

# $O(a^2)$ cutoff effects in lattice Wilson fermion simulations



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## Abstract

In this paper we propose to interpret the large discretization artifacts affecting the neutral pion mass in maximally twisted lattice QCD simulations as  $O(a^2)$  effects whose magnitude is roughly proportional to the modulus square of the (continuum) matrix element of the pseudoscalar density operator between vacuum and one-pion state. The numerical size of this quantity is determined by the dynamical mechanism of spontaneous chiral symmetry breaking and turns out to be substantially larger than its natural magnitude set by the value of  $\Lambda_{\text{QCD}}$ .

# 1 Introduction

In recent simulations of maximally twisted lattice QCD (Mtm-LQCD) [1] with  $N_f = 2$  dynamical light quarks, numerical results [2, 3] on the neutral pseudoscalar meson mass at different lattice spacings (in the range from 0.10 to 0.065 fm) and quark masses (corresponding to charged pseudoscalar meson masses ranging from 600 to 300 MeV) show large cutoff effects. The latter appear at fixed lattice spacing in the form of sizeable deviations from the expected continuum QCD chiral behaviour.

This finding is in striking contrast with the smallness of cutoff effects observed not only in the mass of the charged pions (which is related through the Goldstone theorem to exactly conserved lattice currents [4]), but also in all the other hadronic observables so far measured by the European Twisted Mass (ETM) Collaboration (see sect. 3 and refs. [3, 5, 6, 7, 8, 9, 10]). Quite remarkably small lattice artifacts are found even in matrix elements where the neutral pion is involved (see Table 1 below).

In Mtm-LQCD the additive cutoff effect in the squared mass of the neutral pion is expected on general grounds [11] to be of the order  $a^2\Lambda_{\text{QCD}}^4$ , whereas the leading additive corrections to the squared mass of the charged pion are [12, 13, 4] only of order  $a^4\Lambda_{\text{QCD}}^6$  and  $a^2\mu_q\Lambda_{\text{QCD}}^3$  ( $\mu_q$  denotes the bare quark mass). The neutral vs. charged pion (squared) mass splitting,  $\Delta m_\pi^2|_L^{\text{Mtm}} = m_{\pi^3}^2|_L - m_{\pi^\pm}^2|_L$ , in the small quark mass region is then dominated by  $\mathcal{O}(a^2\Lambda_{\text{QCD}}^4)$  terms. Numerical data (see Fig. 1 and Table 1) at two different lattice spacings and for charged pion masses below 500 MeV are indeed consistent with the expected behaviour of  $\Delta m_\pi^2|_L^{\text{Mtm}}$ , but with a large coefficient in front of the  $\mathcal{O}(a^2\Lambda_{\text{QCD}}^4)$  correction<sup>1</sup>. For instance, taking  $\Lambda_{\text{QCD}} = 250$  MeV, one finds  $\Delta m_\pi^2|_L^{\text{Mtm}} \sim -50a^2\Lambda_{\text{QCD}}^4$ .

On a more general ground, the question of the numerical size of the neutral vs. charged pion mass splitting is an important issue to assess the viability of the Mtm-LQCD approach. This is so mainly because of the established relation [12, 14] between the magnitude of the pion mass splitting and the strength of the metastabilities detected in the theory at coarse lattice spacings [15, 16, 17, 18].

One may suspect that the size of  $\Delta m_\pi^2|_L^{\text{Mtm}}$  represents the generic magnitude of the isospin breaking effects inherent in the twisted form of the action. This is not so, however. Numerical data in several other observables indicate, in fact, that in general isospin breaking artifacts are pretty small, with a relative magnitude in line with their naive order of magnitude estimate.

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<sup>1</sup>The issue of the  $N_f$  dependence of this coefficient is beyond the scope of this paper and will be discussed elsewhere.

The main purpose of this paper is to provide an explanation for this peculiar pattern of isospin breaking effects, and in particular for the fact that only the neutral vs. charged lattice pion mass splitting among all the other  $O(a^2)$  effects is large.

Relying on arguments based on the Symanzik analysis [19, 20] of lattice artifacts, we are able to identify the form of the leading  $O(a^2)$  corrections that in Mtm-LQCD affect the value of the squared mass of the neutral pseudoscalar meson. Interestingly one can give an approximate evaluation of these effects finding that they are proportional to the modulus square of the continuum matrix element of the isotriplet pseudoscalar density operator between vacuum and one-pion state. The latter is a dynamically large number determined by the mechanism of spontaneous chiral symmetry breaking.

Lattice artifacts of course also depend on the many unknown coefficients multiplying the operators occurring in the Symanzik expansion. However, the numerical evidence provided in this paper (see sect. 3) and in refs. [3, 6] about the fact that all the other so far measured observables exhibit only small lattice artifacts should be taken as a strong indication that the coefficients multiplying the (quark-mass independent) operators of the Symanzik effective Lagrangian of relevance here (operators of dimension 5 and 6) are not unnaturally large, at least in the gauge coupling regime explored up to now in ETMC simulations. Indeed, were not this the case, one would have seen large cutoff effects in some other physical observables besides the neutral pion mass.

A preliminary version of this investigation was presented some time ago in [21]. Ideas and a few results along the line of reasoning developed in this paper have been already put forward in [22, 12, 13] and in [23].

## 1.1 Plan of the paper

The plan of the paper is as follows. In sect. 2 we illustrate the nature and the structure of  $O(a^2)$  artifacts in Mtm-LQCD and how they affect charged and neutral pion masses. In sect. 3 we give numerical evidence that among the many observables recently measured by the ETM Collaboration only the pion mass splitting seems to display large cutoff effects. Conclusions can be found in sect. 4. More technical issues are discussed in Appendices. In Appendix A we review the notion and the properties of the Symanzik expansion for the description of the cutoff effects of LQCD with Wilson fermions (either maximally twisted or untwisted) and how, depending on the value of the twisting angle, its form is affected by the way the critical mass is determined. In Appendix B we give the structure of the Symanzik expansion of the two-point pseudoscalar correlator from which the formula for the  $O(a^2)$

discretization errors affecting the pion masses can be derived. Finally in the (long) Appendix C we give details on the theoretical analysis and numerical estimate of the matrix elements controlling the magnitude of certain cutoff corrections affecting neutral and charged pion masses.

## 2 Neutral and charged pion mass in Mtm-LQCD

In this section we want to describe and compare the structure of the lattice artifacts affecting the neutral and the charged pion mass in Mtm-LQCD. The key formulae yielding the  $O(a^2)$  corrections to the charged and neutral squared pion mass are immediately derived by writing down the leading correction to the pion (rest) energy induced by the  $O(a^2)$  terms of the Symanzik expansion. In Mtm-LQCD one gets ( $b = \pm, 3$ )

$$m_{\pi^b}^2|_L = m_\pi^2 + a^2 \left[ \langle \pi^b(\vec{0}) | \mathcal{L}_6^{\text{Mtm}}(0) | \pi^b(\vec{0}) \rangle \Big|_{\text{cont}} + \right. \\ \left. - \frac{1}{2} \langle \pi^b(\vec{0}) | \int d^4x \mathcal{L}_5^{\text{Mtm}}(x) \mathcal{L}_5^{\text{Mtm}}(0) | \pi^b(\vec{0}) \rangle \Big|_{\text{cont}} \right] + O(a^2 m_\pi^2, a^4), \quad (2.1)$$

where the form of  $\mathcal{L}_5^{\text{Mtm}}$  and  $\mathcal{L}_6^{\text{Mtm}}$  is detailed in Appendix A. Eq. (2.1) complies with elementary lowest order perturbation theory formulae and Lorentz covariance. For completeness in Appendix B we give another derivation of eq. (2.1) starting from the Symanzik expansion of the Fourier Transform of the two-point pseudoscalar correlator (no sum over  $b$ ),

$$\Gamma_L^b(p) = a^4 \sum_x e^{ipx} \langle P^b(x) P^b(0) \rangle \Big|_L, \quad (2.2)$$

where  $P^b = \bar{\psi} i \gamma_5 (\tau^b / 2) \psi$  and  $\tau^b$ ,  $b = 1, 2, 3$ , are the Pauli matrices.

The main conclusions of this paper are derived from the following two observations concerning the structure of eqs. (2.1).

1) The pion matrix elements  $\langle \pi^b(\vec{0}) | \mathcal{L}_6^{\text{Mtm}}(0) | \pi^b(\vec{0}) \rangle \Big|_{\text{cont}}$  are  $O(1)$  for  $b = 3$ , but only  $O(m_\pi^2)$  for  $b = \pm$  (see Appendix B), viz.

$$\langle \pi^\pm(\vec{0}) | \mathcal{L}_6^{\text{Mtm}}(0) | \pi^\pm(\vec{0}) \rangle \Big|_{\text{cont}} = O(m_\pi^2), \quad (2.3)$$

$$\zeta_\pi \equiv \langle \pi^3(\vec{0}) | \mathcal{L}_6^{\text{Mtm}}(0) | \pi^3(\vec{0}) \rangle \Big|_{\text{cont}} = O(1). \quad (2.4)$$

2) Upon use of the optimal critical mass [4], one can show (see Appendix C) that the matrix element

$$\Delta_{55}^b = -\frac{1}{2} \langle \pi^b(\vec{0}) | \int d^4x \mathcal{L}_5^{\text{Mtm}}(x) \mathcal{L}_5^{\text{Mtm}}(0) | \pi^b(\vec{0}) \rangle \Big|_{\text{cont}} \quad (2.5)$$

is parametrically of  $O(m_\pi^2)$  in the chiral limit for  $b = \pm$ , and numerically negligible (in modulus) compared to  $|\zeta_\pi|$  in the case of  $b = 3$ .

The direct consequence of these statements is that close to the chiral limit there are no additive  $O(a^2)$  terms affecting the value of the lattice charged squared pion mass. The neutral squared pion mass instead receives non-vanishing corrections at this order. In formulae one gets

$$m_{\pi^\pm}^2|_L = m_\pi^2 + a^2\Delta_{55}^\pm + O(a^2m_\pi^2, a^4) = m_\pi^2 + O(a^2m_\pi^2, a^4), \quad (2.6)$$

$$m_{\pi^3}^2|_L = m_\pi^2 + a^2[\zeta_\pi + \Delta_{55}^3] + O(a^2m_\pi^2, a^4). \quad (2.7)$$

One can also show that in  $\Delta_{55}^b$  the numerically dominant  $O(m_\pi^2)$  terms, coming from the insertion of one-pion states in (2.5), are actually independent of the isospin index  $b$ . As a result what is left in the difference  $\Delta_{55}^3 - \Delta_{55}^\pm$  is a tiny correction, so that for the pion squared mass difference we can finally write down the simple formula

$$\Delta m_\pi^2|_L^{\text{Mtm}} = m_{\pi^3}^2|_L - m_{\pi^\pm}^2|_L \simeq a^2\zeta_\pi + O(a^2m_\pi^2, a^4), \quad (2.8)$$

where the symbol  $\simeq$  is to remind that the (negligibly small)  $\Delta_{55}^3 - \Delta_{55}^\pm$  correction has been dropped.

In the rest of the paper we want to give a proof of the propositions 1) and 2) above and provide a numerical estimate of  $\Delta_{55}^{3,\pm}$  and  $\zeta_\pi$ . In this section we shall see in particular that for dynamical reasons  $\zeta_\pi$  is large compared to its natural value ( $\sim \Lambda_{\text{QCD}}^4$ ), providing in this way an explanation for the fairly big value of  $\Delta m_\pi^2|_L^{\text{Mtm}}$  measured in numerical simulations [2, 3].

The arguments leading to the eqs. (2.6)–(2.7) and the statements above are quite elaborated. To keep the line of reasoning as straight as possible, we have deferred them to Appendix B (derivation of eqs. (2.6) and (2.7)) and Appendix C (expression and estimate of  $\Delta_{55}^{3,\pm}$ ).

## 2.1 Estimating $O(a^2)$ lattice artifacts in $\Delta m_\pi^2|_L$

Relying on the results of Appendix C about the numerical irrelevance of  $\Delta_{55}^b$  (either because parametrically of  $O(m_\pi^2)$ , for  $b = \pm$ , or because numerically small, for  $b = 3$ ), we only need to evaluate  $\zeta_\pi$  in (the chiral limit of) continuum QCD in order to estimate the size of the  $O(a^2)$  artifacts in (2.7) and (2.8). This can be done under the assumption that a sufficiently accurate order of magnitude estimate of this hadronic parameter can be obtained in the vacuum saturation approximation (VSA). Quenched LQCD studies give support to the assumption that VSA works well for matrix elements of four-fermion operators between pseudoscalar states [24, 25]. It is very likely

that this remains true also in the unquenched theory. Indications in this sense are actually born out by recent studies with two or three dynamical flavours [26, 27].

### 2.1.1 The theoretical argument

The evaluation of  $\zeta_\pi$  (see eq. (2.4)) requires the estimate of the matrix elements of the operators in eq. (A.8) (rotated from the twisted to the physical quark basis) between zero three-momentum neutral pion states. This is done in two steps.

I) By the use of classical soft pion theorem's (SPT's) [28, 29] one recognizes that some operators have  $O(1)$  neutral pion matrix elements, while others vanish proportionally to  $m_\pi^2$ . The latter are those that are invariant under axial- $\tau^3$  transformations. The former are

$$\begin{aligned} & \frac{1}{4}(\bar{\psi}i\gamma_5\tau^3\psi) (\bar{\psi}i\gamma_5\tau^3\psi), & \frac{1}{4}(\bar{\psi}\psi) (\bar{\psi}\psi), \\ & \frac{1}{4}(\bar{\psi}\tau^3\psi) (\bar{\psi}\tau^3\psi), & \frac{1}{4}(\bar{\psi}i\gamma_5\psi) (\bar{\psi}i\gamma_5\psi), \\ & \frac{1}{4}(\bar{\psi}\sigma_{\mu\nu}\tau^3\psi) (\bar{\psi}\sigma_{\mu\nu}\tau^3\psi), & \frac{1}{4}(\bar{\psi}\sigma_{\mu\nu}i\gamma_5\psi) (\bar{\psi}\sigma_{\mu\nu}i\gamma_5\psi), \\ & \frac{1}{4}(\bar{\psi}\gamma_\mu\gamma_5\tau^1\psi) (\bar{\psi}\gamma_\mu\gamma_5\tau^1\psi), & \frac{1}{4}(\bar{\psi}\gamma_\mu\tau^2\psi) (\bar{\psi}\gamma_\mu\tau^2\psi), \\ & \frac{1}{4}(\bar{\psi}\gamma_\mu\gamma_5\tau^2\psi) (\bar{\psi}\gamma_\mu\gamma_5\tau^2\psi), & \frac{1}{4}(\bar{\psi}\gamma_\mu\tau^1\psi) (\bar{\psi}\gamma_\mu\tau^1\psi). \end{aligned} \quad (2.9)$$

The operators (2.9) are obtained from those of eq. (A.9) after use of the chiral rotation (A.2). We note that SPT's relate through the trivial numerical factor  $-1$  the matrix elements between neutral single-pion states of the two operators in each line <sup>2</sup>. Not surprisingly this remark implies that  $\zeta_\pi$  would vanish if we were to deal with an exactly chiral invariant lattice formulation. In fact, such a formulation would be described by a Symanzik effective Lagrangian where the two operators in each line of the list (2.9), being related by a chiral transformation, would necessarily appear with identical coefficients.

II) In VSA one can give an estimate of the value of  $\zeta_\pi$  (eq. (2.4)) as follows. First of all, one has to rewrite the matrix elements of the operators (2.9) between zero-momentum neutral pion states in the form that is obtained reducing external pions by the use of SPT's <sup>3</sup>. In this way one

<sup>2</sup>For the reader convenience we recall that SPT's amount to the relation  $if_\pi\langle\alpha + \pi^b(\vec{0})|O^c|\beta\rangle = \langle\alpha|[Q_A^b, O^c]|\beta\rangle$ , where  $Q_A^b$  is the axial charge with isospin index  $b$ . External states must carry isospin indices such that the two matrix elements are not trivially vanishing. We also note the crossing symmetry relation  $\langle\alpha + \pi^b(\vec{0})|O^c|\beta\rangle = \langle\alpha|O^c|\beta + \pi^b(\vec{0})\rangle$ . For an introduction to SPT's and a more detailed discussion (including limitations in their use if intermediate states with the quantum numbers of  $O^c|\alpha\rangle$ , or  $O^c|\beta\rangle$  happen to be degenerate in energy with the states  $|\alpha\rangle$  or  $|\beta\rangle$ ) see e.g. [30], sect. IV-5, and references therein.

<sup>3</sup>In doing so we are enforcing consistency with SPT's in using VSA-based estimates of the matrix elements of the operators (2.9). This step is necessary because it is not guaranteed that VSA estimates comply with SPT relations.

checks that only the pion matrix elements of the two operators in the first line of the list (2.9) are not vanishing in VSA. Their actual contribution to  $\zeta_\pi$  depends of course on the magnitude of the Symanzik coefficients (dimensionless functions of the bare gauge coupling) by which the two operators are multiplied in the expression of  $\mathcal{L}_6^{\text{Mtm}}$ . In the gauge coupling regime of interest for large volume simulations of Mtm-LQCD, these coefficients are expected to be  $\mathcal{O}(1)$  quantities, but their value (and sign) is otherwise unknown. We must thus limit ourselves to an order of magnitude estimate of  $|\zeta_\pi|$  for which, relying on the line of reasoning outlined above, we write

$$|\zeta_\pi| \stackrel{\text{VSA}}{\simeq} \frac{2\hat{\Sigma}^2}{f_\pi^2} \simeq 2\hat{G}_\pi^2, \quad (2.10)$$

where  $f_\pi \simeq 92.4$  MeV. The quantities  $\hat{\Sigma}$  and  $\hat{G}_\pi$  denote the continuum renormalized chiral condensate and the vacuum-to-pion matrix element of the pseudoscalar density, with

$$G_\pi = \langle \Omega | P^b | \pi^b(\vec{0}) \rangle \Big|_{\text{cont}}, \quad P^b = \bar{\psi} \frac{i}{2} \gamma_5 \tau^b \psi, \quad (2.11)$$

$$\Sigma = \langle \Omega | \frac{1}{2} S^0 | \Omega \rangle \Big|_{\text{cont}}, \quad S^0 = \bar{\psi} \psi. \quad (2.12)$$

The first relation, as explicitly indicated, comes from a direct use of SPT's and vacuum insertion. The second holds up to  $\mathcal{O}(m_\pi^2)$  corrections and comes from combining the Gell-Mann–Oakes–Renner formula [31]

$$2\hat{\mu}_q \hat{\Sigma} = f_\pi^2 m_\pi^2 + \mathcal{O}(m_\pi^4) \quad (2.13)$$

with the continuum Ward–Takahashi identity (WTI)

$$2\hat{\mu}_q \hat{G}_\pi = f_\pi m_\pi^2. \quad (2.14)$$

We conclude this subsection by stressing that sign of  $\zeta_\pi$ , which, as we said, depends on the operator coefficients in  $\mathcal{L}_6^{\text{Mtm}}$ , is not predicted by our arguments and is to be learned from numerical simulation experience.

### 2.1.2 Numerics for eq. (2.10)

A numerical evaluation of  $\hat{G}_\pi$ , or equivalently of  $\hat{\Sigma}/f_\pi$ , can be obtained in various ways, i.e. either exploiting the direct lattice measurement of  $\hat{G}_\pi$  or by using (at the physical pion point) the continuum WTI (2.14).

I) The direct lattice measurements of  $\hat{G}_\pi$  carried out in ref. [2, 3, 9] at different lattice resolutions give in the continuum and chiral limit

$$\hat{G}_\pi(\overline{MS}, 2 \text{ GeV}) \sim (490 \text{ MeV})^2, \quad [-\hat{\Sigma}(\overline{MS}, 2 \text{ GeV})]^{1/3} \sim 275 \text{ MeV} \quad (2.15)$$

with a total error on  $\hat{G}_\pi$  not larger than 5%. In order to arrive at these numbers the renormalization constant of the operator  $P^b$ , computed in the RI-MOM scheme [32] and converted to the  $\overline{MS}$  scheme, was employed [33].

II) A second, independent determination of  $\hat{G}_\pi$  can be obtained by making reference to only continuum quantities if eq. (2.14) and the PDG [34] estimate  $\hat{\mu}_q(\overline{MS}, 2 \text{ GeV}) = [(\hat{m}_u + \hat{m}_d)/2](\overline{MS}, 2 \text{ GeV}) \sim 3.8 \text{ MeV}$  are used. In this way one gets at the physical pion mass

$$\hat{G}_\pi(\overline{MS}, 2 \text{ GeV}) \sim (470 \text{ MeV})^2. \quad (2.16)$$

Taking into account the small error in the extrapolation from the chiral point to the physical pion and the uncertainty on the light quark mass value, we see that the two estimates of  $\hat{G}_\pi$  are in very good agreement with each other.

The conclusion of this analysis is that numerically the estimate (2.8) of the neutral to charged squared mass shift is substantially larger than its natural size,  $a^2 \Lambda_{\text{QCD}}^4$ , by a factor (see eqs. (2.10), (2.15) and (2.16)) of the order of  $2\hat{G}_\pi^2/\Lambda_{\text{QCD}}^4 \sim 25 \div 30$ .

## 2.2 Numerical results for $\Delta m_\pi^2|_L$

In this section we wish to summarize the simulation results for  $\Delta m_\pi^2|_L$  that have been obtained from  $N_f = 2$  ETMC ensembles at two different lattice resolutions,  $a^{-1} \simeq 2.3 \text{ GeV}$  and  $a^{-1} \simeq 2.8 \text{ GeV}$  (corresponding to  $\beta = 3.9$  and  $\beta = 4.05$ , respectively (see sect. C.3.2 and Table 2 for details), and compare them with the number expected on the basis of eq. (2.10) for  $\zeta_\pi$  as well as with the estimate of  $\Delta_{55}^3 - \Delta_{55}^\pm$  derived in Appendix C (see eq. (C.26)).

In Fig. 1 we display the lattice results for  $(r_0/a)^2 r_0^2 \Delta m_\pi^2|_L$  vs.  $r_0^2 m_{\pi^\pm}^2|_L$  for the six gauge configuration ensembles specified in Table 2. The factor of  $(r_0/a)^2$  in the vertical axis has been inserted <sup>4</sup> to be able to combine together data from  $\beta = 3.9$  and  $\beta = 4.05$ , thus giving an impression of the quality of the scaling behaviour of  $\Delta m_\pi^2|_L$ . In the same figure we also report the value of  $r_0^4 \zeta_\pi$  (shaded square), which from eqs. (2.10), (2.15), (2.16) and  $r_0 \simeq 0.44 \text{ fm}$  is computed to be <sup>5</sup>

$$r_0^4 \zeta_\pi \sim -(2.4 \div 2.8) \quad @ \mu_q = 0. \quad (2.17)$$

The uncertainty in (2.17), which is dominated by the approximations in the theoretical arguments given in sect. 2.1.1, corresponds to the size of the

<sup>4</sup>According to ref. [3], we use  $r_0/a = 5.22(2)$  at  $\beta = 3.9$  and  $r_0/a = 6.61(3)$  at  $\beta = 4.05$ .

<sup>5</sup>The sign of  $\zeta_\pi$ , which appears in eq. (2.17) has been inferred from the numerical evidence that  $m_{\pi^3} < m_{\pi^\pm}$ .



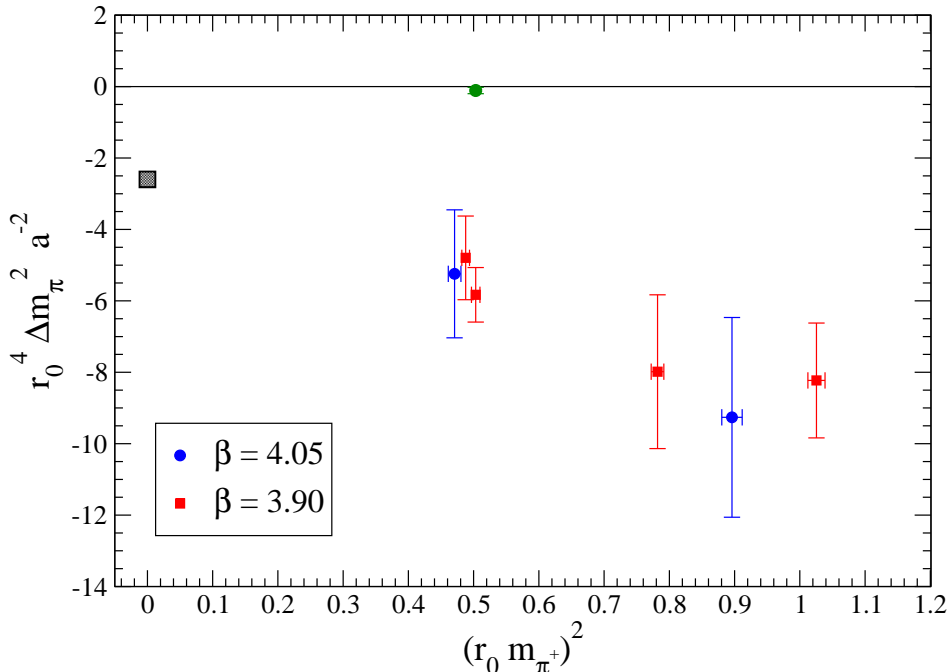


Figure 1: Data for  $(r_0/a)^2 r_0^2 \Delta m_{\pi^2}|_L$  vs.  $r_0^2 m_{\pi^{\pm}}^2|_L$  are compared with the estimate of  $r_0^4 \zeta_{\pi}$  (shaded square) and  $r_0^4 (\Delta_{55}^3 - \Delta_{55}^{\pm})$  (green dot).

symbol used in the figure. Finally the green dot in Fig. 1 represents the result of the estimate (C.26) we give of  $\Delta_{55}^3 - \Delta_{55}^{\pm}$  expressed in  $r_0$ -units, yielding

$$r_0^4 (\Delta_{55}^3 - \Delta_{55}^{\pm}) = -0.10 \pm 0.06 \pm 0.03, \quad (2.18)$$

where the first error is essentially statistical and stems from the evaluation of  $\xi_{\pi}$  in eq. (C.54) and the second is the systematic uncertainty reflecting the approximations involved in the way we parametrize (sect. C.1) and evaluate (sect. C.2) the quantity  $\Delta_{55}^3 - \Delta_{55}^{\pm}$ .

We see from Fig. 1 that within statistical errors (mainly coming from the noisy quark-disconnected diagrams entering the calculation of  $m_{\pi^3}$ ) the available data for  $\Delta m_{\pi^2}|_L$  show the expected scaling behaviour with the lattice spacing. The quark mass dependence of  $(r_0/a)^2 r_0^2 \Delta m_{\pi^2}|_L$  turns out to be of reasonable magnitude and not inconsistent with our theoretical estimate (2.17) within the large uncertainty affecting  $(d\Delta m_{\pi^2}/d\hat{\mu}_q)|_L$  (from the plotted data one finds  $(d\Delta m_{\pi^2}/d\hat{\mu}_q)|_L \sim 300 \div 900$  MeV at  $\beta = 3.9$ ).

The estimated value of  $r_0^4(\Delta_{55}^3 - \Delta_{55}^\pm)$  with its error (see eq. (2.18)) is (in modulus) much smaller than the observed pion (squared) mass splitting, and also about twenty times smaller than  $r_0^4|\zeta_\pi|$ . We thus conclude that the dominant contribution to  $\Delta m_\pi^2|_L$  comes from the  $a^2\zeta_\pi$  correction, as announced.

### 3 $O(a^2)$ isospin violating effects in Mtm-LQCD

In this section we want to provide numerical evidence of the fact that in Mtm-LQCD simulations  $O(a^2)$  isospin breaking effects are negligible in all the physical quantities measured up to now by the ETM Collaboration, with the exception of the neutral pion mass.

In Table 1 we report the relative difference of pseudoscalar meson squared masses and decay constants between neutral and charged particles for pseudoscalar and vector mesons, as well as the relative splitting between the masses of  $\Delta^+$  and  $\Delta^{++}$  baryons. Most of these data already appeared in the conference contributions of ref. [3] and in ref. [6].

We refer to [7] for a detailed description of the techniques used to compute correlators, extract physical observables and perform the necessary error analysis. The results presented in this paper are based on the configurations generated by the ETM Collaboration using the formulation of lattice QCD at maximal twist (with  $c_{\text{SW}} = 0$  [35]) and tree-level Symanzik improved gluon action. We show data coming from  $\beta = 3.9$  [2] and  $\beta = 4.05$  [3, 6] simulations at two, roughly matched (in physical units) values of the twisted mass parameter  $\mu_q$  for each  $\beta$ . Again we stress that the computation of the mass and decay constant of neutral (pseudoscalar and vector) mesons involves the evaluation of quark-disconnected diagrams, which is the reason for the relatively larger errors affecting these quantities. In the case of  $\Delta$ -baryon masses (where no computation of quark-disconnected diagrams is required) we give results at four values of  $\mu_q$  for  $\beta = 3.9$  and  $\beta = 4.05$ .

We quote in Table 1 the relative isospin splitting,  $R_s$ , measured between the observables  $\mathcal{O}$  and  $\mathcal{O}'$ , namely

$$R_s[\mathcal{O}] = \frac{\mathcal{O} - \mathcal{O}'}{\mathcal{O}}, \quad (3.1)$$

with  $\mathcal{O}$  ( $\mathcal{O}'$ ) denoting the quantity in the charged (neutral) sector in the case of meson data and the  $\Delta^{+,0}$ -mass ( $\Delta^{+,-}$ -mass) in the case of nucleons. We recall that, owing to the invariance of the Mtm-LQCD action under parity and  $u \leftrightarrow d$  flavour exchange,  $\Delta^+$  and  $\Delta^0$  baryons, as well as  $\Delta^{++}$  and the  $\Delta^-$ , are exactly mass-degenerate.

It should also be remarked that to calculate  $R_s[\mathcal{O}]$  in the cases of the pseudoscalar and vector (isotriplet) meson decay constants use has been made of the appropriate renormalization constants ( $Z_A$  and  $Z_V$ <sup>6</sup>) which were taken from ref. [33]. The expressions of the pseudoscalar and vector meson decay constants in the physical quark basis read (no sum over  $b$ )

$$f_{\text{PS}^b} = \frac{1}{m_{\text{PS}^b}} \langle \Omega | (\bar{\psi} \gamma_0 \gamma_5 \frac{1}{2} \tau^b \psi)_R | \text{PS}^b \rangle, \quad b = \pm, 3, \quad (3.4)$$

$$f_{\text{V}^b} = \frac{1}{m_{\text{V}^b}} \langle \Omega | (\bar{\psi} \gamma_k \frac{1}{2} \tau^b \psi)_R | \text{V}^b \rangle, \quad b = \pm, 3, \quad (3.5)$$

where the suffix  $R$  denotes renormalized operators and  $k$  is a spatial index<sup>7</sup>. Preliminary results on  $f_{\text{V}^b}$  have appeared in [27].

The striking conclusion which emerges looking at Table 1 is that among the many relative splittings reported there we observe a large and statistically significant value of  $R_s$  *only* when pion masses are compared. For all other observables the splitting is consistent with zero within the quoted errors.

## 4 Concluding remarks

In this paper we have proposed a theoretical explanation for the size of the  $\mathcal{O}(a^2)$  flavour violating cutoff effects responsible for the large splitting between neutral ( $m_{\pi^3}$ ) and charged ( $m_{\pi^\pm}$ ) pion mass seen in recent Mtm-LQCD dynamical simulations [2]. We have identified the origin of the additive  $\mathcal{O}(a^2)$  cutoff effects appearing in  $m_{\pi^3}^2$ , which are absent in  $m_{\pi^\pm}^2$  as the latter has discretization errors only of order  $a^2 \mu_q$ ,  $a^4$  and higher. The magnitude of the  $\mathcal{O}(a^2)$  lattice artifacts in the neutral pion mass is controlled, in the language of the Symanzik expansion, by the continuum matrix element  $\langle \pi^3(\vec{0}) | [\mathcal{L}_6^{\text{Mtm}}(0) - (1/2) \int d^4x \mathcal{L}_5^{\text{Mtm}}(x) \mathcal{L}_5^{\text{Mtm}}(0)] | \pi^3(\vec{0}) \rangle_{\text{cont}}$ , which, if Mtm-LQCD is defined via the optimal critical mass estimate, is numerically

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<sup>6</sup>We recall that  $Z_A$  and  $Z_V$  are the renormalization constants of the  $\chi$ -basis bare operators  $\bar{\chi} \gamma_\mu \gamma_5 \tau^b \chi$  and  $\bar{\chi} \gamma_\mu \tau^b \chi$ , respectively. For the reader convenience we also report the renormalization rules for the currents in Mtm-LQCD [11, 33] in the physical basis. For the charged ( $b = \pm$ ) axial and vector currents they read

$$(\bar{\psi} \gamma_\mu \gamma_5 \tau^\pm \psi)_R = Z_V \bar{\psi} \gamma_\mu \gamma_5 \tau^\pm \psi, \quad (\bar{\psi} \gamma_\mu \tau^\pm \psi)_R = Z_A \bar{\psi} \gamma_\mu \tau^\pm \psi, \quad (3.2)$$

while for their neutral ( $b = 3$ ) counterparts one has

$$(\bar{\psi} \gamma_\mu \gamma_5 \tau^3 \psi)_R = Z_A \bar{\psi} \gamma_\mu \gamma_5 \tau^3 \psi, \quad (\bar{\psi} \gamma_\mu \tau^3 \psi)_R = Z_V \bar{\psi} \gamma_\mu \tau^3 \psi. \quad (3.3)$$

<sup>7</sup>To be consistent with the  $\text{H}(4)$  invariance of the meson correlators the matrix elements involving charged ( $b = \pm$ ) or neutral ( $b = 3$ ) mesons are normalized in eqs. (3.4) and (3.5) with the corresponding charged or neutral meson mass.

dominated by  $\zeta_\pi = \langle \pi^3(\vec{0}) | \mathcal{L}_6^{\text{Mtm}} | \pi^3(\vec{0}) \rangle |_{\text{cont}}$ . In the vacuum saturation approximation one gets the theoretical estimate  $|\zeta_\pi| \sim 2\hat{G}_\pi^2 \sim (560 \div 580 \text{ MeV})^4$ , up to an unknown multiplicative factor depending on the details of the lattice action and the number of dynamical quark flavours (actually one can argue that this coefficient grows linearly with  $N_f$ ).

We have shown that numerical simulations of Mtm-LQCD with  $N_f = 2$  light dynamical quarks yield values of  $(r_0/a^2)^2 r_0^2 \Delta m_\pi^2|_L$  with negative sign and a magnitude that is in line with the above theoretical estimate. We have also provided evidence that among the many physical quantities recently measured in numerical simulations only the neutral pion mass appears to be affected by large flavour-breaking discretization errors.

Given the independence on the twist angle of the Symanzik effective action in the limit of vanishing quark mass, these results may have a bearing also on LQCD simulations employing standard (i.e. untwisted) Wilson fermions. Indeed also in this formulation  $O(a^2)$  cutoff effects of the same nature as those observed in Mtm-LQCD are expected to be present. In particular a formula completely analogous to eq. (2.1) holds true for the squared pion mass. Typically these  $O(a^2)$  cutoff effects are reabsorbed in the definition of the current quark mass (which by construction vanishes simultaneously with the pion mass) and thus in the corresponding definition of the critical mass. The consequences of this way of proceeding are in principle detectable in the form of  $O(a^2)$  cutoff effects in the masses of all the other hadrons and, more generally, in all the quantities that have a non-negligibly small dependence on the quark mass. Actually, in what observables exactly they will appear depends on the precise way the critical mass happens to have been determined (see the analysis in Appendix A).

## Appendix A - Symanzik expansion and critical mass in LQCD with Wilson fermions

We consider  $N_f = 2$  LQCD with quarks regularized as Wilson fermions. For generic values of the bare (twisted,  $\mu_q$ , and untwisted,  $m_0$ ) mass parameters the lattice action reads <sup>8</sup>

$$S_L = S_L^{\text{YM}} + \bar{\chi} \left[ \gamma \cdot \tilde{\nabla} - \frac{a}{2} \nabla^* \nabla + c_{\text{SW}} \frac{ia}{4} \sigma \cdot F + m_0 + i\mu_q \gamma_5 \tau^3 \right] \chi, \quad (\text{A.1})$$

where  $\tilde{\nabla}_\mu = \frac{1}{2}[\nabla_\mu + \nabla_\mu^*]$ , with  $\nabla_\mu$  ( $\nabla_\mu^*$ ) the forward (backward) gauge covariant lattice derivative. For the sake of generality we have also allowed for

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<sup>8</sup>We adopt the conventions and notations of refs. [11, 36, 37]. In particular the quark fields in the “physical” and “twisted” basis will be denoted by  $\psi, \bar{\psi}$  and  $\chi, \bar{\chi}$ , respectively.

the presence of the clover term. We are especially interested in two specific regularizations of the Dirac-Wilson action comprised in (A.1).

The first is the Mtm-LQCD regularization which is obtained from (A.1) by setting  $\mu_q = O(a^0)$  and  $m_0 = M_{\text{cr}}^e$ , where  $M_{\text{cr}}^e$  is some estimate of the critical mass. The physical interpretation of this scheme is most transparent in the quark basis resulting from the field transformation

$$\psi = \exp(i\pi\gamma_5\tau^3/4)\chi, \quad \bar{\psi} = \bar{\chi} \exp(i\pi\gamma_5\tau^3/4), \quad (\text{A.2})$$

where the lattice action takes the form

$$S_L^{\text{Mtm}} = S_L^{\text{YM}} + \bar{\psi} \left[ \gamma \cdot \widetilde{\nabla} - i\gamma_5\tau^3 \left( -\frac{a}{2} \nabla^* \nabla + c_{\text{SW}} \frac{ia}{4} \sigma \cdot F + M_{\text{cr}}^e \right) + \mu_q \right] \psi. (\text{A.3})$$

This quark basis is referred to as the ‘‘physical’’ basis, because the quark mass term takes the form  $\mu_q \bar{\psi} \psi$  with  $\mu_q$  real [11].

The second is the (clover) standard Wilson fermion action,  $S_L^{\text{cl}}$ , which is obtained by setting  $\mu_q = 0$  and  $m_0 = m + M_{\text{cr}}^e$  with  $m$  an  $O(a^0)$  quantity. With this choice the most appropriate basis for discussing physics is the  $\chi$ -basis itself in which eq. (A.1) was written in the first place.

### A.1 Symanzik expansion of Wilson fermion LQCD

The Symanzik effective Lagrangian associated to the Wilson action (A.1) reads

$$\mathcal{L}_{\text{Sym}} = \mathcal{L}_4 + \delta\mathcal{L}_{\text{Sym}}, \quad (\text{A.4})$$

$$\mathcal{L}_4 = \mathcal{L}^{\text{YM}} + \bar{\chi} [\not{D} + m + i\gamma_5\tau^3 \mu_q] \chi, \quad (\text{A.5})$$

$$\delta\mathcal{L}_{\text{Sym}} = a\mathcal{L}_5 + a^2\mathcal{L}_6 + O(a^3), \quad (\text{A.6})$$

where the four-dimensional operator,  $\mathcal{L}_4$ , specifies the formal target theory in which continuum correlators are evaluated. The very definition of effective action (all the necessary logarithmic factors are understood) as a tool to describe the  $a$  dependence of lattice correlators implies that the mass parameters in  $\mathcal{L}_4$ , if not exactly vanishing, must be  $O(a^0)$  quantities. Thus all the lattice artifacts affecting  $M_{\text{cr}}^e$  will be described by higher dimensional operators in  $\delta\mathcal{L}_{\text{Sym}}$  of the form  $a^k \delta_k \Lambda_{\text{QCD}}^{k+1} \bar{\chi} \chi$ ,  $k \geq 1$ , with  $\delta_k$  dimensionless coefficients, which are functions of the gauge coupling.

After using the equations of motion entailed by  $\mathcal{L}_4$ , the  $O(a)$  piece of  $\delta\mathcal{L}_{\text{Sym}}$  reads [20, 4]

$$\mathcal{L}_5 = b_{5,\text{SW}} \bar{\chi} i\sigma \cdot F \chi + \delta_1 \Lambda_{\text{QCD}}^2 \bar{\chi} \chi + O(m, \mu_q). \quad (\text{A.7})$$

The terms multiplied by powers of  $m$  and/or  $\mu_q$  are not specified in eq. (A.7) as they are not of relevance for the topic discussed in this paper. We recall that the coefficients  $b_{5;\text{SW}}$  and  $\delta_1$  vanish if  $c_{\text{SW}}$  in eq. (A.1) is set to the value appropriate for Symanzik  $\mathcal{O}(a)$  improvement.

The  $\mathcal{O}(a^2)$  part of  $\delta\mathcal{L}_{\text{Sym}}$  has a more complicated expression, of the type

$$\mathcal{L}_6 = \sum_{i=1}^3 b_{6;i} \Phi_{6;i}^{\text{glue}} + b_{6;4} \bar{\chi} \gamma_\mu (D_\mu)^3 \chi + \sum_{i=5}^{14} b_{6;i} \Phi_{6;i} + \delta_2 \Lambda_{\text{QCD}}^3 \bar{\chi} \chi + \mathcal{O}(m, \mu_q), \quad (\text{A.8})$$

where the first three operators are purely gluonic, the fourth is a non-Lorentz invariant fermionic bilinear and the remaining ones are four-fermion operators, which we choose to write in the form (equivalence with the list in [35] can be proved by using Fierz rearrangement)

$$\begin{aligned} \Phi_{6;5} &= \frac{1}{4} (\bar{\chi} \chi) (\bar{\chi} \chi), & \Phi_{6;6} &= \frac{1}{4} \sum_b (\bar{\chi} \tau^b \chi) (\bar{\chi} \tau^b \chi), \\ \Phi_{6;7} &= \frac{1}{4} (\bar{\chi} i \gamma_5 \chi) (\bar{\chi} \gamma_5 \chi), & \Phi_{6;8} &= \frac{1}{4} \sum_b (\bar{\chi} i \gamma_5 \tau^b \chi) (\bar{\chi} \gamma_5 \tau^b \chi), \\ \Phi_{6;9} &= \frac{1}{4} (\bar{\chi} \gamma_\lambda \chi) (\bar{\chi} \gamma_\lambda \chi), & \Phi_{6;10} &= \frac{1}{4} \sum_b (\bar{\chi} \gamma_\lambda \tau^b \chi) (\bar{\chi} \gamma_\lambda \tau^b \chi), \\ \Phi_{6;11} &= \frac{1}{4} (\bar{\chi} \gamma_\lambda \gamma_5 \chi) (\bar{\chi} \gamma_\lambda \gamma_5 \chi), & \Phi_{6;12} &= \frac{1}{4} \sum_b (\bar{\chi} \gamma_\lambda \gamma_5 \tau^b \chi) (\bar{\chi} \gamma_\lambda \gamma_5 \tau^b \chi), \\ \Phi_{6;13} &= \frac{1}{4} (\bar{\chi} \sigma_{\lambda\nu} \chi) (\bar{\chi} \sigma_{\lambda\nu} \chi), & \Phi_{6;14} &= \frac{1}{4} \sum_b (\bar{\chi} \sigma_{\lambda\nu} \tau^b \chi) (\bar{\chi} \sigma_{\lambda\nu} \tau^b \chi). \end{aligned} \quad (\text{A.9})$$

In closing this section it is important to note that the form of the Symanzik effective Lagrangian enjoys some interesting degree of universality in the sense that formally its zero mass limit ( $m_0 - M_{\text{cr}}^e = \mu_q = 0$ ) only depends on discretization details, like the form of the gauge action, the specific expression of the lattice derivatives, or the value of  $c_{\text{SW}}$ , but not on whether one shall be eventually dealing with standard or twisted Wilson fermions.

When quark mass terms are switched on, the QCD vacuum gets polarized driving spontaneous chiral symmetry breaking. The information about spontaneous chiral symmetry breaking effects is embodied in the Symanzik analysis by assigning to the continuum correlators in the expansion appropriate values consistent with the residual exact symmetries of the target QCD theory. In this way the relative ‘‘orientation’’ of the quark mass term with respect to the explicitly chirally breaking terms of the Symanzik low energy Lagrangian (describing the effects of the Wilson term present in the lattice action) becomes crucial for determining the size and the order in  $a$  of cutoff artifacts in correlation functions [11, 4].

## A.2 Critical mass in Wilson fermion LQCD

Both in the case of standard ( $\mu_q = 0$ ) and twisted mass ( $\mu_q = \mathcal{O}(a^0)$ ) Wilson fermions the critical mass is taken as the value of  $m_0$  at which the PCAC mass vanishes. It is, however, useful to examine separately the two cases, since

the resulting structure of lattice artifacts affecting these two determinations of the critical mass will be significantly different, as alluded to at the end of the previous section.

### A.2.1 Critical mass in twisted-mass LQCD

In twisted-mass LQCD the condition (which we write in the physical  $\psi$ -basis (A.2))

$$a^3 \sum_{\vec{x}} \langle (\bar{\psi} \gamma_0 \tau^2 \psi)(\vec{x}, t) (\bar{\psi} \gamma_5 \tau^1 \psi)(0) \rangle \Big|_L = 0 \quad (\text{A.10})$$

leads to a determination of the critical mass which is “optimal” ( $M_{\text{cr}}^{\text{opt}}$ ) in the sense that with this choice all the leading chirally enhanced cutoff effects (i.e. those of relative order  $(a/\mu_q)^{2k}$ ,  $k = 1, 2, \dots$  with respect to the dominant term in the  $a \rightarrow 0$  limit) are eliminated from lattice correlators [4].

In the spirit of the Symanzik expansion the condition (A.10) must be viewed as a relation holding true parametrically for generic values of  $a$  (and  $\mu_q$ ). As a consequence it is equivalent to an infinite set of equations, where each equation results from the vanishing of the coefficient of the term proportional to  $a^k$ ,  $k = 0, 1, 2, \dots$ , in the expansion of the l.h.s. of (A.10)<sup>9</sup>.

That the condition (A.10) yields an acceptable estimate of the critical mass can be inferred from the observation that the first of these equations (the one which corresponds to the vanishing of the  $a^0$  term) is nothing but the continuum relation

$$\int d^3x \langle (\bar{\psi} \gamma_0 \tau^2 \psi)(\vec{x}, t) (\bar{\psi} \gamma_5 \tau^1 \psi)(0) \rangle \Big|_{\text{cont}} = 0, \quad (\text{A.11})$$

by which restoration of parity and isospin is enforced in the lattice theory. This means that, if (the  $O(a^0)$  term in)  $m_0$  is chosen so as to fulfill eq. (A.10), then we will simultaneously have  $m = 0$  in eq. (A.5) and the identification on the lattice of the operator  $\bar{\psi} \gamma_0 \tau^2 \psi$  with the time component of the vector current,  $V_0^2$ . At this point to more clearly understand the further implications of eq. (A.10), it is convenient to explicitly write down the first few terms of its Symanzik expansion for which one gets

$$\begin{aligned} 0 &= -a \int d^3x \int d^4y \langle \mathcal{L}_5^{\text{Mtm}}(y) V_0^2(x) P^1(0) \rangle \Big|_{\text{cont}} \\ &+ a \int d^3x \langle [\Delta_1 V_0^2(x) P^1(0) + V_0^2(x) \Delta_1 P^1(0)] \rangle \Big|_{\text{cont}} \end{aligned}$$

---

<sup>9</sup>The practical problems in determining  $m_0$  from (A.10), which are related to subtleties associated to the exchange of continuum ( $a \rightarrow 0$ ) and chiral ( $\mu_q \rightarrow 0$ ) limit and to the possible limitations of the validity of the Symanzik expansion of the correlator (A.10), have been discussed at length in refs. [4, 38] and will not be repeated here.

$$\begin{aligned}
& - a^2 \int d^3x \int d^4y \langle \mathcal{L}_6^{\text{Mtm}}(y) V_0^2(x) P^1(0) \rangle \Big|_{\text{cont}} \\
& + a^2 \int d^3x \langle [\Delta_2 V_0^2(x) P^1(0) + V_0^2(x) \Delta_2 P^1(0)] \rangle \Big|_{\text{cont}} + \mathcal{O}(a^3). \quad (\text{A.12})
\end{aligned}$$

Eq. (A.12) has been written under the assumption that the  $\mathcal{O}(a^0)$  piece of  $m_0$  has been chosen so that condition (A.11) is fulfilled. As a consequence (see eq. (A.7))  $\mathcal{L}_5^{\text{Mtm}}$  is a parity-odd and flavour breaking operator of the form

$$\mathcal{L}_5^{\text{Mtm}} = b_{5;SW} \bar{\psi} \gamma_5 \tau^3 \sigma \cdot F \psi - \delta_1 \Lambda_{\text{QCD}}^2 \bar{\psi} i \gamma_5 \tau^3 \psi + \mathcal{O}(\mu_q), \quad (\text{A.13})$$

while  $\mathcal{L}_6^{\text{Mtm}}$  (see eq. (A.8)) can be split into the sum of two contributions

$$\mathcal{L}_6^{\text{Mtm}} = \mathcal{L}_6^{\text{P-even}} - \delta_2 \Lambda_{\text{QCD}}^3 \bar{\psi} i \gamma_5 \tau^3 \psi + \mathcal{O}(\mu_q), \quad (\text{A.14})$$

with  $\mathcal{L}_6^{\text{P-even}}$  a parity-even operator. With the notation  $\Delta_j O$  in eq. (A.12) we indicate the operators of dimension  $d_O + j$  that correct to  $\mathcal{O}(a^j)$  the (local) operator  $O$ . Their parity is equal to  $(-1)^j$  times the parity of  $O$  (see Appendix in [4]). We explicitly remark that in eq. (A.12) we have omitted the  $\mathcal{O}(a^2)$  terms with two integrated insertions of  $\mathcal{L}_5^{\text{Mtm}}$  and the associated contact terms, because they all vanish by continuum parity. Finally for the purpose of the present argument we have ignored operators having coefficients proportional to  $\mu_q$ .

At  $\mathcal{O}(a)$  the condition implied by eq. (A.12) reduces to [4]

$$\begin{aligned}
0 & = \int d^3x \int d^4y \langle [b_{5;SW} \bar{\psi} \gamma_5 \tau^3 \sigma \cdot F \psi \\
& - \delta_1 \Lambda_{\text{QCD}}^2 \bar{\psi} i \gamma_5 \tau^3 \psi](y) V_0^2(x) P^1(0) \rangle \Big|_{\text{cont}} + \mathcal{O}(\mu_q), \quad (\text{A.15})
\end{aligned}$$

since the first term in the second line of eq. (A.12) gives a vanishing contribution to eq. (A.15) in the chiral limit and there are no  $\mathcal{O}(a)$  operator corrections to  $P^1$  (i.e.  $\Delta_1 P^1 = 0$ ).

In the chiral regime, where intermediate pion states dominate, one recognizes that eq. (A.15) leads to the condition which determines the  $\mathcal{O}(a)$  piece of the optimal critical mass. We recall that with the definition

$$\xi_\pi = \xi_\pi(\mu_q) = \langle \Omega | \sum_{\ell=0}^{\infty} a^{2\ell} \mathcal{L}_{2\ell+5}^{\text{Mtm}} | \pi^3(\vec{0}) \rangle \Big|_{\text{cont}}, \quad (\text{A.16})$$

which to leading order in  $a$  reads  $\xi_\pi \simeq \langle \Omega | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \rangle \Big|_{\text{cont}}$ , eq. (A.15) becomes, in the chiral regime  $\mu_q \ll \Lambda_{\text{QCD}}$ , the constraint [4]

$$\xi_\pi = \langle \Omega | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \rangle \Big|_{\text{cont}} + \mathcal{O}(a^2) = \mathcal{O}(\mu_q) + \mathcal{O}(a^2), \quad (\text{A.17})$$



which again should be looked at as an infinite set of equations, one for each power of  $a$ , with the leading one fixing  $\delta_1$  in terms of  $b_{5;SW}$ .

At  $O(a^2)$  since by continuum parity invariance one can derive the equation

$$\int d^3x \int d^4y \langle \mathcal{L}_6^{\text{P-even}}(y) V_0^2(x) P^1(0) \rangle \Big|_{\text{cont}} = 0, \quad (\text{A.18})$$

$$\int d^3x \langle [\Delta_2 V_0^2(x) P^1(0) + V_0^2(x) \Delta_2 P^1(0)] \rangle \Big|_{\text{cont}} = 0, \quad (\text{A.19})$$

while the terms with the insertion of  $\bar{\psi} i \gamma_5 \tau^3 \psi$  do not vanish

$$\int d^3x \int d^4y \langle \bar{\psi} i \gamma_5 \tau^3 \psi(y) V_0^2(x) P^1(0) \rangle \Big|_{\text{cont}} \neq 0, \quad (\text{A.20})$$

the condition implied by eq. (A.10) (or eq. (A.12)) yields  $\delta_2 = 0$  in (A.14). The important consequence of this argument is that the estimate of the critical mass provided by (A.10) is not affected by  $O(a^2)$  corrections.

The above line of reasoning can be generalized to all orders in  $a$  leading to the conclusion that, if the critical mass is determined in twisted-mass LQCD by means of the condition (A.10) (whose Symanzik expansion takes the form (A.12)), the expansion of the critical mass will only display  $O(a^{2p+1})$ ,  $p = 0, 1, \dots$ , lattice corrections, with coefficients  $\delta_{2p+1}$  determined by constraints analogous to (A.15).

### A.2.2 Critical mass in standard Wilson fermion LQCD

In the case of standard (clover) Wilson fermions the condition for the vanishing of the PCAC mass is ( $b = 1, 2, 3$ , no sum over  $b$ )

$$\frac{\tilde{\partial}_0 \sum_{\vec{x}} \langle A_0^b(\vec{x}, t) P^b(0) \rangle}{2 \sum_{\vec{x}} \langle P^b(\vec{x}, t) P^b(0) \rangle} \Big|_L \equiv m_{\text{PCAC}} \Big|_L = 0 \quad \text{for } \mu_q = 0, \quad (\text{A.21})$$

which is analogous to eq. (A.10) with the crucial difference that now  $\mu_q = 0$ . The condition (A.21) is in practice implemented by looking for the limiting value of  $m_0$  at which  $m_{\text{PCAC}} \rightarrow 0^+$ . We will call  $M_{\text{cr}}^{ew}$  the estimate of the critical mass obtained in this way<sup>10</sup>.

Setting  $m_0 = M_{\text{cr}}^{ew}$  in the standard Wilson action corresponds to have the continuum mass in  $\mathcal{L}_4$  equal to zero. At the same time lattice artifacts of order  $a^k$ ,  $k = 2, 3, \dots$  in  $M_{\text{cr}}^{ew}$  will be correspondingly described by terms of the kind  $a^k \delta_k^{ew} \Lambda_{\text{QCD}}^{k+1} \bar{\chi} \chi$  in  $\mathcal{L}_k$ . The  $O(a)$  term is absent, if the lattice theory

<sup>10</sup>This non-perturbative estimate of the critical mass is the one that is implicitly adopted in the studies of standard (clover) Wilson LQCD where the renormalized quark mass is defined as  $\hat{m} = Z_A Z_P^{-1} m_{\text{PCAC}}$ .

is clover improved. For the rest, unlike what we have shown to happen in twisted-mass LQCD (see sect. A.2.1), discretization errors of any order in  $a$  will affect the critical mass determination provided by eq. (A.21).

As in the case of twisted-mass LQCD, also here one must look at the conditions coming from the vanishing of the PCAC mass as equations that fix the values of the coefficients  $\delta_k^{ew}$  in terms of the matrix elements of  $\mathcal{L}_k$  between one-pion states. For instance, at  $O(a^2)$  from the symmetries of the standard Wilson action (and the form of the associated Symanzik expansion) one cannot conclude anymore that  $\delta_2^{ew}$  vanishes. Rather the value of this parameter is fixed through eq. (A.21) by the condition

$$\langle \pi(\vec{0}) | \mathcal{L}_6 | \pi(\vec{0}) \rangle \Big|_{\text{cont}} = 0, \quad (\text{A.22})$$

where  $\mathcal{L}_6$  is the full six-dimensional operator of the Symanzik effective Lagrangian (given in eq. (A.8)) which, we recall, also includes the  $\delta_2^{ew} \Lambda_{\text{QCD}}^3 \bar{\chi} \chi$  term. Eq. (A.22) follows from the fact that the lattice pion squared mass and  $m_{\text{PCAC}}|_L$  by construction vanish at the same value of  $m_0$ . Furthermore these two quantities are found to be linearly proportional to a very good approximation in the region where they are both small, implying that possible additive cutoff artifacts affecting  $m_{\text{PCAC}}|_L$  and the squared pion mass are also proportional to each other.

## Appendix B - $O(a^2)$ corrections to the squared pion mass

The correlator of interest for extracting the squared pion mass is the four-dimensional Fourier transform of the two-point subtracted<sup>11</sup> pseudoscalar correlator (no sum over  $b = \pm, 3$ ) which reads

$$\Gamma_L^b(p) = a^4 \sum_x e^{ipx} \langle P^b(x) P^b(0) \rangle \Big|_L. \quad (\text{B.1})$$

$\Gamma_L^b(p)$  has a pole at  $p^2 = -m_{\pi^b}^2|_L$  with a residue given by  $|G_{\pi^b}|_L^2$ , where (see eq. (2.11))

$$G_{\pi^b} \Big|_L = \langle \Omega | P^b | \pi^b(\vec{0}) \rangle \Big|_L. \quad (\text{B.2})$$

---

<sup>11</sup>Since we are interested in determining the structure of the cutoff corrections affecting the lattice pion mass, we can always imagine that contact terms, which do not display the pion pole, have been subtracted out. In the formulae that follow the superscript “*subtracted*” is thus always understood.

To proceed further we need to write down the Symanzik expansion of  $\Gamma_L(p)$  up to order  $a^2$  included. This gives

$$\begin{aligned}
& a^4 \sum_x e^{ipx} \langle P^b(x) P^b(0) \rangle \Big|_L = \int d^4x e^{ipx} \langle P^b(x) P^b(0) \rangle \Big|_{\text{cont}} \\
& + a^2 \int d^4x e^{ipx} \langle \Delta_1 P^b(x) \Delta_1 P^b(0) \rangle \Big|_{\text{cont}} \\
& + a^2 \int d^4x e^{ipx} \langle \Delta_1 P^b(x) P^b(0) \int d^4y \mathcal{L}_5^{\text{Mtm}}(y) \rangle \Big|_{\text{cont}} \\
& + a^2 \int d^4x e^{ipx} \langle P^b(x) \Delta_1 P^b(0) \int d^4y \mathcal{L}_5^{\text{Mtm}}(y) \rangle \Big|_{\text{cont}} + \\
& + \frac{a^2}{2} \int d^4x e^{ipx} \langle P^b(x) P^b(0) \int d^4y \mathcal{L}_5^{\text{Mtm}}(y) \int d^4y' \mathcal{L}_5^{\text{Mtm}}(y') \rangle \Big|_{\text{cont}} \\
& - a^2 \int d^4x e^{ipx} \langle \Delta_2 P^b(x) P^b(0) \rangle \Big|_{\text{cont}} - a^2 \int d^4x e^{ipx} \langle P^b(x) \Delta_2 P^b(0) \rangle \Big|_{\text{cont}} \\
& - a^2 \int d^4x e^{ipx} \langle P^b(x) P^b(0) \int d^4y \mathcal{L}_6^{\text{Mtm}}(y) \rangle \Big|_{\text{cont}} + \text{O}(a^4). \tag{B.3}
\end{aligned}$$

The absence of odd powers of the lattice spacing in this formula is guaranteed by the results of ref. [11], as we are working at maximal twist. We will also assume that the critical mass has been determined in the optimal way described in sect. A.2.1, so that by setting  $m_0 = M_{\text{cr}}^{\text{opt}}$  the condition (A.17) holds true. We also recall that the operators  $\Delta_1 P^b$  and  $\Delta_2 P^b$  are the dimension four and five terms that are needed to compensate for the  $\text{O}(a)$  and  $\text{O}(a^2)$  operator corrections arising from the contact of  $\mathcal{L}_5^{\text{Mtm}}(y)$  and  $\mathcal{L}_6^{\text{Mtm}}(y)$ , respectively, with the operators localized at the points  $x$  and  $0$ .

Since we are interested in the lattice corrections to the pion mass, we must look in the r.h.s. of eq. (B.3) for the terms which may display the double pion pole factor <sup>12</sup>  $(p^2 + m_\pi^2)^{-2}$ .

Among the many terms in the r.h.s. of eq. (B.3) only the fifth and the last display the double pole we are after. Putting together eqs. (2.11), (B.2) and (B.3) and taking the limit  $p \rightarrow 0$  at small  $m_\pi^2$  (but always parametrically larger than  $a^2$  [4]), from the ensuing pion pole dominance we arrive at the formula

$$\frac{|G_{\pi^3}|^2}{m_{\pi^3}^2} \Big|_L = \frac{|G_\pi|^2}{m_\pi^2} \Big|_{\text{cont}} \left[ 1 - a^2 \frac{\langle \pi^3(\vec{0}) | \mathcal{L}_{6\&55}^{\text{Mtm}}(0) | \pi^3(\vec{0}) \rangle}{m_\pi^2} \Big|_{\text{cont}} \right] + \text{O}\left(\frac{a^2}{m_\pi^2}\right), \tag{B.4}$$

with

$$\mathcal{L}_{6\&55}^{\text{Mtm}}(0) = \mathcal{L}_6^{\text{Mtm}}(0) - \frac{1}{2} \int d^4x \mathcal{L}_5^{\text{Mtm}}(x) \mathcal{L}_5^{\text{Mtm}}(0). \tag{B.5}$$

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<sup>12</sup>For short from now on we will simply write  $m_\pi^2$  (with no isospin index as in the continuum target theory all three pions are mass-degenerate) for  $m_\pi^2|_{\text{cont}}$ .

A simple Taylor series resummation leads precisely to eq. (2.1) of the text, which we stress also agrees with the results derived in  $\chi$ PT [12, 22, 13, 38].

We close the Appendix by noting that the absence of a contribution from  $\langle \pi^\pm(\vec{0}) | \mathcal{L}_6^{\text{Mtm}}(0) | \pi^\pm(\vec{0}) \rangle_{\text{cont}}$  in eq. (2.6) is a consequence of the commutation relation<sup>13</sup>

$$[Q_A^\pm, \mathcal{L}_{\text{Sym}}^{\text{Mtm}}] = O(\mu_q) = O(m_\pi^2), \quad (\text{B.6})$$

from which one gets the SPT

$$\begin{aligned} & \langle \pi^\pm(\vec{0}) | \mathcal{L}_6^{\text{Mtm}}(0) | \pi^\pm(\vec{0}) \rangle_{\text{cont}} = \\ & = \frac{-i}{f_\pi} \langle \Omega | [Q_A^\pm, \mathcal{L}_6^{\text{Mtm}}(0)] | \pi^\pm(\vec{0}) \rangle_{\text{cont}} + O(m_\pi^2) = O(m_\pi^2). \end{aligned} \quad (\text{B.7})$$

## Appendix C - Expression and estimates of $\Delta_{55}^{\pm,3}$

In this (long) Appendix we present arguments showing that  $\Delta_{55}^b$ ,  $b = 3, \pm$  (eq. (2.5)) yield contributions to  $m_\pi^2|_L$  (eqs. (2.6) and (2.7)) which are parametrically (in the limit  $m_\pi^2 \rightarrow 0$ ) and/or numerically negligible, provided Mtm-LQCD is defined by setting  $m_0$  (see eq. (A.1)) at its optimal critical value determined by the condition (A.10).

In sect. C.1 we provide the expression of  $\Delta_{55}^3$  and  $\Delta_{55}^\pm$  (eq. (2.5)) based on standard field theoretical manipulations, i.e. insertion of intermediate states, or alternatively LSZ representation and reduction formulae, and, wherever applicable, SPT's [28, 29]. In sect. C.2 we give a numerical estimate of the magnitude of  $\Delta_{55}^3$  and  $\Delta_{55}^\pm$  for the typical lattice volume and pion mass values relevant for the recent ETMC simulations. The details of our estimate of the key matrix element  $\xi_\pi$  (eqs. (A.16) and (A.17)), which controls the numerically dominant (in the small  $m_\pi^2$  region) contributions to  $\Delta_{55}^{\pm,3}$ , are deferred to sect. C.3.

### C.1 The theoretical analysis of $\Delta_{55}^3$ and $\Delta_{55}^\pm$

For the purposes of our study we restrict attention to  $N_f = 2$  QCD with light  $u$  and  $d$  quarks yielding light, weakly interacting pions. In this regime, on general grounds, one can write in the infinite volume limit the spectral decomposition of the continuum quantity  $\Delta_{55}^3$  (eq. (2.5)) in the convenient

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<sup>13</sup>In Mtm-LQCD the flavour symmetry group is the ‘‘oblique’’  $SU(2)_{\text{ob}}$  group generated by the charges  $Q_A^+$ ,  $Q_A^-$  and  $Q_V^3$ . These conserved charges are associated with the (one-point split) currents reported in sect. 4.1 of ref. [11]. In the notation of that paper we are dealing here with the case  $r = 1$ ,  $\omega_r = \pi/2$ .

form <sup>14</sup>

$$\Delta_{55}^3 = -\frac{\xi_\pi}{m_\pi^2} \langle \pi^3(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \pi^3(\vec{0}) \rangle + \quad (\text{C.1})$$

$$-\frac{4\pi}{16\pi^3} \int_{2m_\pi}^{4m_\pi} dE \frac{k(E)}{E^2 - m_\pi^2} |\langle \pi^3(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \mathcal{P}_{\pi\pi}^{(I_3=0)} \pi\pi, E \rangle|^2 + R_{55}^3,$$

$$R_{55}^3 = -\sum_n \frac{|\langle \pi^3(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \sigma_n^0(\vec{0}) \rangle|^2}{m_{\sigma_n^0}^2 - m_\pi^2} + \dots, \quad (\text{C.2})$$

where we have explicitly separated out from the remainder,  $R_{55}^3$ , the contribution of the semi-disconnected one-pion pole (sometimes referred to as “tadpole” in the following) and the contribution of the cut over two-pion states below the inelastic threshold. In order to have more manageable formulae we have decided to reduce the initial integrations over the momenta of the two pions to the integration to the single center of mass energy variable, and we have set

$$k(E) = \sqrt{(E/2)^2 - m_\pi^2}. \quad (\text{C.3})$$

The remainder in eq. (C.2) comprises a sum over one-particle scalar states with zero isospin <sup>15</sup>, as well as contributions from heavier and/or more complicated multiparticle states which we have simply indicated by “...”. Our conventions are such that in eq. (C.1) the single-particle meson states  $\alpha$  ( $\alpha = \pi, \sigma_n^0, \dots$ ) are introduced with the Lorentz covariant normalization ( $b, b' = 1, 2, 3$  are SU(2) isospin labels)

$$\langle \alpha^b(\vec{p}) | \alpha^{b'}(\vec{p}') \rangle = 2E_\alpha(\vec{p}) (2\pi)^3 \delta_{b,b'} \delta(\vec{p} - \vec{p}'), \quad E_\alpha(\vec{p}) = \sqrt{\vec{p}^2 + m_\alpha^2}. \quad (\text{C.4})$$

The states  $|\mathcal{P}_{\pi\pi}^{(I_3=0)} \pi\pi, E \rangle$  are two-pion states with total energy  $E$ , zero total three-momentum and zero total isospin third component. In particular the symbol  $\mathcal{P}_{\pi\pi}^{(I_3=0)}$  denotes the isospin projector onto the two-pion states with vanishing total third component ( $I_3 = 0$ ). Here we recall that two possible states contribute which one has to sum over, namely the state with two neutral pions and that with one negatively and one positively charged pion.

Similarly the expression of the (infinite volume limit) spectral decomposition of  $\Delta_{55}^\pm$  (eq. (2.5)) will read

$$\Delta_{55}^\pm = -\frac{\xi_\pi}{m_\pi^2} \langle \pi^\pm(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \pi^\pm(\vec{0}) \rangle + \quad (\text{C.5})$$

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<sup>14</sup>For short in this Appendix we will drop the subscript  $|\text{cont}$  from continuum QCD quantities. Lattice quantities will still be labeled by the subscript  $|_L$ .

<sup>15</sup>Phenomenologically the lightest of these states should be identified with the  $a_0(980)$  meson. It should be kept in mind that, since in the actual simulation data we will be considering the lightest “pion” mass is about 300 MeV, the lattice state corresponding to the “ $a_0(980)$ ”-particle is expected to have a mass somewhat above 1 GeV.

$$\begin{aligned}
& -\frac{4\pi}{16\pi^3} \int_{2m_\pi}^{4m_\pi} dE \frac{k(E)}{E^2 - m_\pi^2} |\langle \pi^\pm(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \mathcal{P}_{\pi\pi}^{(\pm,3)} \pi\pi, E \rangle|^2 + R_{55}^\pm \\
R_{55}^\pm = & -\sum_n \frac{|\langle \pi^\pm(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \sigma_n^\pm(\vec{0}) \rangle|^2}{m_{\sigma_n^\pm}^2 - m_\pi^2} + \dots, \tag{C.6}
\end{aligned}$$

with  $\mathcal{P}_{\pi\pi}^{(\pm,3)}$  the isospin projector onto the state of two pions having third component  $\pm$  and 3.

On general grounds one expects the numerically dominating contributions to  $\Delta_{55}^{3,\pm}$  to come from the interaction of the propagating pion (the initial and final particle in eq. (2.5)) with a neutral pion created from the vacuum, i.e. from first term in the r.h.s. of eqs. (C.1) and (C.5). In the next sections we will show that this is indeed the case. The important observation is that in Mtm-LQCD with optimal critical mass these dominant tadpole contributions are  $\mathcal{O}(m_\pi^2)$  and moreover equal for  $\Delta_{55}^3$  and  $\Delta_{55}^\pm$  up to (very small)  $\mathcal{O}(m_\pi^4)$  terms, hence they get canceled in the pion squared mass difference. The estimated leftover correction coming from the elastic two-pion cut as well as the remainders (eqs. (C.2) and (C.6)) will be shown to be tiny.

We now examine in turn the various terms contributing to  $\Delta_{55}^3$  and  $\Delta_{55}^\pm$  and discuss their parametric behaviour in the small- $m_\pi^2$  regime. We shall see in particular that for symmetry reasons the contributions from the various intermediate states to  $\Delta_{55}^\pm$  tend to be negligible compared to those contributing to  $\Delta_{55}^3$ , with the exception of the tadpole term and the one coming from the lowest-lying two-pion intermediate state.

### C.1.1 Tadpole

That the first terms in eqs. (C.1) and (C.5) are equal to leading order in the chiral expansion follows, e.g. by reducing the neutral pion in the ket state, yielding<sup>16</sup>

$$\langle \pi^3(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \pi^3(\vec{0}) \rangle \stackrel{\text{SPT}}{=} \langle \pi^\pm(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \pi^\pm(\vec{0}) \rangle. \tag{C.7}$$

An explicit estimate of the tadpole terms can be given on the basis of the SPT relations

$$\langle \pi^3(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \pi^3(\vec{0}) \rangle \stackrel{\text{SPT}}{=} -\frac{1}{f_\pi^2} \langle \Omega | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \rangle = -\frac{\xi_\pi}{f_\pi^2}, \tag{C.8}$$

from which one gets

$$\Delta_{55}^3 \Big|_{\text{tad}} = -\frac{\xi_\pi}{m_\pi^2} \langle \pi^3(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \pi^3(\vec{0}) \rangle \stackrel{\text{SPT}}{=} \frac{\xi_\pi^2}{f_\pi^2 m_\pi^2},$$

---

<sup>16</sup>In this Appendix with the symbol  $\sim$  we denote equality up to  $\mathcal{O}(a^2)$  corrections, with  $\stackrel{\text{SPT}}{=}$  equality up to  $\mathcal{O}(m_\pi^2)$  terms and with  $\stackrel{\text{SPT}}{\sim}$  equality up to  $\mathcal{O}(a^2)$  and  $\mathcal{O}(m_\pi^2)$  corrections.

$$\Delta_{55}^{\pm}|_{tad} = -\frac{\xi_{\pi}}{m_{\pi}^2} \langle \pi^{\pm}(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \pi^3(\vec{0}) \pi^{\pm}(\vec{0}) \rangle \stackrel{\text{SPT}}{=} \frac{\xi_{\pi}^2}{f_{\pi}^2 m_{\pi}^2}. \quad (\text{C.9})$$

We remark that when the untwisted mass,  $m_0$ , is fixed at its optimal value, eq. (A.17) holds [4], implying

$$\frac{\xi_{\pi}^2}{f_{\pi}^2 m_{\pi}^2} = \mathcal{O}(m_{\pi}^2), \quad (\text{C.10})$$

while in the opposite case one finds that this quantity tends to increase as we go towards the chiral limit, leaving large  $\mathcal{O}(a^2/m_{\pi}^2)$  cutoff effects in the neutral as well as in the charged lattice pion mass<sup>17</sup>.

### C.1.2 Two-pion cut below the inelastic threshold

In a finite three-dimensional volume,  $V = L^3$ , the integral over the two-pion cut can be rewritten as a sum over discrete states through the formal replacement

$$\int_{2m_{\pi}}^{4m_{\pi}} dE \frac{k(E)}{E^2 - m_{\pi}^2} \cdots \rightarrow \sum_{\ell=0}^{\ell_{\text{max}}} \frac{1}{\rho_V(E_{\ell})} \frac{k(E_{\ell})}{E_{\ell}^2 - m_{\pi}^2} \cdots, \quad (\text{C.11})$$

where  $\ell_{\text{max}}$  is the number of allowed two-pion levels that can be hosted in the volume  $V$  below the inelastic threshold ( $4m_{\pi}$ ). The relation between the allowed values of  $\ell$  and the level energies is established combining eq. (C.3) with the formulae [39, 40]

$$\ell\pi - \delta(k) = \phi(q), \quad q = \frac{kL}{2\pi}, \quad \ell \geq 0, \quad (\text{C.12})$$

where  $\delta(k)$  denotes the  $s$ -wave  $\pi\pi$  phase-shift in the appropriate isospin channel and  $\phi(q)$  is a known [40] kinematical function. Finally (see e.g. ref. [41])

$$\rho_V(E) = \frac{q\phi'(q) + k\delta'(k)}{4\pi k^2} E, \quad (\text{C.13})$$

is the two-particle state density with  $\delta'(k) = d\delta(k)/dk$  and  $\phi'(q) = d\phi/dq$ . At the volumes ( $L = 2.1$  and  $L = 2.8$  fm) that will be considered in sect. C.2 and for the lightest pion mass ( $m_{\pi^{\pm}} \sim 300$  MeV) one has  $\ell_{\text{max}} = 2$ .

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<sup>17</sup>This result is in agreement with the finding of theoretical studies [42, 13, 4] and indirectly confirmed by the observation of large, positive  $\mathcal{O}(a^2)$  lattice artifacts in the quenched Mtm-LQCD computations [43, 44] of the charged pion mass and the corresponding decay constant (computed from the WTI relation  $f_{\pi^{\pm}} = 2\mu_q G_{\pi}/m_{\pi^{\pm}}^2$ ).

•  $\ell = 0$  - The contribution of the  $\ell = 0$  term in the sum (C.11) can be computed in an almost model-independent way observing that the lowest energy level corresponds to have the two pions at rest with  $E_0 = 2m_\pi$ <sup>18</sup>. Making use of the SPT's (C.7)–(C.8) and taking into account the presence of the isospin projectors  $\mathcal{P}_{\pi\pi}^{(I_3=0)}$  and  $\mathcal{P}_{\pi\pi}^{(\pm,3)}$  in eqs. (C.1) and (C.5), respectively, one finds

$$\Delta_{55}^3|_{\ell=0} = -\frac{3h_0^2\xi_\pi^2}{(E_0^2 - m_\pi^2)f_\pi^4}|_{E_0=2m_\pi}, \quad (\text{C.14})$$

$$\Delta_{55}^\pm|_{\ell=0} = -\frac{2h_0^2\xi_\pi^2}{(E_0^2 - m_\pi^2)f_\pi^4}|_{E_0=2m_\pi}, \quad (\text{C.15})$$

where

$$h_0^2 = \frac{k(E_0)}{8\pi^2\rho_V(E_0)}|_{E_0=2m_\pi} = \frac{1}{2m_\pi V} \left(1 + \mathcal{O}(1/L)\right) \quad (\text{C.16})$$

will be in the following approximated by its infinite volume limiting value,  $(2m_\pi V)^{-1}$ , which we remark is independent of the expression of the phase shift  $\delta(k)$  appearing in  $\rho_V(E)$ .

Two observations are in order here. The first is that the quantities (C.14) and (C.15) only differ because different isospin combinations of two-pion intermediate states contribute. The second is that, as in the tadpole case discussed above, both contributions are of  $\mathcal{O}(m_\pi^2)$ , if eq. (C.10) holds, i.e. if the critical mass has been set to its optimal value. If this is not so, large and unequal,  $\mathcal{O}(a^2/m_\pi^2)$  cutoff effects will be left out in the neutral as well as in the charged lattice pion mass.

•  $\ell \geq 1$  - As we said, given the magnitude of  $L$  we consider, in the energy interval  $2m_\pi < E < 4m_\pi$  two-pion states with  $\ell = 1$  and  $\ell = 2$  will contribute with terms of the form

$$\Delta_{55}^b|_\ell = -\frac{2h_\ell^2}{E_\ell^2 - m_\pi^2} \left| \langle \pi^b(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \mathcal{P}_{\pi\pi}^{(\dots)} \pi\pi, E_\ell \rangle \right|^2, \quad h_\ell^2 = \frac{k(E_\ell)}{8\pi^2\rho_V(E_\ell)} \quad (\text{C.17})$$

with  $b$  equal to 3 or  $\pm$  and  $\mathcal{P}_{\pi\pi}^{(\dots)}$  standing for  $\mathcal{P}_{\pi\pi}^{(I_3=0)}$  or  $\mathcal{P}_{\pi\pi}^{(\pm,3)}$ , respectively. Evaluation of  $\Delta_{55}^3|_{\ell=1,2}$  is possible only at the price of making some reasonable assumption about the energy behaviour of the pion matrix elements in eq. (C.17). The simplest thing is to assume that these matrix elements are constant in energy in the range  $2m_\pi < E < 4m_\pi$ . The quantities  $h_\ell^2$  in eq. (C.17) can be straightforwardly evaluated in terms of  $k(E_\ell)$  and  $\rho_V(E_\ell)$  for the  $\ell$ -values of interest, once a reasonable parameterization of the phase-shift  $\delta(k)$  (see sect. C.2) is inserted in eq. (C.13).

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<sup>18</sup>Actually there is a finite size correction proportional to the  $(J = 0, I = 0)$   $\pi\pi$  scattering length [39]. To be precise one gets  $E_0 = 2m_\pi - 4\pi a_0^0 (m_\pi V)^{-1} (1 + \mathcal{O}(1/L))$ .



Concerning  $\Delta_{55}^{\pm}|_{\ell=1,2}$ , the important remark is that these quantities in the chiral regime are suppressed by a factor of  $m_{\pi}^4$  with respect to their neutral counterparts  $\Delta_{55}^3|_{\ell=1,2}$ . The result follows from eq. (C.17) by noting the SPT relation (actually valid for all  $\ell > 0$ )

$$if_{\pi}\langle\pi^{\pm}(\vec{0})|\mathcal{L}_5^{\text{Mtm}}|\mathcal{P}_{\pi\pi}^{(\pm,3)}\pi\pi,E_{\ell}\rangle=\langle\Omega|[Q_A^{\pm},\mathcal{L}_5^{\text{Mtm}}]|\mathcal{P}_{\pi\pi}^{(\pm,3)}\pi\pi,E_{\ell}\rangle=O(m_{\pi}^2). \quad (\text{C.18})$$

As a consequence, assuming the validity of this SPT for  $m_{\pi} \simeq 300 \div 400$  MeV, we shall neglect  $\Delta_{55}^{\pm}|_{\ell=1,2}$  with respect to  $\Delta_{55}^3|_{\ell=1,2}$  in our subsequent numerical estimates.

We also observe that, if  $\mathcal{L}_5^{\text{Mtm}}$  itself is an operator of  $O(\mu_q) = O(m_{\pi}^2)$ , as it happens in the LO- $\chi$ PT description of Mtm-LQCD with optimal critical mass<sup>19</sup>, the r.h.s. of eq. (C.18) is actually an  $O(m_{\pi}^4)$  quantity for states with  $E_{\ell} = O(m_{\pi})$ , while  $\langle\pi^3(\vec{0})|\mathcal{L}_5^{\text{Mtm}}|\mathcal{P}_{\pi\pi}^{(I_3=0)}\pi\pi,E_{\ell}\rangle$  is  $O(m_{\pi}^2)$ . In this situation one thus finds  $\Delta_{55}^{\pm}|_{\ell=1,2} = O(m_{\pi}^6)$  and  $\Delta_{55}^3|_{\ell=1,2} = O(m_{\pi}^2)$ . The resulting  $m_{\pi}^4$  suppression factor is in agreement with the general  $m_{\pi}^2$ -behaviour (implied by the SPT (C.18)) of the charged pion contribution with respect to the neutral one.

### C.1.3 The remainder

The remainder comprises the two-pion cut integral from  $4m_{\pi}$  to  $\infty$  and the contribution from all other possible single and multiparticle intermediate states.

The first important observation is that all the contributions to  $R_{55}^{\pm}$  are of  $O(m_{\pi}^4)$ . This result can be derived in close analogy to eq. (C.18) above, namely by reducing the charged pion in the matrix elements (see eq. (C.6))  $\langle\pi^{\pm}(\vec{0})|\mathcal{L}_5^{\text{Mtm}}|\alpha^{\pm}\rangle$ , where  $|\alpha^{\pm}\rangle$  is a state with a non-zero energy in the chiral limit (e.g. the one-particle scalar state  $\sigma_n^{\pm}$  appearing in eq. (C.6)). One gets, in fact

$$if_{\pi}\langle\pi^{\pm}(\vec{0})|\mathcal{L}_5^{\text{Mtm}}|\alpha^{\pm}\rangle=\langle\Omega|[Q_A^{\pm},\mathcal{L}_5^{\text{Mtm}}]|\alpha^{\pm}\rangle=O(m_{\pi}^2). \quad (\text{C.19})$$

A similar result does not hold for  $R_{55}^3$  because the commutator  $[Q_A^3,\mathcal{L}_5^{\text{Mtm}}]$  does not vanish in the chiral limit. Based on eq. (C.19) we shall neglect the term  $R_{55}^{\pm}$  with respect to  $R_{55}^3$  in the numerical estimates below.

<sup>19</sup>In LO- $\chi$ PT there is only one operator (see e.g. ref. [13]) with the same quantum numbers as  $\mathcal{L}_5^{\text{Mtm}}$  (eq. (A.13)). Hence the condition  $\xi_{\pi} = \langle\Omega|\mathcal{L}_5^{\text{Mtm}}|\pi^3(\vec{0})\rangle = O(\mu_q)$  implies that the unique effective operator representing  $\mathcal{L}_5^{\text{Mtm}}$  at LO of  $\chi$ PT must itself be proportional to the quark mass. Obviously for matrix elements involving states with increasing rest-frame energy  $E$  the LO- $\chi$ PT description progressively loses its validity.

In this context it should also be noted that the sum  $\Delta_{55}^{\pm}|_{\ell=1} + \Delta_{55}^{\pm}|_{\ell=2} + R_{55}^{\pm}$ , being a negative quantity, yields a (tiny) positive contribution to the phenomenologically negative [2, 3] squared pion mass splitting. This term (see eqs. (2.6)–(2.7)), if included in  $\Delta_{55}^{\pm}$ , would go in the direction of increasing the negative contribution of  $\zeta_{\pi}$  that is necessary in order to reproduce the observed value of  $m_{\pi^3|L}^2 - m_{\pi^{\pm}|L}^2$ .

Coming back to the evaluation of the remainder terms, we shall hence limit below our discussion to  $R_{55}^3$ . The latter, we recall, includes, besides terms from one-particle scalar intermediate states explicitly shown in eq. (C.2), also a cut contribution of the form

$$-\frac{4\pi}{16\pi^3} \int_{4m_{\pi}}^{\infty} dE \frac{k(E)}{E^2 - m_{\pi}^2} |\langle \pi^3(\vec{0}) | \mathcal{L}_5^{\text{Mtm}} | \mathcal{P}_{\pi\pi}^{(I_3=0)} \pi\pi, E \rangle|^2,$$

as well as negligible contributions from more complicated (and heavier) multiparticle intermediate states. The cut contribution above can be estimated by assuming the standard Källén–Lehmann (large energy)  $1/E^2$  behaviour for the modulus square of the  $\mathcal{L}_5^{\text{Mtm}}$  matrix elements and by setting the coefficient factor in front to a value that matches the contribution from the  $\ell = 2$  two-pion intermediate state. As for the one-particle scalar state contribution, we make the plausible assumption that it is of the same (very small, see sect. C.2) size as the cut contribution, and simply double the latter in order to get our numerical estimate of  $R_{55}^3$ .

Terms from multiparticle intermediate states of increasing mass are expected to give tiny and progressively smaller and smaller contributions, owing to explicit energy denominators and the asymptotic high-energy behaviour of the matrix elements.

## C.2 Numerical considerations

In this subsection we want to provide a numerical estimate of the order of the magnitude of the difference  $\Delta_{55}^3 - \Delta_{55}^{\pm}$  relying on the results of the previous subsection and the numerical evaluation of  $\xi_{\pi}$  given in sect. C.3.

We shall see that  $\Delta_{55}^{\pm}$ , which according to the considerations of sect. C.1 is an  $\mathcal{O}(m_{\pi}^2)$  quantity, takes a value much smaller than  $a^{-2}\Delta m_{\pi|L}^2$ . Numerically  $\Delta_{55}^3$  is of similar size as  $\Delta_{55}^{\pm}$ , as the parametrically  $\mathcal{O}(m_{\pi}^0)$  contributions from  $R_{55}^3$  are tiny and actually smaller than the  $\mathcal{O}(m_{\pi}^2)$  terms.

These facts imply (see eqs. (2.6) and (2.7)) that lattice corrections to the squared charged pion mass are also small and of order  $a^2 m_{\pi}^2$  (or  $a^4$ ), while the main contribution to the lattice artifacts of the squared neutral pion mass comes from  $\zeta_{\pi}$ , as announced in the text (sect. 2). As we already said, in the

difference  $\Delta_{55}^3 - \Delta_{55}^\pm$  the contribution coming from the tadpole terms exactly cancels.

Using the value (C.54) of  $\xi_\pi$  and the estimate  $h_0^2 = (2m_\pi V)^{-1}$ , we can provide an explicit numerical evaluation of the three contributions to  $\Delta_{55}^3$  and  $\Delta_{55}^\pm$  described in sects. C.1.1, C.1.2 and C.1.3. To arrive at this result we also need to know the energies of the few lowest  $\pi\pi$  levels living in our finite simulation box at the actual value of the simulated pion masses. In the situation corresponding to the lattice data used for our best estimate of  $\xi_\pi$ , we have  $m_\pi \simeq 300$  MeV and  $L \sim 2.1$  fm. We checked that results do not change significantly with the volume by repeating the same analysis for  $L \sim 2.8$  fm. In order to compute  $k_\ell$  and hence  $E_\ell = 2\sqrt{k_\ell^2 + m_\pi^2}$  from eq. (C.12), as well as  $\rho_V(E_\ell)$  from eq. (C.13), we parameterize the  $s$ -wave  $\pi\pi$  phase shift in the form (suggested by LO- $\chi$ PT [45])

$$\delta(k) = \frac{2k}{E} \cdot \frac{2E^2 - m_\pi^2}{32\pi f_0^2}, \quad \frac{E^2}{4} = k^2 + m_\pi^2, \quad (\text{C.20})$$

with  $f_0 = 86$  MeV being the chiral limit value of the pion decay constant (as obtained from recent ETMC studies [3, 2]). The formula (C.20) (with  $m_\pi$  at its physical value 140 MeV) describes rather well the experimental  $\pi\pi$ -scattering data for center-of-mass energy  $E$  in the range  $2m_\pi$  to  $4m_\pi$  (see e.g. the phase shift data compilation in ref. [45]).

Following the discussion in sects. C.1.1, C.1.2 and C.1.3, in terms of the reference scale  $a_{\beta=3.9}^{-1}$ , whose value is currently estimated [3] to be about 2.3 GeV, we obtain the following numerical results.

- - *Tadpole*

$$\Delta_{55}^3|_{tad} = \Delta_{55}^\pm|_{tad} \stackrel{\text{SPT}}{=} \frac{\xi_\pi^2}{f_\pi^2 m_\pi^2} \sim 0.00050_{-0.00024}^{+0.00032} a_{\beta=3.9}^{-4}, \quad (\text{C.21})$$

where the quoted error reflects the uncertainty on  $\xi_\pi$  from eq. (C.54).

- - *Two-pion cut below the inelastic threshold.* For the  $\ell = 0$  term one obtains

$$\Delta_{55}^3|_{\ell=0} = -\frac{3h_0^2 \xi_\pi^2}{3m_\pi^2 f_\pi^4} \sim -(0.000063_{-0.000030}^{+0.000040}) a_{\beta=3.9}^{-4}, \quad (\text{C.22})$$

$$\Delta_{55}^\pm|_{\ell=0} = -\frac{2h_0^2 \xi_\pi^2}{3m_\pi^2 f_\pi^4} \sim -(0.000042_{-0.000020}^{+0.000027}) a_{\beta=3.9}^{-4}. \quad (\text{C.23})$$

For the  $\ell > 0$  levels one gets smaller and smaller contributions. A reasonable estimate of their order of magnitude is  $-0.000020 a_{\beta=3.9}^{-4}$  and  $-0.000015 a_{\beta=3.9}^{-4}$  for  $\Delta_{55}^3|_\ell$  at  $\ell = 1$  and  $\ell = 2$ , respectively, to which we attach a generous

50–60% relative uncertainty. We neglect here  $\Delta_{55}^{\pm}|_{\ell=1,2}$ , which according to SPT arguments, are significantly smaller ( $m_{\pi}^4$  suppressed) than their neutral counterparts.

- - *Remainder.* According to the results of subsect. C.1.3, we can limit consideration to  $R_{55}^3$ . Despite the difficulty of evaluating all the terms contributing to  $R_{55}^3$ , following the procedure discussed in sect. C.1.3, we can reasonably estimate it to be about  $-0.000080a_{\beta=3.9}^{-4}$ , with, as before, a 50–60% relative statistical uncertainty. We thus find that  $R_{55}^3$  is of the same order of magnitude as  $\Delta_{55}^3|_{\ell=0}$  or  $\sum_{\ell=1}^2 \Delta_{55}^3|_{\ell}$ .

- - *Total.* Putting everything together we finally get

$$\Delta_{55}^3 \simeq +(0.00032 \pm 0.00019 \pm 0.00008)a_{\beta=3.9}^{-4}, \quad (\text{C.24})$$

$$\Delta_{55}^{\pm} \simeq +(0.00046 \pm 0.00027 \pm 0.00005)a_{\beta=3.9}^{-4}, \quad (\text{C.25})$$

and

$$\Delta_{55}^3 - \Delta_{55}^{\pm} \simeq -(0.00014 \pm 0.00008 \pm 0.00004)a_{\beta=3.9}^{-4}. \quad (\text{C.26})$$

The two “errors” quoted in the equations above reflect the uncertainty (dominantly of statistical nature) on the value of  $\xi_{\pi}$  from sect. C.3 and the systematic indetermination inherent to the assumptions we made above about the energy behaviour of the matrix elements of  $\mathcal{L}_5^{\text{Mtm}}$ , respectively.

For the sake of comparison here we only recall that (as one can infer from Fig. 1 and the value  $r_0/a|_{\beta=3.9} \simeq 5.2$ ) at  $m_{\pi} \simeq 300$  MeV direct lattice measurements yield  $a_{\beta=3.9}^2 \Delta m_{\pi}^2|_{L;\beta=3.9}^{\text{Mtm}} \simeq -0.0067(20)$ , i.e. a number much bigger than  $a_{\beta=3.9}^4 \Delta_{55}^3$ , or  $a_{\beta=3.9}^4 \Delta_{55}^{\pm}$ . Comparisons of this kind are performed and discussed more thoroughly in sect. 2.2.

### C.3 Estimating $\xi_{\pi}$ from lattice two-point correlators

We describe in this section the analysis, based on the Symanzik expansion, by which we arrive at a numerical estimate of the crucial continuum quantity  $\xi_{\pi}$  (eqs. (A.16)–(A.17)) that has been employed in sect. C.1 to parametrize the various terms contributing to  $\Delta_{55}^{\pm}$  and  $\Delta_{55}^3$ . Since in this numerical analysis we will be exploiting  $N_f = 2$  Mtm-LQCD data at sufficiently small  $m_{\pi} \simeq m_{\pi^{\pm}}|_L$  around 300 MeV, we feel safe to use SPT’s to relate among themselves some of the (continuum QCD) matrix elements that appear in the Symanzik description of lattice quantities. The SPT approximation is correct up to  $\mathcal{O}(m_{\pi}^2)$  relative corrections, whose relevance is checked by going to heavier quark masses up to  $m_{\pi^{\pm}}|_L \leq 450$  MeV. By extending the analysis from data at lattice resolution  $a^{-1} = 2.3$  GeV ( $\beta = 3.90$ ) to those at  $a^{-1} = 2.9$  GeV ( $\beta = 4.05$ ) and comparing (at the lowest-lying pion mass) results at box linear size  $L \sim 2.1$  fm with those at  $L \sim 2.8$  fm, we have checked that within

our (large) statistical errors the numerical estimates relevant for this paper display no significant discretization and/or finite size effects.

The key correlator we consider is <sup>20</sup>

$$C_{PS}^L(t) = \sum_{\vec{x}} \frac{1}{2} \langle P^3(\vec{x}, t) S^0(0) \rangle \Big|_L - L^3 \frac{1}{2} \langle P^3(0) \rangle \langle S^0(0) \rangle \Big|_L, \quad t > 0, \quad (\text{C.27})$$

which in the continuum limit is an  $O(a)$  quantity because it violates parity (and isospin) invariance. The Symanzik expansion of its renormalized counterpart reads

$$\begin{aligned} Z_{S^0} Z_P C_{PS}^L(t) &= a \langle \int d\vec{x} \hat{P}^3(\vec{x}, t) \int d^4y \mathcal{L}_5^{\text{Mtm}}(y) \frac{1}{2} \hat{S}^0(0) \rangle + O(a^3) = \\ &= a \hat{G}_\pi \frac{\xi_\pi}{m_\pi^2} \langle \pi^3 | \frac{1}{2} \hat{S}^0 | \pi^3 \rangle \frac{e^{-m_\pi t}}{2m_\pi} + \\ &+ a \hat{G}_\pi \langle \pi^3 | \mathcal{L}_5^{\text{Mtm}} | \sigma_{\text{eff}} \rangle \langle \sigma_{\text{eff}} | \frac{1}{2} \hat{S}^0 | \Omega \rangle \frac{1}{m_{\sigma_{\text{eff}}}^2 - m_\pi^2} \left[ \frac{e^{-m_\pi t}}{2m_\pi} - \frac{e^{-m_{\sigma_{\text{eff}}} t}}{2m_{\sigma_{\text{eff}}}} \right] + \\ &+ a \frac{\xi_\pi}{m_\pi^2} \langle \pi^3 | \hat{P}^3 | \sigma_{\text{eff}} \rangle \langle \sigma_{\text{eff}} | \frac{1}{2} \hat{S}^0 | \Omega \rangle \frac{e^{-m_{\sigma_{\text{eff}}} t}}{2m_{\sigma_{\text{eff}}}} + O(a^3), \end{aligned} \quad (\text{C.28})$$

where  $\hat{P}^3$  and  $\hat{S}^0$  denote the renormalized operators  $P^3$  and  $S^0$ , respectively, and  $G_\pi$  was defined in eq. (2.11). The symbol  $|\sigma_{\text{eff}}\rangle$  represents the lightest (isosinglet) scalar state that can be created from the vacuum by the operator  $S^0$ . For the quark mass values and in the  $t$ -range of interest for the present analysis of  $C_{PS}^L(t)$  (because of the unfavourable signal-to-noise ratio inherent in the evaluation of the quark disconnected piece of the correlator), we are in fact sensitive within errors only to the neutral pion and  $|\sigma_{\text{eff}}\rangle$  intermediate states. In a finite box and for sufficiently small quark masses, the symbol  $|\sigma_{\text{eff}}\rangle \langle \sigma_{\text{eff}}|$  in the r.h.s. of eq. (C.28) is to be interpreted as

$$|\sigma_{\text{eff}}\rangle \langle \sigma_{\text{eff}}| = h_0^2 \sum_{b=1}^3 |\pi^b \pi^b, m_{\sigma_{\text{eff}}}\rangle \langle \pi^b \pi^b, m_{\sigma_{\text{eff}}}|, \quad m_{\sigma_{\text{eff}}} \simeq 2m_\pi. \quad (\text{C.29})$$

In the following we shall write simply  $|\sigma\rangle$  for  $|\sigma_{\text{eff}}\rangle$ .

The three terms in the r.h.s. of eq. (C.28) come from the three different possible time-orderings of the inserted operators. We have only retained the pole contributions from the two lightest states and the associated partially disconnected terms that must go along with them in order to comply with Lorentz invariance. Since in Mtm-LQCD with optimal critical mass all the

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<sup>20</sup>We recall that all the correlators we shall be dealing with are “connected” in the strict sense of Quantum Field Theory, though some contribution only through gluon exchanges.

leading terms (linear in  $a$ ) in eq. (C.28) are of the same order in  $m_\pi$ , we have ignored here the  $O(a)$  lattice corrections to the operators  $S^0$  and  $P^3$ , because they would give contributions to the Symanzik expansion suppressed by an extra (relative) factor  $m_\pi^2$ <sup>21</sup> and are numerically small for the considered range of quark mass and  $t$ -values.

With the help of eqs. (C.8) and (C.29) as well as the SPT relations

$$\langle \pi^3 | \frac{1}{2} \hat{S}^0 | \pi^3 \rangle \stackrel{\text{SPT}}{=} \frac{1}{f_\pi} \hat{G}_\pi, \quad (\text{C.30})$$

$$\langle \pi^3 | \hat{P}^3 | \sigma \rangle \stackrel{\text{SPT}}{=} -\frac{1}{f_\pi} \langle \Omega | \frac{1}{2} \hat{S}^0 | \sigma \rangle, \quad (\text{C.31})$$

the Symanzik expansion (C.28) can be rewritten in the simpler form

$$\begin{aligned} Z_P Z_{S^0} C_{PS}^L(t) &\stackrel{\text{SPT}}{=} a \frac{e^{-m_\pi t}}{2m_\pi} \frac{\hat{G}_\pi^2 \xi_\pi}{f_\pi m_\pi^2} \left[ 1 - \frac{3h_0^2}{f_\pi^2} \frac{m_\pi^2}{m_\sigma^2 - m_\pi^2} \right] + \\ &- a \frac{e^{-m_\sigma t}}{2m_\sigma} \frac{\hat{G}_\pi^2 \xi_\pi}{f_\pi m_\pi^2} \frac{3h_0^2}{f_\pi^2} \left[ 1 - \frac{m_\pi^2}{m_\sigma^2 - m_\pi^2} \right] + O(a^3), \end{aligned} \quad (\text{C.32})$$

where, as we shall see below, all the quantities, but  $\xi_\pi$  and the negligible  $O(a^3)$  terms, can be directly evaluated from lattice data. Solving, in fact, the resulting equations yields an estimate of for  $\xi_\pi$  for each given quark mass  $\mu_q$  and lattice resolution  $a$ .

### C.3.1 Evaluating $\xi_\pi$

Several two-point Green functions in the neutral pseudoscalar (PS) channel (where also quark-disconnected diagrams contribute) have been evaluated, among which

$$C_{PP}^L(t) = a^3 \sum_{\vec{x}} \langle P^3(x) P^3(0) \rangle \Big|_L - L^3 \langle P^3(0) \rangle \Big|_L \langle P^3(0) \rangle \Big|_L, \quad (\text{C.33})$$

$$C_{SS}^L(t) = a^3 \sum_{\vec{x}} \frac{1}{4} \langle S^0(x) S^0(0) \rangle \Big|_L - L^3 \frac{1}{4} \langle S^0(0) \rangle \Big|_L \langle S^0(0) \rangle \Big|_L \quad (\text{C.34})$$

and

$$C_{PS}^L(t) = a^3 \sum_{\vec{x}} \frac{1}{2} \langle P^3(x) S^0(0) \rangle \Big|_L - L^3 \frac{1}{2} \langle P^3(0) \rangle \Big|_L \langle S^0(0) \rangle \Big|_L, \quad (\text{C.35})$$

$$C_{SP}^L(t) = a^3 \sum_{\vec{x}} \frac{1}{2} \langle S^0(x) P^3(0) \rangle \Big|_L - L^3 \frac{1}{2} \langle S^0(0) \rangle \Big|_L \langle P^3(0) \rangle \Big|_L, \quad (\text{C.36})$$

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<sup>21</sup>This is seen by noting that  $\Delta_1 S^0 \propto a\mu_q P^3$ , while  $\Delta_1 P^3$  comprises a term proportional to  $a\mu_q S^0$  and another one proportional to  $F_{\mu\nu} F_{\mu\nu}$ . This last term has  $O(\mu_q)$  matrix elements between states involving only the vacuum and one or two neutral pions, as one can check by means of SPT's.

It should be noted that in connected correlators the mixing of the bare operators  $P^3$  and  $S^0$  with the identity does not contribute.

All lattice correlators are simultaneously fitted to simple two-state ansatz of the form

$$C_{PS}^L(t) = c_5 c_1 \frac{\exp(-m_{\pi^3}|Lt)}{2m_{\pi^3}|L} + d_5 d_1 \frac{\exp(-m_\sigma|Lt)}{2m_\sigma|L}, \quad (\text{C.37})$$

$$C_{PP}^L(t) = c_5 c_5 \frac{\exp(-m_{\pi^3}|Lt)}{2m_{\pi^3}|L} + d_5 d_5 \frac{\exp(-m_\sigma|Lt)}{2m_\sigma|L}, \quad (\text{C.38})$$

$$C_{SS}^L(t) = c_1 c_1 \frac{\exp(-m_{\pi^3}|Lt)}{2m_{\pi^3}|L} + d_1 d_1 \frac{\exp(-m_\sigma|Lt)}{2m_\sigma|L}. \quad (\text{C.39})$$

Comparing the fit ansatz for the correlators  $C_{PS,SS,PP}^L$  with the corresponding Symanzik expansions written to the leading order in  $a$  and in the form where only the neutral pion and/or the lightest scalar state contributions are retained (consistently with the numerical fact that within statistical errors only the contribution of these two states is visible), one obtains the following identifications

$$c_5 \sim \langle \Omega | P^3 | \pi^3(\vec{0}) \rangle, \quad d_1 \sim \langle \Omega | \frac{1}{2} S^0 | \sigma \rangle, \quad (\text{C.40})$$

as well as

$$Z_{S^0} Z_P c_1 c_5 \stackrel{\text{SPT}}{\sim} a \frac{\hat{G}_\pi^2 \xi_\pi}{f_\pi m_\pi^2} \left[ 1 - \frac{3h_0^2}{f_\pi^2} \frac{m_\pi^2}{m_\sigma^2 - m_\pi^2} \right]. \quad (\text{C.41})$$

A similar equation between  $Z_{S^0} Z_P d_1 d_5$  and the coefficient of the  $e^{-m_\sigma t}/(2m_\sigma)$  term in the r.h.s. of eq. (C.32) can be obtained. This relation is, however, of minor interest given the substantial statistical error we have on the fitted coefficient  $d_5$ . Finally the relevant dimensionless ratios  $Z_P/Z_{S^0}$  and  $3h_0^2/f_\pi^2$  entering eq. (C.41) can be estimated via the formulae

$$\frac{Z_P}{Z_{S^0}} \sim \left| \frac{c_5}{G_{\pi^\pm}|L} \right|, \quad \frac{h_0^2}{f_\pi^2} \stackrel{\text{SPT}}{\sim} \frac{1}{3} \left( \frac{d_1}{G_{\pi^\pm}|L} \right)^2, \quad (\text{C.42})$$

where

$$G_{\pi^\pm}|L = \langle \Omega | P^\pm | \pi^\pm(\vec{0}) \rangle|L, \quad (\text{C.43})$$

$$P^\pm = (P^1 \pm iP^2)/\sqrt{2}. \quad (\text{C.44})$$

The second of the eqs. (C.42) is a consequence of the SPT (C.30) and the relation

$$Z_P d_1 \stackrel{\text{SPT}}{\sim} \sqrt{3} h_0 \langle \pi^3(\vec{0}) | \frac{1}{2} \hat{S}^0 | \pi^3(\vec{0}) \rangle \quad (\text{C.45})$$

which in turn follows from the identification of  $\sigma$  as a two pion state (see eq. (C.29)). It should also be recalled that both the renormalized operators  $\hat{S}_0$  and  $\hat{P}^\pm$  are related to their bare (subtracted) counterparts through the renormalization constant  $Z_P$ , which would then cancel in the ratio  $d_1/G_{\pi^\pm}|_L$  if we were to write it in terms of renormalized quantities.

Combining together the relations (C.40), (C.41) and (C.42), one arrives at an explicit formula for  $\xi_\pi$ , namely

$$a\xi_\pi \stackrel{\text{SPT}}{\sim} c_1 \frac{f_{\pi^\pm} m_{\pi^\pm}^2}{G_{\pi^\pm}} \left[ 1 - \frac{d_1^2}{3G_{\pi^\pm}^2} \frac{3m_{\pi^\pm}^2}{m_\sigma^2 - m_{\pi^\pm}^2} \right]^{-1} \Big|_L, \quad (\text{C.46})$$

where the charged pion sector  $O(a^0)$  quantities  $m_{\pi^\pm}|_L$ ,  $G_{\pi^\pm}|_L$  and

$$f_{\pi^\pm} \Big|_L \equiv 2\mu_q (G_{\pi^\pm} m_{\pi^\pm}^{-2}) \Big|_L \quad (\text{C.47})$$

can be evaluated much more accurately (at level of 1% or better) than the corresponding neutral sector quantities,  $m_\sigma|_L$ ,  $d_1$  and  $c_1$  (we recall that  $c_1$  vanishes linearly in  $a$  as  $a \rightarrow 0$ ). From the analysis of the neutral pseudoscalar channel correlators specified in eqs. (C.33) to (C.36), we can extract  $m_\sigma|_L$  that, within statistical errors (ranging from 10% to 20% depending on statistics) turns out to be equal to  $2m_{\pi^\pm}|_L$  at all the values of  $\mu_q$  and at the two different lattice resolutions we consider (see Table 2 below). Using the relation (C.47) and setting  $m_\sigma|_L = 2m_{\pi^\pm}|_L$ , eq. (C.46) takes the simple form

$$a\xi_\pi \stackrel{\text{SPT}}{\sim} c_1 2\mu_q \left[ 1 - \frac{d_1^2}{3G_{\pi^\pm}|_L^2} \right]^{-1}, \quad (\text{C.48})$$

or alternatively

$$a\xi_\pi \stackrel{\text{SPT}}{\sim} c_1 2\mu_q \left[ 1 - \frac{h_0^2}{f_{\pi^\pm}|_L^2} \right]^{-1}. \quad (\text{C.49})$$

The latter expression of  $\xi_\pi$  is exploited to obtain the numerical estimates presented below.

### C.3.2 Numerical results

We report in Table 2 in lattice units the results for the quantities entering eqs. (C.46)–(C.49). These numbers are obtained from the analysis of the correlators (C.33)–(C.36), as well as their charged pseudoscalar meson analogs, evaluated on the gauge configurations taken from the  $N_f = 2$  ETMC ensembles with the following bare parameters

$$\beta = 3.9 \ (a \simeq 0.09 \text{ fm}), \ L/a = 24 : \quad a\mu_q = 0.0040, 0.0064, 0.0085, \quad (\text{C.50})$$

$$\beta = 3.9 \ (a \simeq 0.09 \text{ fm}), \ L/a = 32 : \quad a\mu_q = 0.0040, \quad (\text{C.51})$$

$$\beta = 4.05 \ (a \simeq 0.07 \text{ fm}), \ L/a = 32 : \quad a\mu_q = 0.0030, 0.0060. \quad (\text{C.52})$$



The values of  $a\mu_q$  above are known [3, 5] to correspond to quark mass values (in the  $\overline{MS}$  scheme at a scale of 2 GeV) in the range from 20 to 40 MeV. At  $\beta = 3.9$  and  $a\mu_q = 0.0040$  data at two different volumes allow to check that our estimates of  $\xi_\pi$  are not significantly affected by finite size effects. The results at the two  $\beta$ -values can be compared by expressing quantities in units of  $r_0$  (extrapolated to zero quark mass limit) with the help of the estimates [3, 7])

$$r_0/a|_{\beta=3.9} = 5.22(2), \quad r_0/a|_{\beta=4.05} = 6.61(3). \quad (\text{C.53})$$

In order to ease such a comparison, for the case of  $c_1$ , which is a dimension two and  $O(a)$  quantity, we also quote the value of  $c_1 r_0^3 a^{-1}$ , the latter being by construction a dimensionless and  $O(a^0)$  quantity<sup>22</sup>. For the key quantity  $\xi_\pi$  we quote for the same reasons  $r_0^4 \xi_\pi$ . In Table 2 we also give for each ensemble the number of measurements (# meas.) of the neutral pseudoscalar meson channel correlators.

Inspection of Table 2 shows that the most accurate results are obtained for  $\beta = 3.9$ ,  $a\mu_q = 0.0040$ , where the number of measurements of neutral pseudoscalar meson channel correlators is the largest and we also have data on two different physical volumes. From the results at  $\beta = 3.9$ ,  $a\mu_q = 0.0040$  and using eq. (C.49), we obtain our best  $\xi_\pi$  estimate, namely

$$\xi_\pi \stackrel{\text{SPT}}{\sim} -0.00014(4) a_{\beta=3.9}^{-4} \Leftrightarrow r_0^4 \xi_\pi \stackrel{\text{SPT}}{\sim} -0.10(3), \quad (\text{C.54})$$

from which eqs. (C.21)–(C.26) follow. One checks in Table 2 that this result remains stable within statistical errors at increasing values of the quark mass.

If we were to use for  $\xi_\pi$  the expression (C.48), instead of eq. (C.49), results consistent with eq. (C.54) would be obtained, though with a larger statistical errors due to the fact that  $d_1/(\sqrt{3}G_{\pi^\pm})|_L$  is a quantity of order one with a sizeable uncertainty from  $d_1$ , the effect of which is enhanced in the factor  $(1 - \frac{d_1^2}{3G_{\pi^\pm}|_L^2})^{-1}$ . For instance, at  $\beta = 3.9$ ,  $a\mu_q = 0.0040$  and  $L/a = 24$  (the statistically most precise data set) we would get  $\xi_\pi = -0.00015(5) a_{\beta=3.9}^{-4}$ .

Results about the various quantities entering eqs. (C.46)–(C.49) are also shown in Table 2, as a check of their quark mass dependence and scaling with  $a$ . For instance, in the case of  $c_1$  we find by inspection that the values of  $c_1 r_0^3 a^{-1}$  display within errors good scaling and no visible quark mass dependence. This last property is consistent with the use of SPT's we made in order to arrive at eq. (C.48). The situation for  $d_1$  is similar, but with somewhat increasing statistical uncertainties at higher quark masses. The statistically very precise matrix element  $G_{\pi^\pm}|_L$ , shows instead a mild quark

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<sup>22</sup>The statistical error on  $c_1 r_0^3 a^{-1}$  is completely dominated by that on  $a^2 c_1$ .

mass dependence, as its value is seen to change by not more than 10% in the quark mass range we have considered.

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obs. $\mathcal{O}$	$\beta$	$a\mu_q$	$R_s[\mathcal{O}]$
$m_{\text{PS}}$	3.90	0.0040	0.185(44)
$m_{\text{PS}}$	3.90	0.0085	0.139(51)
$m_{\text{PS}}$	4.05	0.0030	0.120(110)
$m_{\text{PS}}$	4.05	0.0060	0.120(42)
$f_{\text{PS}}$	3.90	0.0040	0.04(6)
$f_{\text{PS}}$	3.90	0.0085	-0.09(8)
$f_{\text{PS}}$	4.05	0.0030	-0.03(6)
$f_{\text{PS}}$	4.05	0.0060	0.01(5)
$m_{\text{V}}$	3.90	0.0040	0.022(68)
$m_{\text{V}}$	3.90	0.0085	0.021(44)
$m_{\text{V}}$	4.05	0.0030	-0.104(108)
$m_{\text{V}}$	4.05	0.0060	0.003(49)
$m_{\text{V}}f_{\text{V}}$	3.90	0.0040	-0.07(18)
$m_{\text{V}}f_{\text{V}}$	3.90	0.0085	-0.01(11)
$m_{\text{V}}f_{\text{V}}$	4.05	0.0030	-0.31(29)
$m_{\text{V}}f_{\text{V}}$	4.05	0.0060	-0.12(13)
$m_{\Delta}$	3.90	0.0040	0.022(29)
$m_{\Delta}$	3.90	0.0060	0.001(21)
$m_{\Delta}$	3.90	0.0085	0.005(19)
$m_{\Delta}$	3.90	0.0100	0.007(19)
$m_{\Delta}$	4.05	0.0030	-0.004(45)
$m_{\Delta}$	4.05	0.0060	0.004(17)
$m_{\Delta}$	4.05	0.0080	0.000(18)
$m_{\Delta}$	4.05	0.0120	0.007(16)

Table 1: The ratio  $R_s[\mathcal{O}]$  of eq. (3.1) for the observables  $\mathcal{O}$  indicated in the first column at the simulation parameters specified in the second and third column (lattice size is about  $L = 2.1$  fm). The large statistical error on  $R_s$  for mesonic observables at  $\beta = 4.05$ ,  $a\mu_q = 0.0030$  is due to limited statistics for the quark-disconnected contributions to the neutral meson correlators.

$(\beta, a\mu_q) _{L/a}$	$(3.9, .0040) _{24}$	$(3.9, .0064) _{24}$	$(3.9, .0085) _{24}$	$(3.9, .0040) _{32}$
# meas.	880	240	248	184
$am_{\pi^\pm} _L$	0.1359(7)	0.1694(4)	0.1940(5)	0.1338(3)
$a^2G_{\pi^\pm} _L\sqrt{2}$	0.1501(25)	0.1581(16)	0.1643(15)	0.1484(11)
$am_{\pi^3} _L$	0.103(4)	0.134(10)	0.163(8)	0.107(7)
$am_\sigma _L$	0.234(25)	0.391(46)	0.449(47)	0.284(47)
$a^2c_1\sqrt{2}$	-0.021(4)	-0.018(6)	-0.011(6)	-0.019(5)
$a^2d_1\sqrt{2}$	-0.12(2)	-0.22(5)	-0.25(6)	-0.15(3)
$c_1r_0^3a^{-1}\sqrt{2}$	-3.0(6)	-2.6(9)	-1.6(9)	-2.7(7)
$\xi_\pi r_0^4$	-0.10(2)	-0.14(5)	-0.10(4)	-0.08(2)
$(\beta, a\mu_q) _{L/a}$	$(4.05, .0030) _{32}$	$(4.05, .0060) _{32}$		
# meas.	192	188		
$am_{\pi^\pm} _L$	0.1038(6)	0.1432(6)		
$a^2G_{\pi^\pm} _L\sqrt{2}$	0.0898(18)	0.0972(12)		
$am_{\pi^3} _L$	0.090(6)	0.125(6)		
$am_\sigma _L$	0.231(37)	0.232(55)		
$a^2c_1\sqrt{2}$	-0.014(3)	-0.010(6)		
$a^2d_1\sqrt{2}$	-0.10(2)	-0.09(3)		
$c_1r_0^3a^{-1}\sqrt{2}$	-4.0(9)	-2.9(1.7)		
$\xi_\pi r_0^4$	-0.13(2)	-0.16(9)		

Table 2: Quantities entering eqs. (C.46)–(C.49). The labels for the parameter sets have self-explanatory names and the corresponding columns follow the same order as the list of parameter sets in eqs. (C.50)–(C.52). The statistical errors come from a standard bootstrap analysis on blocked data, so as to properly take into account autocorrelation of consecutive measurements.