

Article A Meta-Analysis Approach to Gene Regulatory Network Inference Identifies Key Regulators of Cardiovascular Diseases

Gerardo Pepe ¹, Romina Appierdo ^{1,2}, Gabriele Ausiello ¹, Manuela Helmer-Citterich ^{1,*} and Pier Federico Gherardini ^{1,*}

- ¹ Department of Biology, University of Rome "Tor Vergata", 00133 Rome, Italy; gerardo.pepe@uniroma2.it (G.P.); romina.appierdo@uniroma2.it (R.A.)
- ² PhD Program in Cellular and Molecular Biology, Department of Biology, University of Rome "Tor Vergata", 00133 Rome, Italy
- * Correspondence: manuela.helmer.citterich@uniroma2.it (M.H.-C.); pier.federico.gherardini@uniroma2.it (P.F.G.)

Abstract: Cardiovascular diseases (CVDs) represent a major concern for global health, whose mechanistic understanding is complicated by a complex interplay between genetic predisposition and environmental factors. Specifically, heart failure (HF), encompassing dilated cardiomyopathy (DC), ischemic cardiomyopathy (ICM), and hypertrophic cardiomyopathy (HCM), is a topic of substantial interest in basic and clinical research. Here, we used a Partial Correlation Coefficient-based algorithm (PCC) within the context of a meta-analysis framework to construct a Gene Regulatory Network (GRN) that identifies key regulators whose activity is perturbed in Heart Failure. By integrating data from multiple independent studies, our approach unveiled crucial regulatory associations between transcription factors (TFs) and structural genes, emphasizing their pivotal roles in regulating metabolic pathways, such as fatty acid metabolism, oxidative stress response, epithelialto-mesenchymal transition, and coagulation. In addition to known associations, our analysis also identified novel regulators, including the identification of TFs FPM315 and OVOL2, which are implicated in dilated cardiomyopathies, and TEAD1 and TEAD2 in both dilated and ischemic cardiomyopathies. Moreover, we uncovered alterations in adipogenesis and oxidative phosphorylation pathways in hypertrophic cardiomyopathy and discovered a role for IL2 STAT5 signaling in heart failure. Our findings underscore the importance of TF activity in the initiation and progression of cardiac disease, highlighting their potential as pharmacological targets.

Keywords: cardiovascular disease; cardiomyopathy; gene regulatory network

1. Introduction

Cardiovascular diseases (CVDs) are a leading cause of morbidity and mortality worldwide [1,2]. They encompass a range of disorders involving the heart and blood vessels, including conditions such as atherosclerosis, hypertension, myocardial infarction, and cardiac arrhythmias. Among these conditions, heart failure (HF) is of major concern [1].

HF is a medical condition characterized by the heart's inability to pump blood sufficiently to meet the demands of the body [3]. HF can be caused by multiple factors, including (i) damage to the heart muscle following a heart attack, (ii) uncontrolled high blood pressure, and (iii) chronic heart disease. Symptoms of HF may include fatigue, difficulty breathing (dyspnea), and fluid buildup in the body (fluid retention) [4].

Multiple manifestations of HF have been described. Among these, dilated cardiomyopathy (DC) is characterized by dilation and weakening of the cardiac muscle [5]. This condition can be idiopathic or caused by factors such as hypertension, alcohol abuse, or viral infection [6]. On the other hand, ischemic cardiomyopathy (ICM) is a form of HF associated with inadequate blood flow to the cardiac muscle, often due to atherosclerosis of the coronary arteries [7]. Finally, hypertrophic cardiomyopathy (HCM) is characterized by



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Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). excessive thickening of the cardiac muscle, making it more difficult for the heart to pump blood [8].

Traditionally, these various manifestations of HF and cardiomyopathies have been designated and classified separately. However, as molecular data enhances our understanding of the biological processes underlying each disease, it will be interesting to explore whether these different conditions represent overlapping pathological states within the spectrum of cardiovascular diseases and possibly other pathologies as well. Cardiac diseases are multifactorial disorders, heavily dependent on both genetics and environmental factors, such as individual smoking and eating habits. Recent transcriptomics studies report that a strong connection exists between such factors and the molecular mechanisms underlying cardiovascular pathologies, including HF [9–13]. Of note, researchers showed that people's overall lifestyles heavily affect the activity of transcription factors genes [14,15]. Therefore, the study of gene regulatory networks will enable the discovery of fundamental mechanisms in the pathophysiology of cardiovascular diseases and will also lead to the identification of specific transcription factors and microRNAs [16–18] that play a key regulatory role in health and diseases.

To this end here we employ a meta-analysis approach to reconstruct gene regulatory networks in heart failure, ischemic, dilated and hypertrophic cardiomyopathies. We leverage multiple publicly available gene expression datasets to extract different layers of regulatory information, including miRNAs, transcription factors and pathways activity. The integration of multiple datasets in a meta-analysis framework mitigates dataset-specific biases and batch effects and leads to the identification of the most robust signals in the data.

2. Results and Discussion

To conduct a comprehensive and unbiased investigation of the molecular changes underlying cardiac diseases, we systematically searched the Gene Expression Omnibus (GEO) database (https://www.ncbi.nlm.nih.gov/geo/ (accessed on 3 May 2023)) to retrieve all the publicly available human heart disease-related bulk gene expression datasets which also incorporate microRNA expression profiles [19].

We collected six studies, each provided with samples from both healthy individuals and patients with different heart conditions, including heart failure, ischemic cardiomyopathy, dilated cardiomyopathy, and hypertrophic cardiomyopathy. The description of the cohorts is provided in Table 1.

GEO	Disease	# of Diseased Samples	# of Healthy Samples
GSE55296 [20]	Dilated Cardiomyopathy	13	10
GSE116250 [21]	Dilated Cardiomyopathy	37	14
GSE133054 [22]	Hypertrophic Cardiomyopathy	8	8
GSE135055 [23]	Heart Failure	21	9
GSE133054 [22]	Heart Failure	7	8
GSE48166	Ischemic Cardiomyopathy	15	15
GSE55296 [20]	Ischemic Cardiomyopathy	13	10
GSE116250 [21]	Ischemic Cardiomyopathy	13	14

Table 1. Summary of study cohorts.

The workflow adopted in this project is summarized in Figure 1.

Initially, the gene expression profiles of individual patients were obtained. Then, differential expression between patients and healthy controls was computed for each gene.



Figure 1. Schematic overview of the entire analysis.

Raw gene expression values were then used to calculate higher-level, more interpretable features such as pathways and transcription factors activity scores and their difference in patients vs controls. Our focus then shifted towards the identification of co-expressed gene pairs within the dysregulated pathways. This step involved identifying genes that exhibited coordinated expression patterns, shedding light on potential functional relationships and interactions within these molecular networks. Finally, we employed a correlation analysis within dysregulated pathways to infer specific gene regulatory networks and identify master regulators responsible for the re-wiring of gene expression programs in each disease.

2.1. Transcriptome Changes in Patients with Cardiac Pathologies

We performed differential gene expression analysis to assess transcriptomic differences in patients affected by heart failure, dilated cardiomyopathy, ischemic cardiomyopathy, and hypertrophic cardiomyopathy with respect to healthy controls. For each pathology, an integrated multi-cohort analysis was performed, which resulted in the identification of hundreds of genes that were significantly differentially expressed in disease-affected individuals compared to control individuals (FDR \leq 0.05 and an |Effect Size| \geq 1). Overall, this analysis shows that only 35 genes are dysregulated in all four pathologies (Figure 2B, Supplementary S1). The list of differentially expressed genes identified in each cardiac pathology is provided in Supplementary S1. A total of 642 differentially expressed genes (145 overexpressed and 497 underexpressed) were identified from the multi-cohort analysis performed on heart failure. Of the 145 upregulated genes, 143 were protein-coding genes and were found to be enriched in biological processes such as small molecular metabolic processes, circulatory system processes, and vascular processes in the circulatory system (Figure 2A). Additionally, these genes exhibit enrichment of motifs recognized by transcription factors and methyltransferases (Supplementary S1), including a transcription factor already established as a prognostic biomarker for heart failure, ZNF300 [24]. Out of the total, two genes were long intronic non-coding RNAs of unknown function (Figure 2C). However, considering that in recent years, several studies have linked the role of long noncoding RNAs to heart diseases [25–28], these long intronic non-coding genes are worthy of further investigation.



Figure 2. (**A**) The heatmap shows the pooled effect sizes resulting from the meta-analysis of genes integrated across all studies for each pathology; (**B**) The Venn diagram depicts the intersection of differentially expressed genes across heart failure, dilated cardiomyopathy, ischemic cardiomyopathy, and hypertrophic cardiomyopathy; (**C**) Effect sizes of upregulated long non-coding RNAs in heart failure patients across all four pathologies; (**D**) Effect sizes of transcription factors recognizing enriched motifs in dysregulated genes in dilated cardiomyopathy; (**E**) Effect sizes of transcription factors recognizing enriched motifs in dysregulated genes in ischemic cardiomyopathy.

On the other hand, the downregulated genes were found to be enriched in biological processes such as anatomical structure development and supramolecular fiber organization, as well as in molecular functions like extracellular matrix structural constituent, glycosaminoglycan binding, and cytoskeletal protein binding (Figure 2A). Additionally, significant enrichment was observed in the extracellular matrix organization pathway (Supplementary S1), which has been widely associated with heart failure [29–31].

Similarly, we conducted a multi-cohort analysis on patients with dilated cardiomyopathy, resulting in 331 differentially expressed genes (100 upregulated and 231 downregulated). Consistent with the literature, the downregulated genes were found to be enriched in biological processes such as glycoprotein metabolism, extracellular structure, or matrix organization (Figure 2A) [32–35]. Additionally, the regulatory regions of these genes exhibit enrichment in motifs recognized by transcription factors that have previously been observed to be involved in dilated cardiomyopathy (Figure 2D, such as E2F3, EGR-1 (less expressed in patients) and ETF1 (more expressed)) [36–38]. Furthermore, these genes display enrichment in their regulatory regions for a motif recognized by the transcription factor OVOL2 (Supplementary S1) that is known to be involved in angiogenesis and heart formation [39]. Although there is no data supporting its association with cardiac pathologies, OVOL2 has recently been associated with corneal dystrophy and various types of tumors, such as lung cancer and thyroid cancer [40–42]. To the best of our knowledge, its role in cardiac disorders has not been previously reported [39]. This suggests that further studies are needed to understand its potential involvement in dilated cardiomyopathy. In accordance with evidence from the literature, the upregulated genes are enriched in genes involved in the downregulation of the ERRBB2:ERBB3 signaling pathway [43–45]. Considering that ERBB2 signaling regulates cardiac functionality, this pathway has been suggested to be essential for the prevention of dilated cardiomyopathy [46]. Lastly, these genes exhibit enrichment for a promoter motif recognized by the transcription factor FPM315 (Supplementary S1), which is expressed in various tissues, including the heart, but that has not been associated with any cardiac pathology.

The multi-cohort analysis conducted on ischemic heart disease highlighted 260 differentially expressed genes, 29 upregulated and 231 downregulated. Of the 231 downregulated genes, 205 are protein-coding genes and were found to be enriched in molecular functions encompassing signaling, cell communication, and cell junction organization (Figure 2A). Additionally, the regulatory regions of these genes exhibit an enrichment in motifs recognized by transcription factors (Supplementary S1), known to be associated with ischemic cardiomyopathy, such as CTCF, KLF10, KLF15, and ZBTB7A [47–50]. However, in our results, the expression of these transcription factors does not appear to be dysregulated in patients (Figure 2E).

The upregulated genes were enriched in molecular functions comprising oxidoreductase activity and biological processes like the regulation of heart rate, actin-mediated cell contraction, and cardiac chamber morphogenesis (Figure 2A, Supplementary S1). Also in this case several transcription factors appear to regulate pathogenic processes and deserve further study.

Finally, the analysis of the only hypertrophic cardiomyopathy dataset resulted in the identification of 303 differentially expressed genes (62 upregulated and 241 downregulated). The downregulated genes were enriched in biological processes such as metabolism regulation, developmental processes, and molecular functions like histone binding (Figure 2A, Supplementary S1). Among the promoters of overexpressed genes, we identified enrichment in a motif recognized by the transcription factor ZBRK1 (ZNF350). This transcription factor is expressed in various tissues, including the heart, and it has been associated with different types of tumors, including breast cancer, hepatocellular carcinoma, colon cancer, ovarian cancer, colorectal cancer, inflammatory breast carcinoma, esophageal cancer, and encephalitis [51–55]. To the best of our knowledge, its involvement in heart disease has not previously been reported.

The multi-cohort analysis of cardiac pathologies showed that in terms of differential expression profiles, ischemic and dilated cardiomyopathies are most similar to each other (Figure 2A), emphasizing how conditions that are classified as distinct can nonetheless share common molecular mechanisms. This is in line with previous reports that describe ischemic cardiomyopathy as a subtype of dilated cardiomyopathy [56]. Furthermore, hypertrophic cardiomyopathy appears to be more similar to dilated cardiomyopathy. Additionally, the observation that hypertrophic cardiomyopathy suggests a potential continuum in disease progression, with hypertrophic cardiomyopathy possibly evolving into dilated cardiomyopathy, as indicated in the literature [57].

In order to aquaire a more interpretable overview of the transcriptomic differences across the different diseases under study, we next turned to the analysis of pathway activity scores.

2.2. Alterations in Pathway Activity Profiles

For each cardiac pathology under investigation, we conducted a multi-cohort analysis to highlight differential pathways activity between healthy and disease-affected individuals (Supplementary S2). Figure 3 shows the results for each of the four pathologies under study. In this case, the overall pathway activity of dilated cardiomyopathy appears to be the most similar to that of ischemic cardiomyopathy, confirming our previous observations. The differential pathway activity provides a more interpretable view of the mechanisms involved in each pathology and allows us to highlight differences and similarities among them. Overall, this analysis identified six pathways that are dysregulated in all four pathologies, as well as others that are specific to each disease (Figure 3B). Furthermore, there is a trend of up-regulation observed for pathways involved in energy metabolism, whereas conversely, down-regulation is noted in pathways involved in coagulation, inflammation, and immunity. This observation suggests potential commonalities and differences in the underlying molecular mechanisms across the diseases under study.



Figure 3. (**A**) The heatmap shows the pooled effect sizes resulting from the meta-analysis of pathway gene sets computed by GSVA and then integrated across all studies for each pathology using the random-effects model. This analysis further confirms the similarity between DC and ICM, now at the level of pathway activity; (**B**) The Venn diagram illustrates the intersection of differentially activated pathways across heart failure, dilated cardiomyopathy, ischemic cardiomyopathy, and hypertrophic cardiomyopathy.

The epithelial-to-mesenchymal transition (EMT) and coagulation pathways exhibit a similar trend with varying degrees of dysregulation in all four pathologies. Numerous signaling pathways play a significant role in regulating EMT during cardiac development [58,59]. The NOTCH pathway is also crucial for EMT, although it is not necessary for the initial formation of extracellular matrix swellings [60]. Our analysis shows a downregulation of this pathway in patients with heart failure, ischemic cardiomyopathy, and dilated cardiomyopathy (Figure 3). In summary, signaling pathways involving bone morphogenetic proteins (BMPs) and TGF- β ligands and receptors, modulated by the Hippo pathway [61], induce the expression of Snai1, Snai2, and Twist in endocardial cells. These genes encode archetypal transcription factors that regulate EMT. Similar to the NOTCH pathway, our analysis reveals that the TGF- β pathway is downregulated to varying degrees in the four analyzed cardiac pathologies (Figure 3).

Due to the dysregulation of these signaling pathways, endocardial cells within the cushions undergo EMT and transition into a fibroblastic fate. Similar to fibroblasts found in other connective tissues, valvular fibroblasts undergo a maturation process akin to the formation of bone, cartilage, and tendons. The transcription factor SOX9, induced by BMPs, serves as a central regulator of ECM gene expression networks [62].

While heart failure and the three different cardiomyopathies share a common set of dysregulated pathways, there are also disease-specific trends.

As reported in the literature, we observed an upregulation in pathways related to fatty acid metabolism, oxidative phosphorylation, and adipogenesis in hypertrophic cardiomyopathy (Figure 3) [63,64]. These pathways do not appear to be upregulated in the other three pathologies, highlighting differences in metabolic reprogramming among cardiomyopathies.

Our results indicate that the K-Ras pathway is downregulated in patients when compared to healthy individuals across all four pathologies. Notably, this downregulation is more pronounced in heart failure (Figure 3A). While only a limited number of studies have explored K-Ras in cardiac research, its association with cardiac cell proliferation is evident [65]. The identification of pathways known to be associated with cardiac pathologies validates our results, which also include pathways, such as IL2 and STAT5 signaling or peroxisome, that, to the best of our knowledge, have not been previously implicated in cardiac disease. In order to identify key regulators responsible for the observed differences in pathway activities, we next analyzed the role of microRNAs and the activity of Transcription Factors in these samples.

2.3. Differentially Expressed microRNAs

We performed a multi-cohort analysis to identify differentially expressed miRNAs between disease-affected and control individuals (Supplementary S3). This analysis revealed a contrasting trend in the abundance of differentially expressed miRNAs across the four diseases. No common dysregulated miRNAs were identified across the four pathologies, and significant differences were observed in the number of dysregulated miRNAs in each disease. Specifically, only 5 and 22 miRNAs were found to be differentially expressed in DCM and ICM, respectively (Figure 4B).

Conversely, hundreds of differentially expressed miRNAs were identified in HF and HCM. In particular, 736 were found in HF, 728 of which downregulated and 8 upregulated; 261 were found in HCM of which 202 up-regulated and 59 downregulated (Figure 4C).

Our analysis highlighted various dysregulated miRNAs in HCM, aligning with findings in the current literature, including miR-212, miR-132, miR-22, and miR-199a. Specifically, miR-212 and miR-132 have been identified as both necessary and sufficient for inducing hypertrophic growth in cardiomyocytes. These miRNAs target the expression of the FOXO3 transcription factor, a potent anti-hypertrophic and pro-autophagic factor in cardiomyocytes. The reduction of FOXO3, induced by the increased expression of miR-212/132, leads to the heightened activation of the pro-hypertrophic calcineurin/NFAT signaling pathway, ultimately resulting in the hypertrophy of cardiomyocytes. Conversely, the genetic loss-of-function of miR-212/132, or the use of an antagomir to reduce miR-132, suppresses pressure-overload-induced calcineurin/NFAT signaling, thereby attenuating the development of cardiac hypertrophy [66]. The increased expression of miR-132, in turn, downregulates autophagy in cardiomyocytes [67]. Additionally, while FOXO3 has not yet been specifically associated with any cardiac pathology, its involvement in Myopathy has been suggested in previous studies [68,69], and severe forms of Myopathy can result in cardiac muscle involvement. Furthermore, its involvement has been highlighted in lung and prostate cancer, leukemia, ovarian, hepatocellular, and endometrial cancer [70–74]. Particularly, phosphorylation of FOXO3 primarily dictates its subcellular localization, whereby FOXO3 sequestered in the cytoplasm loses its capacity to execute transcriptional regulation and is susceptible to subsequent degradation. These post-translational modifications intricately intertwine with cancer progression and determine tumor cell response to treatments. Another key regulator of autophagy is mTOR. It has been observed that the upregulation of its translational regulator miR-199a alone is sufficient to inhibit cardiomyocyte autophagy and induce cardiac hypertrophy in vivo. These findings reveal a novel role for miR-199a as a crucial regulator of cardiac autophagy, suggesting that targeting miRNAs that regulate autophagy could be a potential therapeutic strategy for treating cardiac diseases [75]. From our analysis, miR-1282 and miR-7112_5p emerge as the top two upregulated miRNAs in HCM patients when compared to healthy samples. Notably, miR-1282 has also been found to be highly upregulated in DCM, and it exhibits the opposite behavior in HF, where it is significantly downregulated. Moreover, miR-3912 and miR-3180 emerge as the most upregulated miRNAs in patients affected by ICM and HF. Interestingly, these two microRNAs have been previously associated with acute myocarditis and the growth and metastasis of hepatocellular carcinoma, respectively [76,77]. Despite their prominent dysregulation, there are currently no studies in the literature linking these miRNAs to ischemic cardiomyopathy or heart failure. This suggests that further studies are necessary to understand their potential involvement in cardiac disease.



Figure 4. (A) The heatmap shows the pooled effect sizes resulting from the meta-analysis of miRNAs integrated across all studies for each pathology using the random-effects model; (B) The Venn diagram illustrates the intersection of differentially expressed miRNAs across heart failure, dilated cardiomyopathy, ischemic cardiomyopathy, and hypertrophic cardiomyopathy. (C) Distribution of miRNA effect sizes in each cardiac disease.

2.4. Variations in Transcription Factor Activity Profiles

We conducted a differential transcription factor activity analysis for each cardiac disease under study, contrasting affected vs healthy samples, and then compared the results among the different pathologies. Figure 5B shows that only one transcription factor is dysregulated across all four pathologies, emphasizing that the majority of the differences are specific to each pathology. In our analysis, Mitogen-Activated Protein Kinase 1 (MAP2K1) appears to be dysregulated in hypertrophic cardiomyopathy, leading to heart failure (Figure 5A). Mutations in this kinase have been associated with various types of tumors, such as lung cancer, melanoma, pancreatic cancer, and prostate cancer [78-81]. Specifically, mutations in RAF and RAS proteins cause improper activation of the MAPK signaling pathways, resulting in constitutive activation of the extracellular signal-regulated kinase 1/2 (ERK1/2) pathway. This promotes tumor growth or induces resistance to chemotherapy treatments. Additionally, two novel variants were detected and consistently predicted to be involved in hypertrophic cardiomyopathy [82]. More broadly, the regulation and function of the cardiomyocyte kinome are of great interest, even though few studies exist on the topic. The role of kinases as potential therapeutic targets is an active area of research [83-85], and a deeper comprehension of the regulatory networks in which they are involved is needed to understand the observed cardiac toxicities of some kinase inhibitors.



Figure 5. (**A**) The heatmap shows the pooled effect sizes resulting from the meta-analysis of transcription factor activities computed by GSVA and then integrated across all studies for each pathology using the random-effects model. This analysis further confirms the similarity between DC and ICM, now at the level of transcription factor activity; (**B**) The Venn diagram shows the intersection of differentially activated TF across heart failure, dilated cardiomyopathy, ischemic cardiomyopathy, and hypertrophic cardiomyopathy.

Although the precise role of MAP2K1 in HF has not yet been completely described, multiple studies have reported this kinase to be dysregulated in dilated cardiomyopathy and ischemic heart failure (IHF) [86,87]. Furthermore, by using bioinformatics and machine learning approaches, Guo and Xu identified MAP2K1 as part of a signature of genes with

outstanding diagnostic power, which can discriminate between left ventricular tissue from healthy controls and patients with left heart failure [87].

A proposed functional role for MAP2K1 in HF has been suggested in the context of the insulin pathway. There is evidence that the insulin signaling pathway becomes inactive during the onset of heart failure, with MAP2K1 being a pivotal downstream gene within this pathway [88]. The heart depends on insulin signaling to regulate vital processes such as growth and survival. Therefore, deficiency in this pathway results in an energy deficit within the heart that accelerates the development of heart failure [87].

FOXC1 also emerges as a dysregulated transcription factor from our analysis (Figure 5A). The role of this Transcription Factor in HF possibly relates to the myocardial fibrosis process, defined as the excessive deposition of extracellular matrix in the cardiac interstitium, proliferation of cardiac fibroblasts, tissue repair, and scar formation [89]. Heart failure is often coupled with cardiac remodeling, a process characterized by various pathological changes, chief amongst which is myocardial fibrosis [90].

Zhang et al. (2019) found that, in myocardial ischemia, FOXC1 upregulates the expression of Toll-like receptors [91], such as TLR4, a member of the interleukin-1 receptor family [91]. Therefore, FOXC1 acts as an important regulator of the inflammation process. Activation of TLR4 leads to the progression of cardiac hypertrophy and tissue damage [92]. In accordance with this evidence, Tao et al. found TLR4 to be a hub gene capable of discriminating between HF and healthy human cardiomyocytes [90]. This observation suggests that FOXC1, as a regulator of TLR4, may play a role in the fibrotic processes associated with the development of heart failure.

Atrial fibrillation (AF) is the most common arrhythmia in clinical practice and leads to many serious complications, including heart failure. Multiple studies have investigated the molecular mechanisms involved in AF development and progression, highlighting the role of transcription factors in this process.

PBXIP1 has been shown to be an AF-associated biomarker in human left atrial appendages [93]. In our analysis, we further observed an increased activity of this transcription factor in patients with heart failure compared to healthy individuals and a decreased activity in patients with hypertrophic cardiomyopathy, as reported in Figure 5A. These findings underscore the need for further investigation to elucidate its potential implications in atrial fibrillation and cardiac health.

PAX6 and AHRARNT have emerged as interesting nodes in the regulatory network constructed by searching for interaction between transcription factors and miRNAs targets associated with the development of atrial fibrillation [94]. More specifically, when comparing AF patients with controls, PAX6 was found to be regulated by the downregulation of miR-223-3p, probably through the modulation of AHRARNT transcription factor activity. Furthermore, PAX6 is known to be associated with the regulation of apoptosis in AF.

Finally, our results include multiple dysregulated ZNF proteins in HF conditions compared to controls (Figure 5A). While certain TFs from this family are already recognized for their role in cardiac remodeling, to the extent that they are employed in the treatment of post-infarction cardiac remodeling [95], there is still limited evidence in the literature for the ZNF proteins identified in our analysis.

The complete results of this analysis are reported in Supplementary S4.

2.5. Construction of the Gene Regulatory Network in Heart Diseases

The analyses described in previous paragraphs successfully identified significant differences across multiple cardiac pathologies at different layers of transcriptional and translational regulation, including individual genes, TFs, miRNAs, and biological pathways.

Building upon these findings, we next sought to establish connections across these layers to paint a comprehensive picture of transcriptional and translational regulation in cardiac disease. This holistic approach is necessary to gain a deeper understanding of the underlying pathological processes and to advance our knowledge of disease etiology. GRNs have been successfully employed to construct regulatory networks for different pathologies, including Parkinson's disease [96,97] and autoimmune diseases [98].

The workflow for constructing a Gene Regulatory Network (GRN) in the context of heart diseases is summarized in Figure 1. Heart diseases are marked by substantial differences in gene expression within cardiac tissues. In this context, we established an artificial hierarchical GRN framework to uncover potential regulatory associations among the DEGs. We thus selected biological pathways related to cardiac disease, as identified by our pathway analysis, and applied a partial correlation algorithm to identify the key regulators of these pathways. Given the exponential rise in possible regulatory relationships with the increasing number of DEGs, the construction of the GRN was centered on genes associated with pathways identified as dysregulated in the above-mentioned pathway activity profiling analysis. Our analysis thus incorporates pathways such as NOTCH, TGFβ, epithelial-to-mesenchymal transition, and K-Ras pathway, alongside those associated with fatty acid metabolism, oxidative phosphorylation, and adipogenesis. Based on our research, these pathways are central to the dysregulation of cardiac tissue homeostasis, showing distinct alteration patterns within various heart failure sub-pathologies. Notably, the NOTCH, TGF- β , and K-Ras pathways are associated with inflammation [99–101], making them promising targets for focused research and offering valuable insights into cardiac pathology.

The construction of the GRN for heart diseases started from the DEGs previously identified in a bottom-up approach. The DEGs were categorized into two groups: (i) regulatory genes, such as those encoding transcription factors (TFs), and (ii) structural genes, including those encoding enzymes. The structural genes were used as the bottom layer during GRN construction. Because genes involved in the same biological process may be regulated by the same TF [102], correlation coefficients (CCs) were computed for each gene pair in the bottom layer. Co-expressed gene pairs were considered to be regulated by the same TF (see Section 3.4). Subsequently, we computed partial correlation coefficients (PCCs) for each co-expressed gene pair by introducing each TF into the analysis (see Section 3.4). Using this approach, we identified the first layer of TFs that may directly regulate the bottom genes. This second layer of TFs was then used as input to another Partial Correlation analysis to identify its potential regulators. The transcription factors comprising the GRN can thus be classified into three categories: (i) those regulating only structural genes, (ii) those regulating both structural genes and other TFs, and (iii) those regulating only other TF. Finally, each transcription factor was linked with differentially expressed microRNAs targeting it. The list of genes comprising the GRNs, along with their corresponding effect sizes for each of the analyzed pathologies, can be found in Supplementary S5.

The outermost layer includes TFs that regulate the expression of most of the genes involved in the pathways found dysregulated in each of the individual cardiac pathologies, thus suggesting these TFs as potential pharmacological targets. KLF10 emerges as central TF from our analysis in both HF and HCM (Figures 6 and 7). Additionally, in both GRNs, KLF10 is associated with miR-130a_5p, which is found to be dysregulated in affected patients. According to current literature, KLF10 is expressed in specific cell types in a wide variety of tissues, and it is known to be involved in repressing cell proliferation and inflammation as well as in the induction of apoptosis [103]. Furthermore, its involvement in the development of hypertrophic cardiomyopathy in mice has been demonstrated [104].

Our GRN also highlights the importance of TBX3 in ischemic cardiomyopathy (Figure 8). Mutations in this gene are associated with Ulnar-Mammary Syndrome (UMS), a rare genetic syndrome that affects the development of various parts of the body [105,106]. Furthermore, mutations in this gene have been associated with both congenital and acquired heart diseases [107,108]. However, despite the fact that no clear association of TBX3 with ischemic cardiomyopathy has been reported previously, this transcription factor emerges from our analysis as a clear regulator of angiogenesis and myogenesis, which are both dysregulated in ischemic cardiomyopathy.

Other interesting transcription factors identified in this analysis, associated with both ischemic and dilated cardiomyopathy, are TEAD1 and TEAD2 (Figures 8 and 9), which are robustly expressed in the embryonic and early postnatal heart and continue to be expressed in the adult heart [109]. The GRN highlights that TEAD1 is a target of various dysregulated miRNAs in DCM-affected samples, as depicted in Figure 9. Additionally, TEAD1 is a key transcription factor involved in the regulation of several DEGs, which are part of dysregulated pathways in DCM. Despite the decrease of its expression levels with age, TEAD1 maintains a crucial role in regulating cardiac processes, and its dysregulation has been associated with the development of dilated cardiomyopathy in vivo [110]. The presence of Transcription Factors that have been reported in other publications validates the structure of our GRN, which also includes multiple factors that, to the best of our knowledge, have not been previously implicated in heart disease and warrant further study.



Figure 6. GRN Heart Failure. In this network, the rounded pink rectangles represent differentially active pathways in patients with HF. The light violet diamond nodes depict transcription factors involved in regulating the expression of DEGs within these pathways. Additionally, the light blue ellipses identify dysregulated miRNAs that potentially regulate the expression of these transcription factors, thereby establishing a comprehensive regulatory network.



Figure 7. GRN Hypertrophic Cardiomyopathy. In this network, the rounded pink rectangles represent differentially active pathways in patients with HCM. The light violet diamond nodes depict transcription factors involved in regulating the expression of DEGs within these pathways. Additionally, the light blue ellipses identify dysregulated miRNAs that potentially regulate the expression of these transcription factors, thereby establishing a comprehensive regulatory network.



Figure 8. GRN Ischemic Cardiomyopathy. In this network, the rounded pink rectangles represent differentially active pathways in patients with ICM. The light violet diamond nodes depict transcription factors involved in regulating the expression of DEGs within these pathways. Additionally, the light blue ellipses identify dysregulated miRNAs that potentially regulate the expression of these transcription factors, thereby establishing a comprehensive regulatory network.



Figure 9. GRN Dilated Cardiomyopathy. In this network, the rounded pink rectangles represent differentially active pathways in patients with DCM. The light violet diamond nodes depict transcription factors involved in regulating the expression of DEGs within these pathways. Additionally, the light blue ellipses identify dysregulated miRNAs that potentially regulate the expression of these transcription factors, thereby establishing a comprehensive regulatory network.

3. Materials and Methods

3.1. Dataset Collection

The datasets related to human heart diseases were collected from the Gene Expression Omnibus (GEO) database. We collected all six studies in GEO that include both bulk gene expression data and microRNA expression profiles in patients with heart failure, ischemic cardiomyopathy, dilated cardiomyopathy, and hypertrophic cardiomyopathy (GSE55296, GSE116250, GSE133054, GSE135055, GSE48166, GSE55296). The read count data were downloaded and normalized into RPKM.

3.2. Gene Set Variation Analysis (GSVA)

The GSVA analysis between patients and healthy controls was performed using the GSVA R package (version 1.32.0) [111] by using the Hallmark gene sets [112] as the reference gene set and setting the *p*-value to <0.05 and the t value to \geq 1 as the cut-off criteria.

3.3. Meta-Analysis

We used the MetaIntegrator R package (version 2.1.3) [113] to integrate discovery cohorts and identify differentially expressed features between healthy controls and patients with different heart conditions. We first computed effect sizes for each gene and microRNA, as well as for pathways and transcription factors, based on gene set activity in each study. Next, we summarized the effect sizes across all studies for each feature by weighting the effect size according to the inverse of the variance in that study. Finally, we performed multiple hypothesis corrections on the *p*-values for the summary effect size of each feature by using the Benjamini-Hochberg false discovery rate (FDR). We used the following thresholds in our meta-analysis to select genes in the heart disease MetaSignature: absolute value of effect size > 1 and FDR < 0.05.

3.4. Hierarchical Gene Regulatory Network

We employed a partial correlation coefficient-based algorithm (PCC) to construct the gene regulatory network based on transcription factors. Firstly, we identified co-expressed structural genes using a Pearson correlation coefficient threshold of (r) ≥ 0.7 . Subsequently, we tested that the correlation was not influenced by the effect of a third variable. This makes it possible to identify whether the correlation rxy between the variables x and y is caused by a third variable, z. The partial correlation rxy, z tells how strongly the variable x correlates with the variable y if the correlation of both variables with the variable z is factored out [114]. A gene pair was then identified as regulated by the same transcription factor if PCC \leq 0.4. To integrate the results obtained from each individual dataset, we employed a meta-analysis approach. For each pair of genes, we calculated the correlation of their expression in each individual dataset. Subsequently, we integrated the results from the various studies to generate a comprehensive analysis. This method allowed us to consolidate findings across multiple datasets, providing a more robust view of the relationships between multiple genes. For each disease, we created a weighted average co-expression matrix by computing the mean of correlations for each gene pair across all datasets. Each correlation value was assigned a weight based on its corresponding standard error. This approach ensured that more reliable and precise correlations had a greater influence on the construction of the co-expression matrix. Given the sample sizes, the standard error was calculated as $(1 - r^2) / \sqrt{N - 3}$, where *r* is the correlation coefficient, and N is the number of samples in each dataset [115]. We applied a similar procedure to calculate the weighted average PCC.

4. Conclusions

In conclusion, our proposed PCC-based algorithm was able to reconstruct a specific Gene Regulatory Network (GRN) that captures transcriptional changes in multiple cardiac pathologies. Notably, several transcription factors highlighted by our approach, such as FOXC1 in heart failure and KLF10 and KLF15 in ischemic cardiomyopathy, are supported by existing literature, validating our approach. The multi-cohort analysis of cardiac pathologies revealed that ischemic and dilated cardiomyopathies exhibit the highest degree of similarity to each other in terms of their patterns of differential gene expression, transcription factor, and pathway activity. Moreover, the GRN describes complex regulatory associations among transcription factors (TFs) and between TFs and both miRNAs and structural genes in cardiomyopathies and heart failure. Within this network, dysregulated TFs, such as

TEAD1 and TEAD2, are implicated in specific pathways linked to cardiac adaptation, including fatty acid metabolism, oxidative stress response, epithelial-to-mesenchymal transition, angiogenesis, and coagulation. Our GRNs highlight the importance of TBX3 in ischemic cardiomyopathy and FOXC1 in heart failure, both of which were previously associated with cardiac disorders but not specifically linked with cardiomyopathies or heart failure. The pivotal roles of these TFs in initiating or progressing various cardiac diseases underscore their potential as therapeutic targets. Additionally, transcription factors such as FOXC1, which has been associated with the development of multiple tumors, TBX3, associated with Ulna-Mamma Syndrome, and TEAD1, linked to Neurofibroma and Spindle Cell Rhabdomyosarcoma, could be considered targets for drug repositioning. Specifically, TBX3 is targeted by several drugs, including niclosamide, piroctone olamine, and pyrvinium pamoate, which are currently used to treat infections and inflammations. Recently, these drugs have demonstrated efficacy in inhibiting TBX3 expression in glioblastoma cells, thus limiting cell viability [116]. Selective inhibitors for TEAD1, such as IK-930 and verteporfin, are instead utilized in tumors where the activity of this transcription factor is altered. Both in vivo and in vitro studies have shown their activity in inhibiting tumor growth by targeting the Hippo signaling pathway [117,118]. By repurposing drugs already used in the treatment of other pathologies, in vitro experimentation would be more feasible and could allow for targeting the dysregulated pathways in cardiac pathologies. The power of our study is limited by the number of publicly available studies that include both transcriptomic and miRNA data for cardiac pathologies. Moreover, while our meta-analysis framework identifies signals that are consistent across heterogeneous datasets, thus minimizing dataset-specific confounders, it is also possible that smaller effects may be missed due to the heterogeneity of the data. Additionally, the lack of longitudinal data precludes an understanding of the evolution of the disease over time. These limitations notwithstanding, the GRNs assembled in this study delineate key regulatory axes in cardiac pathology and suggest a number of targets for pharmacological intervention that deserve further investigation. Given that these are multifactorial pathologies, it is important to consider that there is a genetic component that may predispose individuals to the development of such cardiac diseases. The GRNs constructed in this study highlight genes that could be used to stratify patients at risk of developing heart failure.

Supplementary Materials: The supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/ijms25084224/s1.

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