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Article Sub-Title		
Article CopyRight	Springer-Verlag Berlin (This will be the copyr	n Heidelberg ight line in the final PDF)
Journal Name	European Archives of	Oto-Rhino-Laryngology
Corresponding Author	Family Name	Giacomini
	Particle	
	Given Name	Pier Giorgio
	Suffix	
	Division	Department of Translational Medicine, Otolaryngology
	Organization	University of Rome "Tor Vergata"
	Address	Rome, Italy
	Email	giacominipg@gmail.com
Author	Family Name	Moretti
	Particle	
	Given Name	Antonio
	Suffix	
	Division	Department of Medical Oral and Biotechnological Sciences, ENT Section
	Organization	"G. d'Annunzio" University of Chieti-Pescara
	Address	Chieti, Italy
	Email	amoretti@orl.unich.it
Author	Family Name	Citraro
	Particle	
	Given Name	Leonardo
	Suffix	
	Division	Department of Medical Oral and Biotechnological Sciences, ENT Section
	Organization	"G. d'Annunzio" University of Chieti-Pescara
	Address	Chieti, Italy
	Email	
Author	Family Name	Petrucci
	Particle	
	Given Name	Anna Grazia
	Suffix	
	Division	Postgraduate School of Public Health and Preventive Medicine
	Organization	"G.d'Annunzio" University of Chieti-Pescara
	Address	Chieti, Italy
	Email	
Author	Family Name	Giovanni
	Particle	Di
	Given Name	Pamela

	Suffix	
	Division	Department of Pharmacy
	Organization	"G. d'Annunzio" University of Chieti-Pescara
	Address	Chieti, Italy
	Email	
Author	Family Name	Mauro
	Particle	Di
	Given Name	Roberta
	Suffix	
	Division	Department of Translational Medicine, Otolaryngology
	Organization	University of Rome "Tor Vergata"
	Address	Rome, Italy
	Email	
	Received	14 July 2014
Schedule	Revised	
	Accepted	13 October 2014
Abstract	Accepted 13 October 2014 Great auricular nerve (GAN) is frequently sacrificed during parotid surgery. GAN preservation during parotidectomy is advised to avoid complications such as sensitive disorders, but debate still exists. In this study, our experience is reported on the matter. From a cohort of 173 parotidectomies carried out in the period 2005–2010, we studied 60 patients: 20 patients in which we preserved only the posterior branch of GAN (group A), 20 patients in which we preserved also the lobular branch (group B) and 20 patients in which the main trunk of GAN was sectioned (group C); we evaluated tactile sensitivity in all the skin supplied by GAN at 1 week, 1 month, 6 months and 1 year after surgery. Group B is the best in terms of loss and recovery of sensitivity after 1-year post-surgery, followed closely by group A, on the contrary group C confirmed to be the worst. Results suggest that saving as many branches of the GAN as possible during parotid surgery could be useful for reducing hypo-disestesia. Preserving posterior and lobular branches of the GAN, when possible, improves the sensitivity of the preauricular area with better quality or life for the patient.	
Keywords (separated by '-')	Great auricular nerve - Par	otid surgery - Sensory disorders - Disestesia
Footnote Information		

HEAD AND NECK

Great auricular nerve preservation in parotid surgery: rationale and long-term results insights

4 Antonio Moretti · Leonardo Citraro ·

5 Anna Grazia Petrucci · Pamela Di Giovanni ·

6 Roberta Di Mauro · Pier Giorgio Giacomini

Received: 14 July 2014/Accepted: 13 October 2014
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A02 Abstract Great auricular nerve (GAN) is frequently sacrificed during parotid surgery. GAN preservation during 10 parotidectomy is advised to avoid complications such as 11 12 sensitive disorders, but debate still exists. In this study, our 13 experience is reported on the matter. From a cohort of 173 14 parotidectomies carried out in the period 2005-2010, we 15 studied 60 patients: 20 patients in which we preserved only 16 the posterior branch of GAN (group A), 20 patients in 17 which we preserved also the lobular branch (group B) and 18 20 patients in which the main trunk of GAN was sectioned 19 (group C); we evaluated tactile sensitivity in all the skin 20 supplied by GAN at 1 week, 1 month, 6 months and 1 year 21 after surgery. Group B is the best in terms of loss and 22 recovery of sensitivity after 1-year post-surgery, followed 23 closely by group A, on the contrary group C confirmed to 24 be the worst. Results suggest that saving as many branches 21 A03 of the GAN as possible during parotid surgery could be 2(AQ4 useful for reducing hypo-disestesia. Preserving posterior 27 and lobular branches of the GAN, when possible, improves

A1 A. Moretti · L. Citraro

A2 Department of Medical Oral and Biotechnological Sciences,

A3 ENT Section, "G. d'Annunzio" University of Chieti-Pescara,

- A4 Chieti, Italy
- A5 e-mail: amoretti@orl.unich.it
- A6 A. G. Petrucci
- A7 Postgraduate School of Public Health and Preventive Medicine,

A8 "G.d'Annunzio" University of Chieti-Pescara, Chieti, Italy

- A9 P. Di Giovanni
- A10 Department of Pharmacy, "G. d'Annunzio" University
- A11 of Chieti-Pescara, Chieti, Italy
- A12 R. Di Mauro · P. G. Giacomini (🖂)
- A13 Department of Translational Medicine, Otolaryngology,
- A14 University of Rome "Tor Vergata", Rome, Italy
- A15 e-mail: giacominipg@gmail.com

the sensitivity of the preauricular area with better quality of28life for the patient.29

KeywordsGreat auricular nerve · Parotid surgery ·31Sensory disorders · Disestesia32

Introduction

Parotidectomy is a common surgical procedure for the treatment of several parotid diseases, such as benign or malignant neoplasms, inflammatory or autoimmune conditions [1]. Aims of conservative parotidectomy are removal of the disease, prevention of facial nerve weakness or palsy and avoidance of aesthetical defects. 39

During superficial or total parotidectomy great care is 40 taken to preserve the facial nerve, not the same attention is 41 used to preserve other structures such as the great auricular 42 nerve (GAN) [2], a sensory nerve that serves the skin of the 43 postero-inferior region of the auricle, the mastoid region 44 and the lower half of the parotid-masseteric region. GAN 45 originates from the anastomotic loop between the second 46 and third cervical nerves; after its origin, it passes around 47 the sternocleidomastoid muscle and it ascends along the 48 muscle until it divides into branches near the mandibular 49 angle [3]. GAN has three branches: the anterior branch 50 which leads to the parotid gland; the lobular branch which 51 52 goes to the auricular lobule; and the posterior branch which goes to the posterior-auricular area. In most patients the 53 lobular branch has a common trunk with the posterior 54 55 branch and with different anatomical presentations; only in a minority of cases the main trunk of GAN divides into 56 three branches directly [1]. GAN is frequently sacrificed in 57 58 parotidectomy to allow the mobilization of the parotid 59 inferior pole but this maneuver results in sensory disorders



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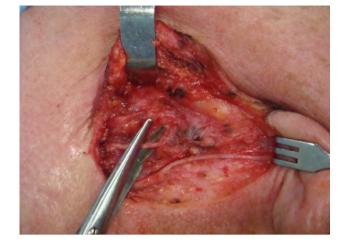


Fig. 1 Group A: preservation only the posterior branch of the GAN

60 such as: numbness, discomfort when wearing earrings or shaving and suffering a burn [4, 5]. To avoid these com-62 plications, GAN preservation during parotidectomy has 63 been advised but controversy about the efficacy of this 64 practice still exists because of the feeling that until one or 65 two years a partial sensory recovery takes place.

This report presents our experience about the preserva-66 67 tion of GAN branches during parotidectomy and the sen-68 sory outcome in patients with and without GAN 69 preservation. The real effects of GAN sparing vs its sac-70 rifice in the long-term are tested, statistically scrutinized 71 and highlighted to give a rationale for the surgeon to apply 72 this procedure and to clarify the functional results that may 73 be expected in order of sensitivity preservation in the 74 auricular region.

75 Materials and methods

76 This is a perspective study, the data from the patients were 77 not always available the patients with missing data were 78 discarded from follow-up. We studied 173 parotidectomies 79 performed in our departments from January 2005 to 80 December 2010 for primitive or secondary tumors of the 81 parotid gland. Patients with pre-operative suspicion of 82 malignancy and those with mental disability were excluded 83 from this study. 121 patients with pre-operative diagnosis 84 of benign parotid lesions were drawn. GAN preservation 85 was determined by its objective feasibility and by sur-86 geon's preference; the risks of parotidectomy were 87 explained to all patients, including those related to sacrifice 88 of GAN or one of its branches. We preserved the posterior 89 and/or lobular branches of GAN in 81/121 patients. We did 90 not take into account the preservation of the anterior branch 91 of GAN because generally during skin flap elevation it is

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necessary to divide it. In 40/121 patients the GAN was 92 93 sacrificed. Patients were divided into three groups: group A (39 patients with preservation of the posterior branch-94 Fig. 1), group B (42 patients with preservation of the 95 posterior and lobular branches—Fig. 2) and group C (40 96 97 patients with total section of GAN-Fig. 3). From this cohort, 20 patients from each group were randomly 98 selected by generation of random numbers in Microsoft 99 Excel software (version 2007) with use of the RAND 100 101 function. The total number of subjects in each group was decided on the basis of the current English Literature in 102 which a sample size of 10-33 patients in each group is 103 considered representative [1-3]. 104

Parotidectomies were performed using a standard sur-105 gical technique through traditional or "face-lift" incision 106 (particular care was taken in female and young patients) 107 [6]. An anterior skin flap was prepared superficially to the 108 platysma and the Superficial Muscular Aponeurotic System 109 (SMAS). The main trunk of the great auricular nerve was 110 identified taking as a reference point its intersection with 111 the anterior margin of the sternocleidomastoid muscle 112 4–5 cm beneath the earlobe [7]. The course of the nerve 113 was followed until it trifurcates into the anterior branch, 114 posterior branch and lobular branch approximately 0-2 cm 115 above the angle of the jaw. Attempts at preservation were 116 made when there was not any direct contact between nerve 117 and disease. When preservation was selected the saved 118 branches were retracted backwards and isolated before 119 proceeding with surgery. When nerve preservation was 120 judged to be inappropriate or dangerous to the facial nerve, 121 122 the main trunk of GAN was divided at the lower border of the parotid. The parotid gland was then removed while 123 preserving the trunk and main branches of the facial nerve. 124

125 We evaluated tactile sensitivity in all the skin supplied by GAN, subdivided into five areas: the pre-auricular 126 region (area 1) between the anterior border of the auricle 127 and the anterior border of the masseter muscle; the superior 128 auricular region (area 2) corresponding to the superior half 129 130 of the auricle; the inferior auricular region (area 3) corre-131 sponding to the inferior half of the auricle; the posterior auricular region (area 4) located between the posterior 132 auricular insertion and the hairline; and the infra-auricular 133 region (area 5) between the auricle and the angle of the 134 mandible (Fig. 4). The tests were performed pre-opera-135 tively and post-operatively (1 week, 1 month, 6 months 136 and 1 year after surgery). The examiner was not informed 137 of GAN preservation to avoid possible bias. Tactile sen-138 sitivity was evaluated using a brush gently applied in each 139 area; patient gave a signal as soon as any sensation was 140 felt. The patients were requested to close their eyes during 141 the tests. Each test was repeated four times for each area 142 and it was scored using a Visual Analog Scale (VAS): 143 grade 0 of the VAS indicated no sensation of the examined 144

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Fig. 2 Group B: preservation of the lobular and posterior branches of the GAN. Different anatomical presentations

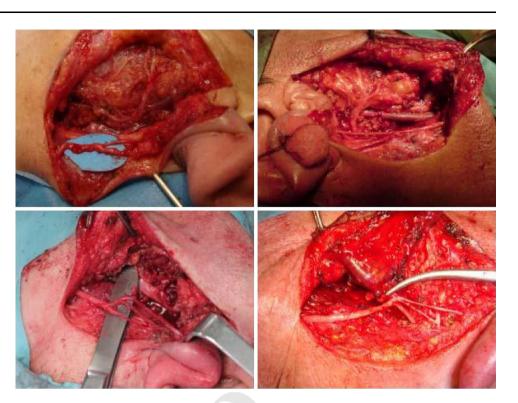




Fig. 3 Group C: total section of the GAN

area and grade 100 indicated no difference in sensation ofthe area compared with the contro-lateral correspondingone.

148 Statistical analysis

149 Subject characteristics were summarized by mean and 150 standard deviation (SD) for continuous variables and by 151 percentage for categorical variables. Statistical analysis 152 was performed using Chi-square test, t test, one-way 153 ANOVA and post hoc comparisons. Statistical significance 154 was accepted at a value of p < 0.05. All statistical analyses

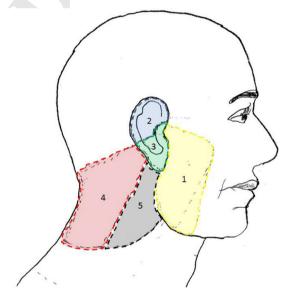


Fig. 4 Schematic representation of the tested areas

were performed with SPSS version 13 (SPSS Inc., Chicago, 155 IL, USA). 156

Results

The study population consisted of 60 subjects, 29 male158(48.3 %) and 31 female (51.7 %). Patient's age ranging159

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Table 1 Distribution (mean \pm SD) of VAS scores in groups A, B and C stratified by area and period of observation

	Group A	Group B	Group C
Area 1			
Pre-operative	98.5 ± 3.2	99.5 ± 1.5	99.2 ± 2.4
1 week*	73.5 ± 8.5	82.2 ± 6.3	78.2 ± 4.6
1 month*,+	79.5 ± 6.6	86.2 ± 5.3	84.0 ± 3.0
6 months* ^{,§}	87.5 ± 4.1	93.0 ± 3.4	88.5 ± 2.8
12 months [§]	94.2 ± 4.6	97.2 ± 2.5	92.2 ± 4.7
Area 2			
Pre-operative	99.5 ± 2.2	98.7 ± 3.1	99.2 ± 2.4
1 week	78.5 ± 6.5	76.5 ± 6.5	81.0 ± 5.7
1 month*,+	87.0 ± 5.7	81.5 ± 5.4	82.7 ± 4.9
6 months ^{+,§}	90.7 ± 3.7	90.2 ± 4.7	84.0 ± 4.7
12 months ^{+,§}	96.7 ± 2.9	95.0 ± 3.2	90.5 ± 3.9
Area 3			
Pre-operative	100.0 ± 0	100.0 ± 0	99.7 ± 1.1
1 week*	40.0 ± 9.4	49.2 ± 7.1	42.5 ± 10.3
1 month* ^{,§}	43.5 ± 9.4	62.0 ± 4.1	44.5 ± 8.5
6 months*,§	48.0 ± 7.8	77.5 ± 3.0	45.2 ± 7.6
12 months*,+,§	51.2 ± 6.8	90.0 ± 4.2	45.2 ± 7.6
Area 4			
Pre-operative	99.7 ± 1.1	99.2 ± 2.4	100.0 ± 0
1 week*,+,§	74.0 ± 6.8	63.0 ± 9.6	50.0 ± 7.2
1 month ^{+,§}	82.5 ± 4.1	79.7 ± 5.9	51.5 ± 6.3
6 months ^{+,§}	87.7 ± 4.1	86.7 ± 3.7	51.7 ± 6.1
12 months ^{+,§}	95.0 ± 3.9	92.7 ± 3.0	57.0 ± 4.7
Area 5			
Pre-operative	100.0 ± 0	99.5 ± 1.5	99.7 ± 1.1
1 week	53.0 ± 9.7	50.2 ± 8.6	49.5 ± 7.2
1 month ^{+,§}	65.7 ± 6.9	69.5 ± 5.3	51.7 ± 5.6
6 months ^{+,§}	79.7 ± 4.7	82.5 ± 4.1	57.5 ± 4.7
12 months ^{+,§}	87.7 ± 4.1	90.7 ± 4.0	69.7 ± 4.7

* There is significant difference among group A and group B

⁺ There is significant difference among group A and group C

[§] There is significant difference among group B and group C

160 from 39 to 88 years, (mean age 63.2 ± 10.6). There was no 161 significant difference among three groups in sex (p = 0.63) 162 and age (p = 0.82) distribution.

163 No significant differences between groups in pre-oper-164 ative tests results for each area (area 1, p = 0.43; area 2, 165 p = 0.66; area 3, p = 0.37; area 4, p = 0.30; area 5, 166 p = 0.36) were recorded.

167 Significant difference between the groups in tests per-168 formed after surgery were recorded as summarized in169 Table 1.

Briefly for area 1 (pre-auricular) and area 4 (postauricular) in group A the degree of recovery is similar (94.2 vs 95.0); in group B, area 1 resulted to show better sensitivity recovery and in group C it is similar to area 2

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that is the region with better recovery. In area 2 (supero-174 175 auricular) in group B, this area presented a minor loss at 1 week after surgery when compared to the other areas 176 (area 3 = -50.7; area 4 = -36.2; area 5 = -49.2 vs area 177 2 = -22.2; furthermore, it presented a very good recov-178 179 ery at 12th month. In group C, unexpectedly area 2 presented only a small sensory loss (-18.2) that was inferior 180 than that of other two groups (group A = -21.0; group 181 B = -22.2), on the other hand recovery at 1-year was 182 suboptimal but lower than group A and group B. The tests 183 in area 3 (ear lobule) showed that the patients with the 184 lobular branch preserved (group B) recovered more quickly 185 and almost to normal level than those ones without (group 186 A and C). In fact, subjects in group A only had a partial 187 recovery of sensitivity in area 3 (VAS score = 51.2) and so 188 they complained of mild discomfort, while subjects in 189 Group C complained of an important numbness (VAS 190 score = 45.2). Regarding area 5 hyper/disestesia was 191 almost the same as area 3 in group B (VAS score = 90.7) 192 but significantly higher in group A (VAS score = 87.7). 193 The group C recovered poorly (VAS score = 69.7) as 194 shown by the differences with the other two groups both 195 statistically significant (Fig. 5). GAN preservation com-196 bined with a certain technique of operation? 197

Standard parotidectomy through traditional or "face-198lift" incision was uniformly performed in our patients. We199did not evaluate the impact of incision type on greater200auricular nerve function outcome; anyway we did not find201literature data pointing out such a correlation.202

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Discussion

204 During a standard parotidectomy it is necessary to cut the posterior branch of GAN to obtain an adequate clearance 205 of lower pole of parotid gland. The side effects of GAN 206 sacrifice is hypoesthesia in the area of skin supplied by 207 this nerve, with subsequent discomfort when wearing 208 209 earrings, pain and dysesthesia. In the mid-eighties, many 210 Authors suggested to preserve the posterior branch of the GAN if the tumor did not involve the proximity of the 211 nerve to avoid these complications. In 1989, Brown and 212 Ord [7] were the first who gave data in favor of preser-213 vation of posterior branch. In Christensen and Jacobsen's 214 [8] opinion the posterior branch could be preserved in 215 71 % of patients, because it protracts the operating time 216 of only about ten minutes and it also gives the possibility 217 to have a graft to repair facial nerve injury during sur-218 gery. On the contrary, Porter and Wood [9] did not 219 support GAN preservation: until one or two years, gen-220 erally, there is a partial sensory recovery, which is related 221 to neuronal regeneration coming from auriculo-temporal 222 nerve, mandibular branch of trigeminal nerve, lesser 223

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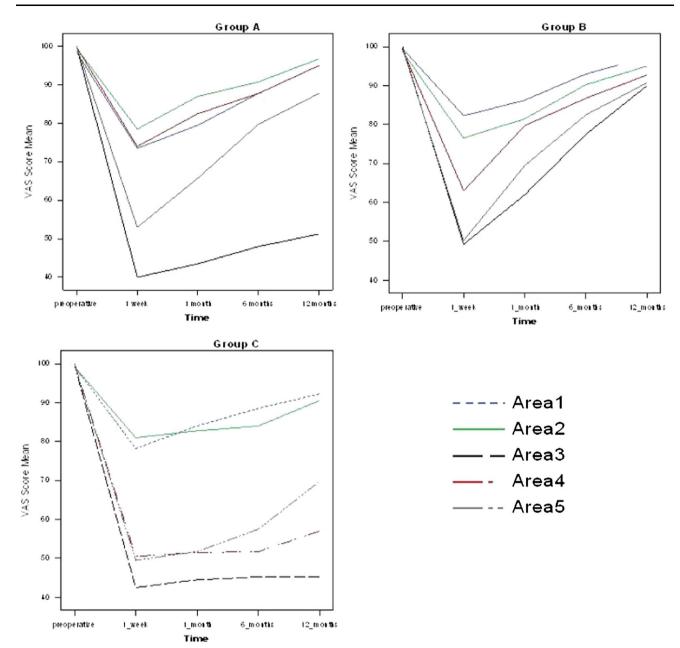


Fig. 5 Results: graphical representation

occipital nerve or from transverse cutaneous nerve of theneck.

226 In this study, the preservation of posterior and lobular 227 branches of GAN was technically feasible when they did 228 not go to the parotid lesion. We did not take into account 229 the preservation of the anterior branch of GAN because 230 generally during skin flap elevation it is necessary to divide 231 the anterior branch. In spite of that, we reported that sen-232 sitivity in the pre-auricular region (area 1) recovered 233 almost to the normal level in each group between 6 months 234 and 1-year, postoperatively. In fact, as reported in Table 1, 235 this is probably due to the presence of collateral innervation from the mandibular branch of the trigeminal 236 nerve and to the presence of an accessory anterior branch 237 that splits up before going into the parotid gland [2, 3]. 238

We obtained excellent results in every group also for the239superior auricle area (area 2).240

The greatest sensory loss occurred in the ear lobule (area 241 3), followed by the infra-auricular region (area 5) and the 242 posterior auricular region (area 4), according to Literature 243 data [1]. The results in area 4 showed a sensory recovery 244 almost to normal level in group A and B and a partial 245 sensory recovery in group C, in which GAN was totally 246 sacrificed. Several mechanisms have been reported to 247

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248 explain this recovery: regeneration of nerve fibers, collat-249 eral innervation by the lesser occipital nerve.

250 We noted that in terms of loss of sensitivity in the 25 Aos immediate postoperative period, area 5 is second only to 252 area 3 (Table 1). Nevertheless, the recovery at 12 months 253 was better when compared to that of area 3.

254 Some attention must be addressed to the fact that the 255 extensive preparation on very small nerves and consecutive 256 scar formation can lead to dysfunction. Possible unfavor-257 able issues are the anatomical variability of the GAN that is 258 considerable and outlined in the introduction section and 259 the scarring process: both are unpredictable and possibly 260 influencing factors of the final recovery. Based on our 261 experience no significant variation of the functional 262 recovery time linked to anatomy and scarring is expected: 263 recovery time is always shorter when sparing the GA nerve 264 than after section of it [10].

Quality of life was not evaluated by specific question-265 266 naires in the present paper, this is a very controversial 267 topic, a recent review on the matter reports: "There is level 268 Ib evidence that preservation of the greater auricular nerve 269 minimizes the postoperative sensory disturbance and 270 should be considered whenever tumor clearance is not 271 compromised" [11].

272 Conclusions

273 Our results show that preservation of the posterior and 274 lobular branches of GAN (defined as group B in our study) 275 warrants the best results in terms of loss and recovery of 276 sensitivity after 1 year post-surgery, followed closely by 277 preservation of the posterior branches (group A). Total 278 section of GAN (group C) leads to the worst outcome in 279 terms of residual sensitivity in the long-term.

280 Based on our data saving as many branches of the GAN 281 as possible seems to be very useful for maintaining a good 282 sensitive function in the auricular area in parotidectomy 283 patients.

284 The ear lobule sensitivity it is definitely more important 285 in female patients: it is commonly felt that females (mainly 286 younger ones) are more sensitive to facial scars due to 287 aesthetical concerns; moreover, the ear lobule sensitivity 288 seems even more important to be maintained for the 289 common use of earrings in such patients. Regarding the ear 290 lobule (area 3) results clarifications have to be made the 291 lobule presents the worst clinical outcome; in fact it rep-292 resents the area with the highest loss and the lowest 293 recovery, in spite of posterior and lobular branches pres-294 ervation (group B).

It seems therefore necessary to inform the patient that 295 296 even if the lobular branch were saved, a certain discomfort or a certain alteration of sensitivity, limited to ear lobe, 297 could be present. Nevertheless, neural preservation gives a 298 better tactile sensitivity also in the lobule. 299

Finally, it must be underlined that the best candidates for 300 GAN preservation are patients with benign tumors not 301 involving the nerve. 302

In conclusion, the real long-term effects of GAN sparing 303 304 vs its sacrifice have been highlighted and the rationale for 305 the surgeon to apply this procedure given. The functional results that may be reasonably expected in order of sensi-306 tivity preservation of the auricular region are shown. It 307 seems then that the maximal GAN preservation, when 308 feasible, may offer a better quality of life after surgery to 309 310 the patient.

Conflict of interest Antonio Moretti and co-authors have no con-311 flicts of interest to declare. 312

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AQ2	Please confirm the corresponding author is correctly identified and amend if necessary.	
AQ3	Please confirm the inserted city name is correct and amend if necessary.	
AQ4	Please check and confirm the edit made in the word 'dishestesia' is correct and amend if necessary.	
AQ5	This sentence has been slightly modified for clarity. Please check that the meaning is still correct, and amend if necessary.	