 1 in [\[10\]](#page-15-0)). In view of the need to eventually replace animal experiments, COMP would support the development of in vitro models, their standardization, and validation. Applicants should

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always be aware of the potential limitations of their models and extrapolate cautiously their findings to the human condition. In the experience of COMP, it is vital that the applicants adhere to the animal welfare guidelines and comply with applicable regulations, and are encouraged to fully report all experiment details [\[83\]](#page-16-0).

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#### **GLOSSARY**

Disease-relevant endpoint measurement in a nonclinical study that can be translated into therapeutic activity. This is most often a functional endpoint, but can sometimes be a well-established intermediate measure (e.g., neuronal connectivity, conduction velocity, etc.).

Disease-relevant activity here understood as the pharmacodynamic (PD) activity of the product, which translates into improvement in functional and diseasespecific endpoints. This term is used in the context of nonclinical data and is conceptually equal to the term 'efficacy', which is reserved for clinical development.

Medical plausibility a demonstration of the intent to treat the proposed condition using the proposed medicinal product. For the demonstration of medical plausibility, the sponsor has to provide data in patients or in a model of the condition (usually in vivo) that show a disease-relevant PD activity of the medicinal product.

Orphan medicinal product designation (OMPD) a status awarded to a medicinal product in development once eligibility criteria laid down in the orphan legislation are met. In Europe, the eligibility is assessed by COMP and the positive opinion is then considered by the EC for the entry into the European orphan medicinal products register.

Significant benefit a requirement specific to the European orphan legislation, required when other medicines are authorized for the treatment of the same condition. Significant benefit can be understood as a clinically relevant advantage (e.g., improved efficacy) or a major contribution to patient care (e.g., an improvement affecting quality of life). Surrogate disease model a model of a disease, with only a limited representation of disease features (e.g., similar pathophysiology and only one of the disease features).

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