Simulating twisted mass fermions at physical light, strange, and charm quark masses

Constantia Alexandrou,^{1,2} Simone Bacchio,^{1,3} Panagiotis Charalambous,² Petros Dimopoulos,^{4,5} Jacob Finkenrath,² Roberto Frezzotti,⁴ Kyriakos Hadjiyiannakou,² Karl Jansen,⁶ Giannis Koutsou,² Bartosz Kostrzewa,⁷

Mariane Mangin-Brinet,⁸ Giancarlo Rossi,^{4,5} Silvano Simula,⁹ and Carsten Urbach⁷

¹Department of Physics, University of Cyprus, P.O. Box 20537, 1678 Nicosia, Cyprus

²Computation-based Science and Technology Research Center, The Cyprus Institute,

20 Konstantinou Kavafi Street, 2121 Nicosia, Cyprus

³Fakultät für Mathematik und Naturwissenschaften, Bergische Universität Wuppertal, Gaußstr. 20, 42119 Wuppertal, Germany

⁴Dip. di Fisica, Università and INFN di Roma Tor Vergata, 00133 Roma, Italy

⁵Centro Fermi-Museo Storico della Fisica e Centro Studi e Ricerche Enrico Fermi,

Piazza del Viminale 1, 00184 Rome, Italy

⁶NIC, DESY, Zeuthen, Platanenallee 6, 15738 Zeuthen, Germany

⁷HISKP (Theory), Rheinische Friedrich-Wilhelms-Universität Bonn,

Nußallee 14-16, 53115 Bonn, Germany

⁸Theory Group, Lab. de Physique Subatomique et de Cosmologie, 38026 Grenoble, France

⁹Istituto Nazionale di Fisica Nucleare, Sezione di Roma Tre, Via della Vasca Navale 84,

I-00146 Rome, Italy

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We present the QCD simulation of the first gauge ensemble of two degenerate light quarks, a strange and a charm quark with all quark masses tuned to their physical values within the twisted mass fermion formulation. Results for the pseudoscalar masses and decay constants confirm that the produced ensemble is indeed at the physical parameters of the theory. This conclusion is corroborated by a complementary analysis in the baryon sector. We examine cutoff and isospin breaking effects and demonstrate that they are suppressed through the presence of a clover term in the action.

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I. INTRODUCTION

Simulations of Quantum Chromodynamics directly with physical quark masses, large enough volume and small enough lattice spacing have become feasible due to significant algorithmic improvements and availability of substantial computational resources. In fact, state-of-theart simulations using different discretization schemes are currently being carried out worldwide.

Within the twisted mass formulation [1–3], the European Twisted Mass Collaboration (ETMC) has carried out simulations directly at the physical value of the pion mass [4,5] with $N_f = 2$ mass-degenerate up and down quarks at a lattice spacing of a = 0.0913(2) fm. This is a remarkable result, since explicit isospin breaking effects associated with twisted mass fermions can make physical point simulations

at too coarse values of the lattice spacing very difficult. Being able to reach the physical pion mass for the case of $N_f = 2$ flavors was therefore of great importance, and many physical quantities have already been computed on the so generated gluon field configurations. Examples are meson properties [4–9], the structure of hadrons [4,10–14] and the anomalous magnetic moment of the muon [5].

The success of these $N_f = 2$ flavor simulations strongly suggests to extend the calculation by adding the strange and charm quarks as dynamical degrees of freedom, a situation we will refer to as $N_f = 2 + 1 + 1$ simulation. Adding a quark doublet is a natural step for twisted mass fermions. However, it is known that the presence of a heavy quark doublet in the sea gives rise to larger discretization effects than having only the light up and down quarks.

This paper reports on our successful, but demanding tuning effort to reach a physical situation with the first two quark generations tuned to their physical values in the twisted mass representation. We will present first results for low-lying meson masses and decay constants as well as baryon masses. In addition, we describe a comprehensive determination of the

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lattice spacing from the meson and baryon sectors as well as from gradient flow observables. Furthermore, we discuss isospin breaking effects of twisted mass fermions in the neutral and charged pion and in the Δ sector. Demonstrating the successful generation of an $N_f = 2 + 1 + 1$ ensemble of maximally twisted mass fermions at physical quark masses is the essential result of this paper that lays the ground for a future very rich research program within the twisted mass formulation with an eventually large impact for ongoing and planned experiments.

The outline of the paper is as follows: in Sec. II we introduce the employed twisted mass action and discuss details of the parameters used in the Hybrid Monte Carlo simulation. In Sec. III we discuss our tuning procedure to reach physical light, strange, and charm quark masses, which includes tuning for O(a) improvement and a discussion on the isospin splitting. In Sec. IV we present mesonic quantities for our ensemble, including a determination of the lattice spacing via the pion decay constant and heavy quark observables. In Sec. V we discuss nucleon properties including the determination of the lattice spacing via the nucleon mass. In addition, we discuss possible isospin splitting in the Δ -baryon sector. In Sec. VI we summarize the different determination of lattice spacing via gluonic, mesonic and baryonic observables and conclude.

II. ACTION

We employ the twisted mass fermion formulation, within which observables are automatically $\mathcal{O}(a)$ improved when working at maximal twist [2,15]. This formulation has proven to be very advantageous: It allows one to perform safe, infrared regulated simulations and simplified renormalization in some cases. There is no need for improvement on the operator level due to automatic $\mathcal{O}(a)$ -improvement and cutoff effects turn out to be relatively small except for the special case of the neutral (unitary) pion mass.

The action of twisted mass fermions is given by

$$S = S_a + S_{tm}^\ell + S_{tm}^h, \tag{1}$$

where we choose the Iwasaki improved gauge action for S_g [16] which reads

$$S_{g} = \frac{\beta}{3} \sum_{x} \left(b_{0} \sum_{\substack{\mu,\nu=1\\1 \le \mu < \nu}}^{4} \{1 - \operatorname{ReTr}(U_{x,\mu,\nu}^{1\times 1})\} + b_{1} \sum_{\substack{\mu,\nu=1\\\mu \neq \nu}}^{4} \{1 - \operatorname{ReTr}(U_{x,\mu,\nu}^{1\times 2})\} \right),$$
(2)

with the bare inverse gauge coupling $\beta = 6/g_0^2$, $b_1 = -0.331$ and $b_0 = 1-8b_1$. In the case of the light up and down quark doublet, the action takes the form

$$S_{tm}^{\ell} = \sum_{x} \bar{\chi}_{\ell}(x) \left[D_{W}(U) + \frac{i}{4} c_{SW} \sigma^{\mu\nu} \mathcal{F}^{\mu\nu}(U) + m_{\ell} + i \mu_{\ell} \tau^{3} \gamma^{5} \right] \chi_{\ell}(x).$$
(3)

Here, $\chi_{\ell} = (u, d)^t$ represents the light quark doublet, μ_{ℓ} is the twisted and m_{ℓ} the (untwisted) Wilson quark mass. The Pauli matrix τ_3 acts in flavor space, and D_W is the massless Wilson-Dirac operator. Note that the Wilson quark mass m_{ℓ} and the clover term $\frac{i}{4}c_{\rm SW}\sigma^{\mu\nu}\mathcal{F}^{\mu\nu}(U)$ —with the Sheikoleslami-Wohlert improvement coefficient $c_{\rm SW}$ [17]—are trivial in flavor space.

For the heavy quark action, with mass nondegenerate strange (s) and charm (c) quarks, we construct a quark doublet $\chi_h = (s, c)^t$ for which the action reads [15]

$$S_{tm}^{h} = \sum_{x} \bar{\chi}_{h}(x) \left[D_{W}(U) + \frac{i}{4} c_{SW} \sigma^{\mu\nu} \mathcal{F}^{\mu\nu}(U) + m_{h} - \mu_{\delta} \tau_{1} + i\mu_{\sigma} \tau^{3} \gamma^{5} \right] \chi_{h}(x).$$

$$(4)$$

The important addition compared to Eq. (3) is the term $\mu_{\delta}\tau_1$ with τ_1 again acting in flavor space. The Wilson quark masses in Eqs. (3) and (4) are related to the hopping parameter κ as $m = 1/2\kappa - 4$. By tuning the light Wilson bare quark mass m_{ℓ} to its critical value $m_{\rm crit}$ the maximally twisted fermion action is obtained for which all physical observables are automatically $\mathcal{O}(a)$ -improved [2,15]. Setting $m_h = m_{\ell} = m_{\rm crit}$ this property takes over to the heavy quark mass action such that only one bare mass parameter has to be tuned to its critical value which is a great simplification for practical simulations.

However quadratic lattice artifacts can be sizable but by introducing a clover term they can be suppressed, e.g., in case of the neutral pion mass as shown in [5,18–20]. Here, the clover parameter is set by using an estimate from 1–loop [21] tadpole boosted perturbation theory given by

$$c_{SW} \cong 1 + 0.113(3) \frac{g_0^2}{P},$$
 (5)

with P the plaquette expectation value. For our target parameter set, shown in Table I, the plaquette expectation

TABLE I. The table shows the parameters which are used in the simulations of the target ensemble labeled by cB211.072.64 with pion masses close to the physical point.

V	β	μ_ℓ	μ_{σ}	μ_{δ}	К	$c_{\rm SW}$
128×64^{3}	1.778	0.00072	0.1246864	0.1315052	0.1394265	1.69

value is given by P = 0.554301(6), which is consistent with setting $c_{SW} = 1.69$.

A. Algorithm

For the generation of the gauge field configurations we use as a basis the Hybrid Monte Carlo (HMC) algorithm [22,23] as described in Refs. [24,25]. For the light quark sector Hasenbusch mass preconditioning [26,27] is applied. In particular, we employ four determinant ratios with mass shifts $\rho = \{0.0; 0.0003; 0.0012; 0.01; 0.1\}$. The heavy quark determinant is treated by a rational approximation [28,29] with ten terms tuned such that the (eigenvalue) interval [0.000065, 4.7] is covered. For the molecular dynamics integration we use a nested second order minimal norm integrator. This results in 12 integration steps for the smallest mass term in the light and heavy quark sector and 192 steps for the gluonic sector [20]. We use the software package tmLQCD [25] which incorporates the multigrid algorithm DDalphaAMG for the inversion of the Dirac matrix [30]. The force calculation in the light quark sector is accelerated by a 3-level multigrid approach optimized for twisted mass fermions [31]. Moreover, we extended the DDalphaAMG method for the mass nondegenerate twisted mass operator. The multigrid solver used in the rational approximation [32,33] is particularly helpful for the lowest terms of the rational approximation, as well as for the rational approximation corrections in the acceptance steps, where it yields a speed up of 2 over the standard multimass shifted conjugate gradient(MMS-CG) solver. We checked the size of reversibility violation of this setup yielding a standard deviation < 0.01 for $\delta \Delta H$ and $|1 - \langle \Delta H \rangle| < 0.02$ fulfilling the criteria discussed in [34]. Here, $\delta \Delta H$ is the difference of the Hamiltonian at integration time t = 0, and the Hamiltonian of the reversed integrated field variables after one trajectory is performed.

III. QUARK MASS TUNING

A. Tuning of the light quark sector

As shown in Refs. [35,36] a most suitable and theoretically sound condition for the desired automatic O(a)improvement for twisted mass fermions is achieved by demanding a vanishing of the partially conserved axial current (PCAC) quark mass

$$m_{\text{PCAC}} = \frac{\sum_{\mathbf{x}} \langle \partial_0 A_0^a(\mathbf{x}, t) P^a(0) \rangle}{2 \sum_{\mathbf{x}} \langle P^a(\mathbf{x}, t) P^a(0) \rangle}, \qquad a = 1, 2, \quad (6)$$

with A^a_{μ} the axial vector current and P^a the pseudoscalar current. In the twisted basis and for light, mass degenerate quarks, the axial and pseudoscalar currents can be calculated via

$$A^+_{\mu}(x) = \bar{\chi}_{\ell}(x)\gamma_{\mu}\gamma_5 \frac{\tau^+}{2}\chi_{\ell}(x), \quad P^+(x) = \bar{\chi}_{\ell}(x)\gamma_5 \frac{\tau^+}{2}\chi_{\ell}(x),$$

using $\tau^+ = (\tau_1 + i\tau_2)/2$ where τ_i are the Pauli matrices. The tuning procedure to maximal twist requires a value of the hopping parameter $\kappa = \kappa_{crit}$ where $m_{PCAC}(\kappa_{crit}) = 0$. Note that the corresponding definition of the critical mass $am_{crit} = 1/(2\kappa_{crit}) - 4$ is a function of $a\mu_\ell$, $a\mu_\sigma$, $a\mu_\delta$. Thus, even if the 1/a divergence in m_{crit} is independent from μ_ℓ , μ_σ and μ_δ , determining am_{crit} at the μ_σ and μ_δ values of interest is important in order to keep lattice artifacts small which are introduced by the heavy quark doublet [37,38]. Instead the dependence of am_{crit} on μ_ℓ reflects much milder discretization errors. In practice, we allow for some tolerance to this strict condition and following Ref. [39] we impose that

$$\frac{Z_A m_{\rm PCAC}}{\mu_{\ell}} < 0.1 \tag{7}$$

within errors. In Eq. (7) Z_A is the renormalization constant of the axial current. Fulfilling the condition Eq. (7) is numerically consistent with $\mathcal{O}(a)$ -improvement of physical observables, where it entails only an error of order $\mathcal{O}((Z_A \cdot m_{\text{PCAC}}/\mu_\ell)^2)$. Hence for < 0.1 follows for the targeted lattice spacing the error is comparable to other $\mathcal{O}([a\Lambda_{\text{QCD}}]^2)$ discretization errors. This allows an $\mathcal{O}(a^2)$ scaling of physical observables towards the continuum limit.

In order to tune to κ_{crit} , we have generated several ensembles with fixed volumes of size $24^3 \cdot 48$ and $32^3 \cdot 64$, as listed in Table II. For a fixed twisted mass parameter of the up and down doublet, we scan over several values of the hopping parameter κ , see Table II. After fixing κ_{crit} in this manner we proceed by tuning the light and heavy twisted mass parameters to realize physical pion, kaon and D-meson masses and decay constants. This procedure, which is described in more detail below will provide the input parameters for the target large volume simulations, denoted as the ensembles cB211.072.64.r1 and cB211.072.64.r2 in Table II.

Initially, we had attempted to start our $N_f = 2 + 1 + 1$ simulations at a smaller value of $\beta = 1.726$ that would correspond to the lattice spacing of our $N_f = 2$ ensemble with $a \sim 0.095$ fm [5]. However, it turned out that tuning to maximal twist for a physical value of the pion mass for this β -value was not feasible. Nevertheless, our simulations at $\beta = 1.726$ for pion masses in the range between 170 MeV and 350 MeV allowed us to develop a tuning strategy to realize the situation of maximal twist and also to reach the physical kaon and D-meson masses. This tuning strategy was then used at the finer lattice spacing as discussed in the present paper. The occurrence of instabilities of the simulations at $\beta = 1.726$ when approaching the physical pion mass is, in fact, not unexpected. With twisted mass fermions, going to sufficiently small values of the light twisted mass parameter at a fixed lattice spacing one either enters the Aoki [40] or the Sharpe-Singleton [41] regime,

TABLE II. Summary of the parameters of the ensembles used for the tuning and final runs: L is the lattice spatial size with the time direction taken to be 2L, $a\mu_{\ell}$ is the twisted mass parameter of the mass degenerate light quarks, κ is the hopping parameter (common to all flavors), Nth are the number of thermalized trajectories in molecular dynamics units (MDU), $a\mu_{\sigma}$ and $a\mu_{\delta}$ are the bare twisted mass parameter of the mass nondegenerate fermion action used for the heavy quark sector. The ensembles cB211.072.64.r1 and cB211.072.64.r2 represent the targeted large volume runs at the physical point.

Ensemble	L	$a\mu_\ell$	к	Nth	$a\mu_{\sigma}$	$a\mu_{\delta}$
Th1.350.24.k1	24	0.0035	0.1394	755	0.1162	0.1223
Th1.350.24.k2	24	0.0035	0.13942	350	0.1162	0.1223
Th1.350.24.k3	24	0.0035	0.13945	351	0.1162	0.1223
Th1.350.24.k4	24	0.0035	0.13950	267	0.1162	0.1223
Th1.350.32.k1	32	0.0035	0.13940	88	0.1162	0.1223
Th1.200.32.k2	32	0.002	0.13942	430	0.1162	0.1223
Th2.200.32.k1	32	0.002	0.13940	178	0.1246864	0.1315052
Th2.200.32.k2	32	0.002	0.13942	439	0.1246864	0.1315052
Th2.200.32.k3	32	0.002	0.13944	392	0.1246864	0.1315052
Th2.125.32.k1	32	0.00125	0.139424	815	0.1246864	0.1315052
cB211.072.64.r1	64	0.00072	0.1394265	1647	0.1246864	0.1315052
cB211.072.64.r2	64	0.00072	0.1394265	1520	0.1246864	0.1315052

see for an recent overview [42]. For the Sharpe-Singleton case, which is realized in our unquenched simulations, a sizable $\mathcal{O}(a^2)$ negative shift of the neutral pion mass occurs.

Let us consider the region close to maximal twist, where $|\omega - \pi/2| \ll 1$ or, equivalently, $m_{\ell} = m_0 - m_{\text{crit}} \ll \mu_{\ell}$. Here the pion mass splitting can be related the PCAC quark mass by [40,43]

$$am_{\text{PCAC}} \sim Zam_{\ell} \frac{m_{\pi}^2}{m_{\pi^{(0)}}^2} + \cdots,$$
 (8)

where $Z = Z_m Z_P / Z_A$ is a combination of the untwisted quark mass (Z_m) , the pseudoscalar (Z_P) and the axial (Z_A) renormalization factors and am_0 denotes the bare quark mass. The charged pion mass is denoted throughout this paper by m_{π} , while the neutral pion is given by $m_{\pi^{(0)}}$. The twisted mass angle ω can be defined via the gap equation, see [40,43]. From Eq. (8) it is clear that the tuning necessary to satisfy Eq. (7) becomes very hard for a large pion mass difference $m_{\pi}^2 - m_{\pi^{(0)}}^2 \gg 0$.

In the Sharpe-Singleton scenario a first order phase transition is predicted from chiral perturbation theory. In simulations on finite lattices this leads to large fluctuations and jumps of physical observables [44–49], driving the simulations to become unstable. This makes it very hard to tune successfully to maximal twist. In our simulations at $\beta = 1.726$ we observed a strong dependence of the PCAC quark mass on the bare mass parameter m_0 , which made it difficult to tune to the critical hopping parameter for a pion mass below 170 MeV. Although at $\beta = 1.726$ we did not investigate in detail which of the lattice χ PT scenario is realized, the fact that at $\beta = 1.778$ we find (see Sec. III C) a neutral pion mass $\sim 20\%$ smaller than the charged one suggests that a Singleton-Sharpe lattice scenario occurs in the scaling region with our chosen action (see Sec. II).

In order to avoid the aforementioned difficulties, we therefore decided to choose a finer value of the lattice spacing that would facilitate tuning to critical mass at the physical point. We found that a value of $\beta = 1.778$, corresponding to $a \approx 0.08$ fm, allows us to tune to maximal twist successfully. In the following, we consider therefore a lattice volume of size $64^3 \cdot 128$, which is sufficiently large to suppress finite size effects but at the same time can be simulated with reasonable computational resources, given the algorithmic improvements that were discussed in Sec. II A.

For the tuning process of κ , which is a function of the light, strange, and charm quark mass parameters, we use the $24^3 \cdot 48$ and $32^3 \cdot 64$ lattices, see Sec. III. b. for more details. The dependence of the PCAC quark mass on κ at fixed light twisted mass parameter is shown in Fig. 1. Note that it can be assumed that Eq. (8) is valid here for the range $-0.4141 \lesssim am_{\ell} \lesssim -0.4135$ i.e., $|a(m_{\ell} - m_{\rm crit})| < 0.0003$. Using simple linear fits for the L = 32 ensembles, we determine a critical value of κ , $\kappa_{\rm crit} = 0.1394265$. We then employ this κ -value for our large volume ensembles.

For the simulations on the $64^3 \cdot 128$ lattices we first thermalize one configuration using 500 trajectories. We then use this configuration as a starting point for two replicas, each having a final statistics of about 1500 MDUs. In Fig. 1 we depict the Monte Carlo history of the PCAC quark mass for these two replicas, where we show, for better visibility, one history plotted by reversed history. The PCAC quark mass fluctuates around zero and does not show particularly large autocorrelation times nor any indication of a first order Sharpe-Singleton transition. Performing the average over the two replica runs, we find $m_{PCAC}/\mu = 0.03(2)$. Thus, the condition of Eq. (7) is nicely fulfilled. Note that here we do *not* include the renormalization factor Z_A . However, our first estimate is



FIG. 1. Left: The PCAC mass versus the bare light quark mass $am = 1/2\kappa - 4$ for various values of the twisted mass parameter for the tuning of the critical mass. The linear interpolations are done on the Th1.350.24 ensembles (blue, triangle points) illustrated with the black solid line and on the Th2.200.32 ensembles (red square points) illustrated with the black dotted line. The value of the PCAC mass for the Th2.125.32.k1 ensemble is shown by the cyan star point and of the cB211.072.64 by black right pointing triangle. Right: The MC history of the PCAC quark mass on the large volume physical point ensembles is shown at twisted mass value $a\mu_{\ell} = 0.00072$ and hopping parameter $\kappa = 0.1394265$.

that $Z_A \approx 0.8$ and anyhow smaller than one, making the condition even better fulfilled. We therefore conclude that the tuning to maximal twist is achieved for the $N_f = 2 + 1 + 1$ setup. And, as we will demonstrate below, the parameters of the cB211.072.64 runs are chosen such that we indeed simulate at, or very close to the physical values of the pion, the kaon and the D-meson masses.

B. Tuning of the heavy quark sector

In tuning the mass parameters of the heavy quark sector we exploit the fact that the value of the critical hopping parameter, as determined in the light quark sector, can be employed also for the heavy quark action while preserving automatic $\mathcal{O}(a)$ -improvement of all physical observables [3,50]. Nevertheless, tuning the heavy twisted mass parameters to reproduce the physical values of the strange and charm quark masses is a nontrivial task, owing to the $\mathcal{O}(a^2)$ flavor violation [15] inherent to the heavy sector fermion action in Eq. (4). In order to tackle the problem, it is convenient to employ in an intermediate step the so-called Osterwalder Seiler (OS) fermions [51] in the valence which avoids these mixing effects. The OS-fermions can be used in a well-defined mixed action setup as valence fermions at maximal twist with the same critical mass, $m_{\rm crit}$, as determined in the unitary setup [3]. The flavor diagonal action, denoted as Osterwalder Seiler fermion action, is given by

$$S_{\rm OS}^{f} = \sum_{f=s,c} \left\{ \sum_{x} \bar{\chi}_{f}(x) \left[D_{W}[U] + \frac{i}{4} c_{SW} \sigma^{\mu\nu} \mathcal{F}^{\mu\nu}(U) + m_{\rm crit} + i \mu_{f}^{\rm OS} \gamma_{5} \right] \chi_{f}(x) \right\},$$
(9)

with χ_f a single-flavor fermion field. The renormalized valence masses $\mu_{c,s}^{\text{OS,ren}} = \mu_{c,s}^{\text{OS}}/Z_P$ can be matched to the corresponding renormalized quark masses via

$$\mu_{c,s}^{\text{OS,ren}} = \frac{1}{Z_P} \left(\mu_\sigma \pm \frac{Z_P}{Z_S} \mu_\delta \right), \tag{10}$$

with Z_P and Z_S denoting the nonsinglet pseudoscalar and scalar Wilson fermion quark bilinear renormalization constants. Then correlation functions using OS or unitary valence quarks are equivalent in the continuum. Moreover they still yield $\mathcal{O}(a)$ improved physical observables.

The general idea to tune the heavy quark twisted mass parameters is to start with an educated guess in the unitary setup and to tune the OS charm and strange valence masses by imposing two suitably chosen physical renormalization conditions. The so determined parameters of the OS action, i.e., $a\mu_s^{OS}$ for the strange quark and $a\mu_c^{OS}$ for the charm quark, can then be translated to new heavy quark twisted mass parameters [$a\mu_{\sigma}$ and $a\mu_{\delta}$ of Eq. (4)] via Eq. (10), in the unitary setup and, together with a slight retuning of κ_{crit} , a new unitary simulation can be performed. With a convenient choice of the physical renormalization conditions, here C_1 and C_2 (see below), this parameter tuning procedure can be carried out on a nonlarge lattice (in the present case, $32^3 \cdot 64$) and at a larger than a physical up/down quark mass.

In this work, we follow the above described strategy. As physical conditions we choose

$$C_1 \equiv \frac{\mu_c^{\text{OS}}}{\mu_s^{\text{OS}}} = 11.8 \text{ and } C_2 \equiv \frac{m_{D_s}}{f_{D_s}} = 7.9, (11)$$

where m_{D_s} is the D_s -meson mass and f_{D_s} the D_s -meson decay constant. The condition C_2 has a strong sensitivity to the charm quark mass while C_1 fixes the strange-to-charm mass ratio. They show only small residual light quark mass dependence arising from sea quark effects. We expect these conditions to be essentially free from finite-size effects due to the heavy D_s -meson mass. This setup leads indeed to an only small error for the final parameter choices. Details on our measurements of meson masses and decay constants for twisted mass fermions are given in the Appendix A.

As a first step, we work on gauge ensembles produced with μ_{ℓ} around 3 times larger than the physical up-down average quark mass and with educated guess values of μ_{σ} , μ_{δ} and m_0 . We choose the OS quark masses μ_c^{OS} and μ_s^{OS} such that condition C_1 is fulfilled. We then vary the OS quark masses, while maintaining condition C_1 , over a broad enough range such that also condition C_2 is satisfied within errors.

In a second step, we match the heavy charm and strange twisted mass of the unitary action (4) to the OS fermion quark mass parameters via Eq. (10). The value of $a\mu_{\sigma}$ is directly determined from $a\mu_s^{OS}$ and $a\mu_c^{OS}$, while $a\mu_\delta$ is fixed by the ratio Z_P/Z_S . The latter can be estimated by adjusting $a\mu_{\delta}$ such that the kaon mass evaluated in the unitary formulation (m_K^{tm}) and its counterpart computed with valence OS fermions (m_K^{OS}) are equal. Although the kaon mass value can be unphysical due to having a too large value of μ_{ℓ} and possible finite size effects, the matching condition actually relates only heavy quark action parameters. It fixes the relation of $a\mu_{\delta}$ to $a\mu_{s}^{OS}$ and $a\mu_{c}^{OS}$, or equivalently the ratio Z_P/Z_S . In that way it is insensitive to both the finite lattice size and the actual value of μ_{ℓ} up to $\mathcal{O}(a^2)$ artifacts. Since the matching steps described so far were implemented only on the valence quark mass parameters of the unitary and OS actions using gauge ensembles with so far different values of the sea quark mass parameters, one still needs to generate new gauge configurations at the so-determined values of $a\mu_{\sigma}$ and $a\mu_{\delta}$. Now on these new ensembles it can be rechecked whether the condition C_2 and the matching condition $m_K^{tm} = m_K^{OS}$, as well as the maximal twist condition Eq. (7) in the light quark sectors, are fulfilled with sufficient accuracy. If this happens not to be the case, the procedure has to be iterated.

More concretely, we start with an initial guess for the heavy quark mass parameters given by $a\mu_{\delta} = 0.1162$ and $a\mu_{\sigma} = 0.1223$, which we deduce from a number of tuning runs on a lattice of size $24^3 \times 48$ and $32^3 \times 64$ along the lines of Ref. [52]. These parameters are realized for the ensemble Th1.200.32.k2, which is moreover very close to maximal twist. We then employ OS fermions in the valence sector and vary the values of μ_s^{OS} and μ_c^{OS} —while maintaining condition C_1 —such that condition C_2 is fulfilled. This is illustrated in Fig. 2 for the Th1.200.32.k2 ensemble. By requiring that condition C_2 is exactly fulfilled, we then fix the values of $a\mu_s^{OS}$ and $a\mu_c^{OS}$, finding



FIG. 2. Tuning of the charm quark twisted mass parameter μ_c using the C_2 condition on the Th1.200.32.k2 ensemble. The figure is showing a subset out of the 25 measured m_{D_s}/f_{D_s} ratios, shown as the blue square points, using all combinations of five different values of μ_c^{OS} and μ_s^{OS} . The horizontal line illustrate the physical value of C_2 . The 25 points are interpolated and here showed as the black straight line where C_1 is fixed.

$$a\mu_s^{\rm OS} = 0.01948$$
 and $a\mu_c^{\rm OS} = 0.2299.$ (12)

As explained above, the values in Eq. (12) already determine $a\mu_{\sigma}$. To determine $a\mu_{\delta}$, we first compute the kaon mass in the OS setup at $a\mu_{\ell}$ used in the unitary setup and $a\mu_s^{OS}$ from Eq. (12). Having found the OS kaon mass, we go back to the ensemble Th1.200.32.k2 and tune in the unitary heavy quark valence sector μ_{δ} such that we match the OS kaon mass. We then take the so found value of μ_{σ} and μ_{δ} for our simulations on the target large volume lattice. In this process a useful guidance is provided by assuming $Z_P/Z_S = 0.8$ known to be a typical value from our previous simulations. As we will discuss later, this assumption for Z_P/Z_S turns out to be rather close to the values we determine on the cB211.072.64 ensembles. Our final result for the action parameters in the heavy sector of maximally twisted mass fermions then read

$$a\mu_{\sigma} = 0.12469$$
 and $a\mu_{\delta} = 0.13151.$ (13)

Due to the retuning of the heavy quark masses $\kappa_{\rm crit}$ has to be retuned as well. To this end, several ensembles with volumes of $32^3 \times 64$ at light twisted mass values of $a\mu_{\ell} = 0.002$ and $a\mu_{\ell} = 0.00125$ were generated to determine the critical hopping parameter for the simulation at $a\mu_{\ell} = 0.00072$ resulting in $\kappa_{\rm crit} = 0.1394265$.

In this work, it turned out that we only needed one iteration of the above procedure using the Th1.200.32.k2 ensemble. After this first step, the tuning conditions for the heavy quark masses were checked again on the Th2.200.32.k2 ensemble (see Table II) and found to hold to a good accuracy within statistical errors. A similar

finding holds also on our target ensemble cB211.072.64 ensembles. If we impose again an exact matching between m_K^{OS} and the unitary m_K^{tm} on the two cB211.072.64 ensembles we find the ratio of the pseudoscalar to the scalar renormalization constants to be

$$\frac{Z_P}{Z_S} = 0.813(1). \tag{14}$$

Using this value of Z_P/Z_S the values of $\mu_{\sigma,\delta}$ of Eq. (13) are close to the corresponding parameters at the physical point (the cB211.072.64 ensembles) that match our tuning conditions. Indeed the actually employed sea quark mass parameters correspond to a *sea* strange (charm) quark mass 6% lighter (4% heavier) than those derived *a posteriori* from imposing the same tuning and matching conditions on the physical point ensembles. It is also very nice to observe that by enforcing these conditions with very high precision one would obtain at the physical point with $a \sim 0.08$ fm a kaon mass in isosymmetric QCD less than 1% smaller than its experimental value.

C. $\mathcal{O}(a^2)$ isospin-breaking lattice artifacts in the pion sector

An important aspect when working with twisted mass fermions at maximal twist is to keep the size of isospin violations small. This isospin breaking manifests itself by the fact that the neutral pion mass becomes lighter than the one of the charged pion. In leading order (LO) of chiral perturbation theory this effect is described by

$$a^{2}(m_{\pi}^{2} - m_{\pi^{0}}^{2}) = -4c_{2}a^{2}\sin^{2}(\omega), \qquad (15)$$

with twisted angle the mass given by $\omega =$ $\operatorname{atan}(\mu_{\ell}/Z_A m_{\text{PCAC}})$ and c_2 a low energy constant characterizing the strength of $\mathcal{O}(a^2)$ -effects of twisted mass fermions. As shown in Refs. [5,18], using a clover term the value of the low energy constant c_2 decreases. Indeed, employing a clover term, simulations at physical quark masses become possible as demonstrated in Ref. [5]. It turns out that $c_2 < 0$ for twisted mass fermions [53] leading to the Sharpe-Singleton scenario [41].

In order to calculate the neutral pion mass one needs to compute disconnected two-point functions that are notoriously noisy. To suppress the noise in the computation of the two-point functions we use a combination of exact deflation, projecting out the 200 lowest lying eigenvalues, and 6144 stochastic volume sources corresponding to an eightdistance hierarchical probing [54,55]. The disconnected correlator needed is given by

$$C_{disc}(t_0) = \langle \hat{O}(0)\hat{O}(t_0) \rangle \quad \text{with} \\ \hat{O}(t_0) = D^{-1}(t_0, t_0) - \langle D^{-1}(t, t) \rangle,$$
(16)



FIG. 3. Left: The correlator of the neutral pion versus t/a. Right: The effective mass of the neutral pion. The shaded band shows the constant fit in the plateau range. The red triangle shows the data of the full correlator, while the blue squares the disconnected and the black stars the connected contribution.

where the ensemble and time average of the vacuum contribution is subtracted from the disconnected operator. Note that we used global volume noise sources to extract the disconnected contribution; however, methods which do not subtract the vacuum expectation value explicitly could be more effective as pointed out in [5,6,56]. We have found that the disconnected contribution dominates the correlator for time distances t/a > 10, as can be seen in Fig. 3. However we include the connected contribution in the plateau average, leading to a neutral pion mass given by

$$am_{\pi^{(0)}} = 0.044(9).$$
 (17)

Note, that for the connected contribution small statistics of around 250 measurements are used, which results in a relatively large statistical error. The charged pion mass is straight forward to compute, and we find for the charged pion mass $am_{\pi} = 0.05658(6)$. This gives an isospin splitting in the pion mass of 22(16)% and the low energy constant c_2 of Eq. (15) reads

$$4c_2a^2 = -0.0013(8), \tag{18}$$

assuming $\omega = \pi/2$. Thus, introducing a clover term for $N_f = 2 + 1 + 1$ twisted mass fermions suppresses isospin breaking effects effectively, i.e., by a factor of 6 compared to an $N_f = 2 + 1 + 1$ ensembles with twisted mass fermions without a clover term and a pion mass of 260 MeV at a similar lattice spacing of a = 0.078(1) fm [53,57], where it was found that the mass splitting is given by $(am_{\pi^{(0)}})^2 - (am_{\pi})^2 = -0.0077(4)$. The suppression of the pion isospin breaking effects, thanks to the use of the clover term, is the underlying reason why we can perform our simulations at the physical point with $N_f = 2 + 1 + 1$ flavors of quarks.

IV. PSEUDOSCALAR MESON SECTOR

In order to check, whether we are indeed at (or close to) the targeted physical situation, we studied the charged pion,

the kaon and the D-meson masses and decay constants. These observables are rather straightforward to compute with good accuracy. A detailed description of the calculation of these quantities with twisted mass fermions can be found in Appendix A.

A. Light meson sector

The first goal of this section is to determine the value of the lattice spacing within the pion sector. The extracted value will then be compared to the one from a similar investigation in the nucleon sector in Sec. V. In principle, the lattice spacing could be determined already from our cB211.072.64 target ensembles given in Table II, having a twisted mass parameter of $\mu_{\ell} = 0.00072$ and yielding a pion mass to decay constant ratio of $m_{\pi}/f_{\pi} = 1.073(3)$, which is rather close to the physical one. However, it is helpful to also use other ensembles, listed in Table II, which are all tuned to maximal twist, namely Th1.350.24.k2, Th2.200.32.k2, Th2.150.32.k2 in addition to the cB211.072.64 ensembles. By employing chiral perturbation theory (χ PT) to describe the quark mass dependence of the pion decay constant and pion mass, we obtain a robust result for the value of the lattice spacing. Since the ensembles that are not at the physical point have partly only a small volume, we include finite volume corrections from chiral perturbation theory to the χ PT formulas used [58]. We depict in Fig. 4 the ratio m_{π}^2/f_{π}^2 and the pion decay constant itself as function of the light bare twisted quark mass.

In Fig. 4 we also show the fits to NLO χ PT [60–62], which for the ratio m_{π}^2/f_{π}^2 read

$$\frac{m_{\pi}^2}{f_{\pi}^2} = 16\pi^2 \xi_{\ell} (1 + P\xi_{\ell} + 5\xi_{\ell} \log(\xi_{\ell})) \frac{F_{f_{\pi}}^{FVE2}}{F_{m_{\pi}}^{FVE2}} \quad (19)$$

and for the pion decay constant

$$af_{\pi} = af_0(1 + R\xi_{\ell} - 2\xi_{\ell}\log(\xi_{\ell}))1/F_{f_{\tau}}^{FVE}, \quad (20)$$



FIG. 4. Left: The ratio m_{π}^2/f_{π}^2 is plotted against $a\mu_{\ell}$. Right: The pion decay constant af_{π} is plotted against the light twisted mass parameter $a\mu_{\ell}$. The solid lines are fits to NLO chiral perturbation theory with the error as shaded band, see Eq. (19) and Eq. (20). The dotted lines are fits for which the chiral logs are neglected. The pion mass and decay constant are corrected for by finite volume correction terms [58,59] respectively.

with the finite volume correction terms $F_{f_{\pi}}^{FVE}$, $F_{m_{\pi}}^{FVE}$ [58]. Here $\xi_{\ell} = 2B_0\mu_{\ell}/Z_P[(4\pi f_0)^2]$ where B_0 and f_0 are low energy constants. From the fits, we determine the values of $2B_0/Z_P = 4.52(6)$ and $af_0 = 0.0502(3)$. The fitting constants P, R are related to the NLO low energy constants by

$$P = -\bar{l}_3 - 4\bar{l}_4 - 5\log\left(\frac{m_\pi^{\text{phys}}}{4\pi f_0}\right)^2 \text{ and}$$
$$R = 2\bar{l}_4 + 2\log\left(\frac{m_\pi^{\text{phys}}}{4\pi f_0}\right)^2.$$
(21)

We determine the finite volume correction terms by fixing the low energy constants using the results of Ref. [38]. For our target ensemble cB211.072.64 with $m_{\pi}L = 3.62$ we find that the finite volume effects yield corrections of less than 0.5% for the pion mass and less than 0.5% for the pion decay constant. By using the fit functions from χ PT and fixing the ratio $m_{\pi,phys}^2/f_{\pi,phys}^2 \equiv$ 1.034 we find for the light twisted mass parameter $a\mu_{\ell,phys} = 0.00067(1)$. We then use this value in Eq. (20) to determine the lattice spacing by using the phenomenological value of the pion decay constant, $f_{\pi,phen} = 130.41(20)$ MeV [63]. We get

$$a_{f_z} = 0.07986(15)(35) \text{ fm},$$
 (22)

where the first error is the statistical and the second the systematic. We follow the procedure adopted in Ref. [39] for determining a systematic error by performing several different fits, adding or neglecting finite volume terms. Such fits employ e.g., the finite volume corrections of Ref. [59] using the calculated low energy constant c_2 of Eq. (18) different orders in chiral perturbation theory and including or excluding the ensemble Th2.150.32.k2 due to larger finite size effects. The systematic error is then given by the deviations of these different fits from the central value given in Eq. (22). Although we include ensembles like Th2.150.32.k2 or Th1.350.24.k2 which have large finite size effects of up to 8% in the pion decay constant, the systematic uncertainties are suppressed due to the fact that we are using ensembles close to physical quark masses which stabilize the fits. Thus this demonstrates the importance of working at physical quark masses. Moreover this is confirmed by an estimation of the lattice spacing which takes only the pion mass and decay constant from cB211.072.64 into account. Requiring a vanishing pion mass in the chiral limit, the lattice spacing and the physical twisted mass value can be fixed by assuming a linear dependence of μ on $a^2 m_{\pi}^2$ and m_{π}^2/f_{π}^2 . The so determined lattice spacing agrees with Eq. (22) and reads a = 0.0801(2) fm.

B. Heavy meson sector

As discussed in Sec. III B, the heavy sea quark parameters used in the simulation are tuned by employing the ensemble Th1.200.32.k2. With these parameters the kaon mass on the cB211.072.64 ensembles is smaller as compared to the OS kaon mass using the parameters of Eq. (12). By employing the tuning condition of Eq. (11) we therefore readjust the OS-parameters $a\mu_s^{OS}$ and $a\mu_c^{OS}$ following the tuning procedure of Sec. III B, to take the values

$$a\mu_s^{\text{OS}} = 0.01892(13)$$
 and $a\mu_c^{\text{OS}} = 0.2233(16)$ (23)

for the cB211.072.64 lattices. The OS valence quark parameters are lower by around 2.4% compared to the values determined using the Th1.200.32.k2 ensemble [see Eq. (12)]. By using $a\mu_{\ell,phys} = 0.000674$ the strange to light quark mass ratio reads

$$\frac{\mu_s^{\rm OS}}{\mu_l} = \frac{0.01892(13)}{0.00067(1)} = 28.1(5). \tag{24}$$

The kaon and D-meson masses and the respective decay constants as well as the corresponding quantities for the D_s -meson are all computed at three different values of μ_s^{OS} and μ_c^{OS} . We use a linear interpolation of m_K^2 , m_D and m_{D_s} with respect to the heavy OS quark masses. Using the values for μ_s^{OS} and μ_c^{OS} of Eq. (24) this allows us to determine the masses and decay constants for these mesons. In Fig. 5 we show the decay constants of the kaon and the D-meson and compare them with the results extracted from the $N_f = 2$ clover ensembles [5]. We employ 244 measurements for the cB211.072.64 and 100 for the Th2.200.32.k1 ensemble. The ratios of the kaon and D-meson masses to decay constants for the cB211.072.64 ensembles are found to be



FIG. 5. The pseudoscalar decay constants in the heavy quark sector. The left panel shows the kaon decay constant, while the right panel shows the D-meson decay constant both versus the squared pion mass. The dashed vertical line indicates the physical value of the pion mass. The red squares are the measurements for the Th2.200.32.k1 and cB211.072.64 ensembles, while the blue triangles are for the $N_f = 2$ clover twisted mass ensembles [5]. The scale is set via the pion decay constant.

TABLE III. The masses and the decay constants of the charged pseudoscalar mesons as well as the plaquette P and m_{PCAC} are presented.

$am_{\pi} = 0.05658(6)$	$am_K = 0.2014(4)$	$am_D = 0.738(3)$		
$m_{\pi}/f_{\pi} = 1.0731(30)$	$m_K/f_K = 3.188(7)$	$m_D/f_D = 8.88(11)$		
$am_{\text{PCAC}} = 0.189(114)10^{-4}$ P = 0.5543008(60)				

$$\frac{m_K}{f_K} = 3.188(7)$$
 and $\frac{m_D}{f_D} = 8.88(11)$, (25)

where the former ratio has a central value slightly larger than the physical ratio $m_K^{\text{phys}}/f_K^{\text{phys}} = 3.162(18)$ [64], while the latter agrees well within errors with the value $m_D^{\text{phys}}/f_D^{\text{phys}} = 9.11(22)$ [63]. These results indicate that discretization effects for our setup are small in the heavy quark sector. For a more rigorous check, a direct calculation at different values of the lattice spacing will be carried out.

V. BARYON SECTOR

As another test, whether we are in the desired physical condition, we analyzed the nucleon mass which can also provide an independent determination of the lattice spacing, which can be compared to the one found in the meson sector. We measured the nucleon mass on the two cB211.072.64 ensembles by using interpolating fields containing the operator

$$J_p = \epsilon_{abc} (u_a^T C \gamma_5 d_b) u_c, \qquad (26)$$

with $C = \gamma_4 \gamma_2$ the charge conjugation matrix. We then constructed the two point correlation function

$$C_p(t) = \frac{1}{2} \operatorname{Tr}(1 \pm \gamma_4) \sum_{\mathbf{x}} \langle J_p(\mathbf{x}, t) \bar{J}_p(0, 0) \rangle, \quad (27)$$

which provides the nucleon mass in the large time limit. We used 50 APE smearing steps with $\alpha_{APE} = 0.5$ [65] in combination with 125 Gaussian smearing steps with $\alpha_{gauss} = 0.2$ [66,67] to enhance the overlap of the used point sources with the lowest state.

We extracted the nucleon mass for $t \gg 0$ by a plateau average over the effective mass $aE_{\text{eff}} = \log(C_p(t+a)/C_p(t))$ shown in Fig. 6. The plateau average of the nucleon mass, given by $am_N = 0.3864(9)$ on the cB211.072.64 ensemble, is in agreement with a two-state fit with $am_{N,2st} = 0.3850(12)$ as shown in the left panel of Fig. 6.

A. Determination of the lattice spacing

As an alternative way to determine the lattice spacing, one can use the nucleon mass. A direct way would be to use



FIG. 6. Left panel: The time dependence of the effective mass extracted from the nucleon correlator is shown. The green shaded band corresponds to the two state fit while the violet band illustrates the used plateau average. Right panel: The squared pion mass dependence of the nucleon mass is shown by comparing the nucleon mass from our target lattice cB211.072.64 to the values determined on the $N_f = 2 + 1 + 1$ ETMC ensembles. The dotted line shows the fit by employing chiral perturbation theory at $O(p^3)$.

the physical ratio from which, by using the (lattice) pion mass determined above, the lattice spacing can be estimated directly by the value of the lattice nucleon mass. Indeed, with the pion mass $am_{\pi} = 0.05658(6)$ the nucleon to pion mass ratio 0.3864(9)/0.05658(6) = 6.83(2) is close to its physical value of $m_N^{\text{phys}}/m_{\pi}^{\text{phys}} = 0.9389/0.1348 = 6.965$ where we take the average of neutron and proton mass [63] and the pion mass in the isospin symmetric limit [64]. However, as in the case of the meson sector, using more data points at heavier pion masses and χ PT to describe their quark mass dependence, a more robust result can be obtained. More concretely, we have employed chiral perturbation theory at $\mathcal{O}(p^3)$ [68,69] for the nucleon mass dependence on the pion mass, i.e.,

$$m_N = m_N^{\rm phys} - 4b_1 m_\pi^2 - \frac{3g_A^2}{16\pi f_\pi^2} m_\pi^3.$$
(28)

Similar to [70], where the authors observed that using previous $N_f = 2 + 1 + 1$ ensembles showed no detectable lattice cutoff effects in the nucleon and pion mass, we use the nucleon masses of the $N_f = 2 + 1 + 1$ ETMC ensembles without a clover term, determined in [71] to perform the chiral fit of Eq. (28). In our analysis we neglect cutoff effects, which appear to be small and not visible within our statistical errors. The same holds true for finite volume effects, see [70]. We fixed $f_{\pi} = 0.1304(2)$ GeV and $g_A = 1.2723(23)$ [63] in Eq. (28). The resulting fit to Eq. (28) is shown in Fig. 6 (right) and allows to determine the lattice spacing as

$$a_{m_{\nu}}(\beta = 1.778) = 0.08087(20)(37)$$
 fm. (29)

The first error is statistical while the second error is the deviation between the estimate obtained from Eq. (28) and taken the mass from the two-state fit. Note that the statistics of the nucleon correlator, thanks to the use of multiple

inversion sources per gauge configuration, is 2 orders of magnitude larger than the one for the pion correlator. In this way the lattice spacing determination from the nucleon mass in Eq. (29) turns out to have a statistical error comparable to the one from the pion sector, see Eq. (22).

1. $\mathcal{O}(a^2)$ isospin splitting in the baryon sector

The finite twisted mass value can result into a mass splitting of hadrons which are symmetric under the isospin symmetry of the light flavor doublet. As pointed out in Sec. III A this indeed leads to a sizable effect in the neutral-charged pion mass splitting. Here, we want to discuss the splitting in the baryon sector in the case of the Δ -baryon employing the two cB211.072.64 ensembles. Note that for the used lattice size the lowest decay channel of the Delta baryon, which is a nucleon + pion state with correct parity, is heavier than the Delta baryon itself. Thus, for the simulations performed here, the Delta can be treated as a stable state.

We measured the Δ -baryon correlator by using the following interpolating fields:

$$J^{\mu}_{\Delta^{+}} = \frac{1}{\sqrt{3}} \epsilon_{abc} [2(u^{T}_{a}C\gamma^{\mu}d_{b})u_{c} + (u^{T}_{a}C\gamma^{\mu}u_{b})d_{c}], \quad (30)$$

$$J^{\mu}_{\Delta^{++}} = \epsilon_{abc} (u^T_a C \gamma^{\mu} u_b) u_c.$$
(31)

Note that $J^{\mu}_{\Delta^+}$ and $J^{\mu}_{\Delta^{++}}$ is symmetric under $u \to d$ to $J^{\mu}_{\Delta^0}$ and $J^{\mu}_{\Delta^-}$ respectively. We neglect the potential mixing of Δ with the spin-1/2 component which is suppressed [72]. Thus the correlators for the Δ^{++} is given by $C_{\Delta} = \text{Tr}[C]/3$ with $C_{ij} = \text{Tr}[(1 + \gamma_4)/2\langle J^i_{\Delta^{++}}(t)\bar{J}^j_{\Delta^{++}}(0)\rangle]$ and gives an average value of $am_{\Delta} = 0.5251(72)$ by using a plateau average over the effective mass. Now we define the splitting in the mass by

$$\delta m_{\Delta,\text{eff}} = \log \left\{ \frac{C_R(t)}{C_R(t+a)} \right\} \quad \text{with}$$

$$C_R = \frac{C_{\Delta^+}(t) + C_{\Delta^0}(t)}{C_{\Delta^{++}}(t) + C_{\Delta^-}(t)}, \quad (32)$$

where we average over the symmetric parts. In Fig. 7 we show the effective relative mass splitting given by $\delta m_{\Delta,\text{eff}}/m_{\Delta^+}$. In addition we plot the relative effective mass $m_{\text{eff}}(t)$ of the Δ^+ particle subtracted from its plateau average to illustrate where the plateau of the Δ -baryon starts. We find that the relative splitting in the Δ mass is $\delta m_{\Delta}/m_{\Delta^+} = 0.0098(65)$ and hence close to zero within errors. This result is in agreement with [5] where it was found that the isospin splitting of the twisted mass action in the baryon section is suppressed.



0.15

0.1

FIG. 7. Relative differences of the effective Delta baryon masses: The figure shows the relative difference given by $\delta m_{\Delta,\rm eff}(t)/m_{\Delta^+}$ (blue squares). To illustrate the beginning of the plateau we added the relative effective mass $m_{\rm eff}(t) - m_{\rm eff}^{\rm plateau}$ with $m_{\rm eff}^{\rm plateau}$ is the plateau value m_{Δ^+} (black triangles).

VI. LATTICE SPACING

The lattice spacing can be evaluated by matching lattice observables to their physical counterparts. This has been done, as described in Secs. IVA and VA, in the meson sector by employing the pion decay constant and in the baryonic sector using the nucleon mass, respectively. Differences in the values obtained for the lattice spacing as determined using different physical observables can shed light on cutoff effects. We discuss in this section an additional method to determine the lattice spacing, which is provided by the gradient flow scale setting parameters t_0 [73] and w_0 [74]. Following the procedure described in these articles and in particular as applied to the twisted mass setup [5], we extrapolate the gradient flow observables to the chiral limit using a fit ansatz linear in $a\mu_{\ell}$, which corresponds to LO χ pt [75]. The resulting curve is shown as Fig. 8. We follow a similar procedure for the extrapolation of w_0^2/a^2 . We employ the values computed for the ensembles Th1.350.24.k2, Th2.200.32.k2, Th2.125.32.k1, cB211.072.64 and find $t_0^{ch}/a^2 = 3.261(6)$ and $w_0^{ch2}/a^2 = 4.550(20)$. Using the phenomenological



FIG. 8. Left: Linear extrapolation of the gradient flow observable t_0/a^2 . Right: Linear extrapolation of the gradient flow observable w_0^2/a^2 . The solid line with the shaded violet band shows the linear extrapolation.

TABLE IV. We give the values of the lattice spacing determined by using different physical quantities as inputs, including in the errors the input systematic uncertainties. The final value of the lattice spacing is derived via a weighted average of $a_{f_{\pi}}$ and a_{m_N} where for the final error a 100% correlated data is assumed [76]. The residual systematic uncertainty on the lattice spacing, which stems from higher order cutoff effects, should be of relative size $O(a^2)$ and looks numerically smaller than 2%.

Physical quantity	Lattice spacing [fm]	Lattice input from cB211.072.64
$ \frac{a_{t_0}}{a_{w_0}} \\ a_{f_{\pi}} \\ a_{m_N} \\ average $	0.0811(14) 0.0823(8) 0.07986(38) 0.08087(44) 0.08029(41)	$ \begin{array}{l} t_0/a^2 _{a\mu_{\ell}=0.00072} = 3.246(7) \\ w_0^2/a^2 _{a\mu_{\ell}=0.00072} = 4.512(16) \\ af_{\pi} _{a\mu_{\ell}=0.00072} = 0.05272(10) \\ m_N/m_{\pi} _{a\mu_{\ell}=0.00072} = 6.829(19) \end{array} $

values of $\sqrt{t_0} = 0.1465(25)$ and $w_0 = 0.1755(18)$ [74] we deduce the following values for the lattice spacing:

$$a_{t_0} = 0.0811(14)$$
 fm and $a_{w_0} = 0.0823(8)$ fm. (33)

In Table IV we summarize the values of the lattice spacing as determined from the pion mass and decay constant, the nucleon mass and the gradient flow parameters t_0 and w_0 . As it can be noticed, there are small deviations of the lattice spacing between the meson and the baryons sector, and in any case they are comparable to the one we have observed in the simulations with $N_f = 2$ flavors of quarks. That indicates that cutoff effects do not increase for our $N_f = 2 + 1 + 1$ flavor setup used here. We would like to stress, that we plan to carry out further simulations at different and, in particular, smaller values of the lattice spacing in future works.

VII. CONCLUSIONS

The first successful simulation of maximally twisted mass fermions with $N_f = 2 + 1 + 1$ quark flavors at the physical values of the pion, the kaon and the D-meson masses has been presented. By having a lattice spacing of a = 0.08029(41) fm, we find that the simulations are stable when performed with physical values of the quark mass parameters. In particular, we are able to carry out a demanding but smooth tuning procedure to maximal twist and to find the values of the light, strange, and charm bare quark masses, which correspond to the physical ones for the first two quark generations.

In our setup, which employs a clover term, the cutoff effects appear to be small. Several observations corroborate this conclusion: as already mentioned above, the simulations themselves are very stable; when fixing the quark mass parameters through the selected physical observables, other physical quantities, as collected in Table III come out to be consistent with their physical counterparts; the $O(a^2)$ effects

originating from the isospin breaking of twisted mass fermions are small and significantly reduced compared to our earlier simulations with $N_f = 2 + 1 + 1$ flavors at nonphysical pion masses; deviations of the lattice spacing from the meson sector, the baryon sector and gradient flow observables, as listed in Table IV, are small and of the same size as in our former $N_f = 2$ flavor simulations.

This work focuses on the tuning procedure both to maximal twist and to the physical values of the quark masses. We include the pseudoscalar meson masses and decay constants as well as the nucleon and Δ masses, in order to demonstrate that we indeed reach the targeted physical setup. We are planning to compute many more quantities in the future connected to hadron structure, scattering phenomena, electroweak observables and heavy quark decay amplitudes. In addition, we have already performed the tuning for a second, finer lattice spacing, and we are in the process of generating configurations. The combination of results for various physical quantities from the present lattice spacing of $a \approx 0.08$ fm, from the ongoing finer lattice spacing and from an already existing lattice spacing of $a \approx 0.1$ fm, which is however not exactly at the physical point, will allow us to explicitly check the size of cutoff effects and eventually take the continuum limit.

We thus conclude that we have given a successful demonstration that simulations of maximally twisted mass fermions with $N_f = 2 + 1 + 1$ quark flavors can be carried out with all quarks of the first two generations tuned to their physical values. This clearly opens the path for the ETM collaboration to perform simulations towards the continuum limit with a rich research program being relevant for phenomenology and ongoing and planned experiments.

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APPENDIX A: MESONIC CORRELATORS

In general, the charged 2-point pseudoscalar correlators can be defined by

$$C_{\rm PS}^{q,q'}(t) = \langle P_{q,q'}^{\pm}(t) P_{q,q'}^{\pm}(0)^{\dagger} \rangle$$
 (A1)

using the interpolating field

$$P_{q,q'}^{\pm}(t) = \sum_{\mathbf{x}} \bar{\chi}_q(\mathbf{x}, t) i \gamma_5 \tau^{\pm} \chi_{q'}(\mathbf{x}, t),$$

$$\tau^{\pm} = \frac{\tau^1 \pm i \tau^2}{2}, \qquad (A2)$$

with the quark flavors $q, q' \in \{\ell, s, c\}$. For sufficiently large times the charged pseudoscalar correlator is dominated by the lowest energy, such that

$$C(t) \xrightarrow[t \gg a, (T-t) \gg a]{} \frac{G_{\rm PS}^2}{2m_{\rm PS}} (e^{-m_{\rm PS}t} + e^{-m_{\rm PS}(T-t)})$$
(A3)

and the mass $m_{\rm PS}$ and matrix element $G_{\rm PS} = |\langle 1_{\rm PS} | P_{q,q'}^{\pm} | 0 \rangle|$ can be extracted in a standard way via plateau averages for a large time extent. In the case of maximal twist the matrix element $G_{\rm PS}$ is directly connected to the pseudoscalar decay constant by [1,2]

$$f_{\pi} = \frac{(\mu_q + \mu_{q'})G_{\rm PS}}{\sinh(m_{\rm PS})m_{\rm PS}}.$$
 (A4)

Due to the flavor mixing in case of the mass nondegenerate twisted mass operator we adopt a nonunitary setup [3] for the heavy quark doublet, namely the Osterwalder-Seiler fermion regularization [51]. As shown in [3], this mixed action introduces effects which are only of order $O(a^2)$ and are hence suppressed for small μ and fine lattice spacings. The OS fermions correspond to the twisted mass discretization in single flavor space, where $\mu = \pm \mu_q$. The sign of μ is always chosen such that the two valence quarks in the interpolating fields Eq. (A2) have opposite signs.

APPENDIX B: AUTOCORRELATION

The autocorrelation of the Hybrid Monte Carlo algorithm increases critically for very fine lattice spacings with a < 0.05 fm. This can be seen in the freezing of the topological charge [77]. For our lattice with $a \sim 0.08$ fm we found that the topological charge can fluctuate between the different sectors leading to small autocorrelation times of $\tau_{int}(Q) = 13(5)$ [MDU]. As pointed out in [78] the energy density at finite flow times develops larger autocorrelation times in the regime with $a \gtrsim 0.05$ fm. Although



FIG. 9. The figure shows the integrated autocorrelation τ_{int} of the ensembles at maximal twist (from right to left Th1.350.24.k1, Th2.200.32.k2, Th2.125.32.k1, cB211.072.64 for both cases). Note that we used here the ensemble Th1.350.24.k1 instead of Th1.350.24.k2 which is not at maximal twist but has a larger statistics.

we have relative small statistics we calculated the integrated autocorrelation time for the plaquette and the gradient flow observables t_0/a^2 as shown in Fig. 9 by using the Γ -method [79]. We found a dependence on the (charged) pion mass that can be described by

$$\tau_{\rm int}(m_{\pi}) = A \frac{1}{m_{\pi}^b},\tag{B1}$$

with b = 2.2(5) for the plaquette while b = 2.0(7)for t_0/a^2 . A possible explanation for the observed charged pion mass dependence of the autocorrelation time τ_{int} is that approaching the physical pion point at a fixed lattice spacing leads us to work not far from a phase transition point at a nonzero twisted quark mass where the neutral pion mass vanishes [80-82]. Although the isospin splitting is suppressed in our case, observables like the gradient flow observables show an increase with the inverse of the squared pion mass. This behavior is also seen in the PCAC mass, where moderate integrated autocorrelation times were found which can be clearly seen in the Monte Carlo history (see right panel of Fig. 1). However in other quantities like the pseudoscalar mass, the pseudoscalar decay constant or nucleon observables τ_{int} is very small and a quark mass dependence can be not observed.

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