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Updates on the clinical epidemiology of HIV-1 group O strains in Cameroon and potential implications on diagnosis and treatment strategies

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# 1 Updates on the clinical epidemiology of HIV-1 group O strains in Cameroon 2 and potential implications on diagnosis and treatment strategies

## 3 Short Title: Diagnosis of HIV-1 group O in Cameroon

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55 of the 3-test algorithm.

57 **ABSTRACT**

58 Cameroon is an epicentre of diverse HIV-1 strains, with challenges in diagnosis and disease  
59 management. The objective herein was to update the prevalence of HIV-1 non-M and compare diagnostic-  
60 performance of the 2-test vs. 3-test algorithms. A facility-based study was conducted in February 2024 on  
61 2207 HIV-1 clinical-samples at the Chantal BIYA International Reference Centre, Yaoundé-Cameroon.  
62 Molecular-phylogeny and rapid-subtyping were performed for identifying HIV-1 non-M. Performances of  
63 rapid diagnostic tests (RDTs) used in the 2-test (determine and KHB) vs. 3-test (First Response, One  
64 Step and KHB) algorithms were evaluated on non-M, with ACRO Rapid Test (HIV1/2&p24) as  
65 independent RDT. No group-N (0%) nor P (0%) were found while 09 group-O strains were identified (0.4%;  
66 95%CI: 0.2%-0.8%). For individuals harbouring group-O, (mean-age, 43±12 years; 50% female) median  
67 [IQR] duration since HIV-diagnosis was 627 [423-775] weeks, median [IQR] viremia, 12 385 [5 340-72  
68 682] copies/ml and median [IQR] CD4 count [IQR], 52 [39-228] cells/mm<sup>3</sup>. One Step, KHB and ACRO  
69 Rapid Test (HIV1/2&p24) detected 8/8 group-O (100%-performance), First Response HIV1-2.0, 7/8  
70 (87.5%-performance) and Determine HIV1/2, 6/8 (75%-performance), p=1.00. In this Cameroonian  
71 setting, HIV-1 group-N and P are scarce while group-O remains low (<1%). Transitioning from the 2-test  
72 (75%-performance) to the 3-test algorithm (87.5%-performance) could lead to improved diagnostic  
73 performance on currently circulating HIV-1 group-O, calling for updates in RDTs to adapt to viral dynamics.

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80 **INTRODUCTION**

81 With over 40 million people living with HIV (PWH) worldwide, HIV/AIDS remains a global public health  
82 priority especially in sub-Saharan Africa (SSA) which harbours about two-thirds of the global burden. West  
83 and Central Africa (WCA) is significantly affected, with 5.2 million PWH and 120,000 HIV-related deaths  
84 in 2024 (<https://www.unaids.org/en/resources/fact-sheet>; last accessed, 19/07/2025). With scale-up of  
85 antiretroviral therapy (ART) and improved therapeutic strategies, significant progress has been made  
86 towards attaining the Joint United Nations Programme on HIV/AIDS (UNAIDS) 95-95-95 objectives. In  
87 2024, 87% of PWH knew their status, 89% of whom were on ART and 94% of those treated were virally  
88 suppressed (<https://www.unaids.org/en/resources/fact-sheet>). Though encouraging, the most significant  
89 gap remains within the first 95 concerning diagnosis. Indeed, the last two indicators depend on the first,  
90 and therefore efforts towards achieving this should be given major priority<sup>1</sup>. In WCA, 80% of PWH knew  
91 their status 2024, among the lowest globally ([https://www.who.int/teams/global-hiv-hepatitis-and-stis-  
92 programmes/hiv/strategic-information/hiv-data-and-statistics](https://www.who.int/teams/global-hiv-hepatitis-and-stis-programmes/hiv/strategic-information/hiv-data-and-statistics); last accessed 19/07/2025), necessitating  
93 thus increased efforts in attaining testing coverage. With declining treatment-adjusted HIV prevalences  
94 and national HIV testing services positivity, the World Health Organization (WHO) encourages countries  
95 with HIV prevalence <5% currently using two consecutive reactive tests for an HIV-positive diagnosis to  
96 move to using an algorithm consisting of three consecutive reactive tests, to ensure that of all persons  
97 classified as having HIV, ≥99% will be truly living with HIV (known as the testing positive predictive value)  
98 (<https://www.who.int/publications/i/item/WHO-CDS-HIV-19.34>; last accessed, 19/07/2025). The use of  
99 highly sensitive and specific tests (either RDT or enzyme immunoassays), prequalified by WHO is crucial,  
100 for accurate classification of tested individuals.

101 As the epicentre of HIV/AIDS, the west/central African region (and Cameroon in particular) has high HIV  
102 genetic diversity (harbouring all HIV types, groups and subtypes)<sup>2-6</sup>, which could influence diagnostic  
103 accuracy and possibility treatment outcomes in this context still lacking individualized management of  
104 PWH<sup>7,8</sup>. Of note, *groups N, P* and *O* have all been reported, with a declining trend of *group O*, from 1.1%

105 in 2006 to 0.6% in 2013<sup>4,9</sup>. Aghokeng *et al.*, in 2009 showed that about 80% of PWH with *group O* do not  
106 receive ART due to inaccuracies in diagnosis linked to low sensitivities of rapid diagnostic tests (RDT)<sup>10</sup>.  
107 Although with the continuous improvement of enzyme-linked immunosorbent assays, there is reduced  
108 risk of failure to detect *group O* infection, diagnostic failures are still continuously reported, especially with  
109 RDTs that do not include *group O* specific antigen<sup>11,12</sup>. As concerns treatment, *group O* naturally carries  
110 a cysteine at position 181 of the reverse transcriptase (predominantly the H strains), causing natural  
111 resistance to first-generation non-nucleoside reverse-transcriptase inhibitors (NNRTI) which were the  
112 mainstay of first-line over many years in Cameroon and similar settings<sup>13</sup>. In the current era of  
113 dolutegravir-based regimens, this challenge should be overcome if correctly diagnosed for early and  
114 proper management (WHO publishes new Consolidated HIV guidelines for prevention, treatment, service  
115 delivery & monitoring. [https://www.who.int/news/item/16-07-2021-who-publishes-new-consolidated-hiv-](https://www.who.int/news/item/16-07-2021-who-publishes-new-consolidated-hiv-guidelines-for-prevention-treatment-service-delivery-monitoring)  
116 [guidelines-for-prevention-treatment-service-delivery-monitoring](https://www.who.int/news/item/16-07-2021-who-publishes-new-consolidated-hiv-guidelines-for-prevention-treatment-service-delivery-monitoring); last accessed, 19/07/2025). Although  
117 some evidence exists on the circulation of *non-group M* strains exists, recent updates remain scarce  
118 (latest published in 2017 from rural southern parts of Cameroon)<sup>14</sup>, in a setting with a broad HIV genetic  
119 diversity and a dynamic molecular epidemiology that could impact programmatic interventions at  
120 individual- and population-levels. Furthermore, in the context of transition from the 2-test to 3-test  
121 diagnostic algorithm as recommended by the WHO (2.7% national prevalence), the evaluation of the new  
122 3-test algorithm is crucial to ensure accurate and timely detection of all circulating HIV strains and improve  
123 our chances of eliminating HIV/AIDS as a public health threat by 2030. Taking into consideration these  
124 points raised, the current study is of added value as it includes samples from all over the national territory  
125 up till 2023, therefore contributing updated information on the clinical epidemiology of these non-M strains.  
126 More importantly, this study evaluates tests used in the previous 2-test algorithm, as compared to the  
127 incoming 3-test algorithm so as to inform national HIV testing strategies. The objectives therefore of this  
128 study were to update the prevalence of HIV-1 *groups N, O* and *P*, and to compare the diagnostic  
129 performance of the 2-test vs. 3-test algorithm on the detection of circulating HIV-1 *non-group-M* viruses.

## 130 MATERIALS AND METHODS

### 131 Study Design and site

132 A facility based cross-sectional study was conducted at the Chantal BIYA International Reference Centre  
133 for Research on HIV prevention and management (CIRCB), Yaoundé, Cameroon, on clinical samples  
134 referred for genotypic resistance testing at CIRCB and stored in the CIRCB-Biobank between 2006 up till  
135 2023. The CIRCB is a WHO HIVResNet (HIV Drug Resistance Network) national laboratory and is a  
136 large-scale Reference Centre for clinical research in West and Central Africa aimed at optimizing  
137 diagnostic and treatment strategies of viruses of public health importance or potential in Africa.

### 138 Procedures

139 Using the CIRCB Antiviral REsistance (CARE) electronic database, we searched for all records with HIV-  
140 1 non-M strains, up till December 2023. These consisted of records of individuals previously diagnosed  
141 and followed up at clinical centres (diagnostic methods and clinical status at diagnosis undocumented) all  
142 over the country and received for HIV drug resistance testing at CIRCB during the study period. All  
143 individuals harbouring non-*group M* strains were selected, and their samples retrieved from the CIRCB-  
144 Biobank for serological testing. Each sample had at least two cryotubes (1ml each) stored as backup  
145 samples, and so the samples used for further analyses had not been through any freeze thaw cycles.

### 146 Bioinformatics analysis

147 HIV-1 sequences, obtained from HIV-1 *pol* (protease and reverse transcriptase) sequencing at CIRCB  
148 using an in-house genotyping protocol (previously described)<sup>15</sup>, were retrieved from the CIRCB CARE  
149 database for molecular phylogeny to confirm of viral strains (sequences available at:  
150 <https://www.ncbi.nlm.nih.gov/nucleotide/>, accession numbers PQ893190, PQ893192, PQ893193,  
151 PQ893194, PQ893195, PQ893196, PQ893197, and PQ893198, last accessed 19/07/2025). Reference  
152 sequences of pure subtypes, circulating recombinant forms (CRFs) and non-M groups in West and  
153 Central were downloaded from GenBank and included in the analysis with at least three reference

154 sequences per subtype/CRF/group. Sequence alignment was performed using MAFFT version 7.526<sup>16</sup>,  
155 phylogenetic tree inference performed using maximum likelihood method on IQ-TREE version 2.0.7<sup>17</sup>,  
156 and tree visualization and editing performed using Figtree version 1.4.4 (available at  
157 <http://tree.bio.ed.ac.uk/software/figtree/>; last access date 19/07/2025). The classification of non-group *M*  
158 strains was evaluated using rapid subtyping tools, used routinely at CIRCB.<sup>18</sup> The tools used were  
159 Stanford HIVdb version 9.4.1<sup>19</sup>, COMET HIV-1 version 2.4<sup>20</sup>, Rega HIV subtyping tool version 3.42<sup>21</sup>,  
160 Geno2pheno [subtyping]<sup>22</sup> and lastly Basic Local Alignment Search Tool (BLAST)  
161 ([https://www.hiv.lanl.gov/content/sequence/BASIC\\_BLAST/basic\\_blast.html](https://www.hiv.lanl.gov/content/sequence/BASIC_BLAST/basic_blast.html); last access date  
162 19/07/2025). Genotypic profiles of all group O sequences were also analysed using Stanford HIVdb  
163 version 9.4.1.

#### 164 **Serological testing on HIV-1 non-group *M***

165 Rapid diagnostic tests were carried out following manufacturer's instructions, using WHO prequalified  
166 used in the 2-test<sup>23</sup> and 3-test algorithm (Ministerial decision: N° 0098/D/MINSANTE, accessible at  
167 <https://cnls.cm/catdocument/rapports-annuels>, on 23 October 2025). The 2-test algorithm has as first  
168 test: Determine HIV1/2 (Abbott Diagnostic Division; Hoofddorp, the Netherlands) sensitive in detecting  
169 HIV-1, HIV-2 and HIV-1 group O according to manufacturers; and as second test: Diagnostic kit for HIV  
170 (1+2) antibody (colloidal gold, V2 KHB, Shangai Kehua Bio-Engineering Co., Ltd; Shangai, China),  
171 sensitive in detecting HIV-1, HIV-2 and also HIV-1 *group O* as specified by the manufacturers. The tests  
172 in the 3-test algorithm are; first test: First Response HIV1-2.0 Card Test (Premier Medical Corporation  
173 Private Limited; Gujarat, India); second test: One Step Anti-HIV (1&2) Test (InTec; Xiamen, China) and  
174 third-test: Diagnostic kit for HIV (1+2) antibody (colloidal gold) V2 KHB, Shangai Kehua Bio-Engineering  
175 Co., Ltd; Shangai, China) all also sensitive in detecting HIV-1, HIV-2 and HIV-1 *group O* as specified by  
176 manufacturers. An additional internal test was added during laboratory analysis, to increase sensitivity  
177 especially in detecting early infections (ACRO Rapid Test HIV1/2 & p24 (Acro Biotech Inc; Montclair,  
178 USA). The reactive biomarkers were characterized using INNO-LIA HIV I/II Score (Fujirebio Europe N.V;

179 Gent, Belgium) as per the manufacturer's instructions. All RDTs were carried out by trained technicians  
180 at CIRCB, repeated in pairs for each test, and results reported by 6 individuals independently, with the  
181 consensus used as the result. The results of INNO-LIA were interpreted by a team composing of the  
182 laboratory head and 3 senior laboratory scientists.

### 183 **Interpretation of results**

184 Test performance was determined as the capacity of the test to render a positive result on a given sample.  
185 The sensitivity of each RDT in detecting HIV-1 non-*group M* strains was determined by the number of  
186 reactive tests on the total number of samples submitted to the test. The detection sensitivity was  
187 compared between the two and three test algorithms.

### 188 **Statistical analyses**

189 Epi info version 7.2.6 statistical software standalone version (available at <https://www.cdc.gov/epiinfo>; last  
190 access date 19/07/2025) was used for statistical analysis. The mean, median, standard deviation (SD)  
191 and inter-quartile range (IQR) were used for non-nominal variables. The Student T-test and Chi-  
192 square/Fisher exact test were used to compare continuous and categorical variables, respectively (where  
193 necessary for the entire population) with p-values of  $\leq 0.05$  considered statistically significant. Using  
194 prevalences of HIV-1 group O over the years as obtained from previous studies, a trend graph was  
195 prepared using GraphPad prism, version 8.0.1.

### 196 **Ethical Considerations**

197 The study was conducted in accordance with the Helsinki Declaration<sup>24</sup>. Samples used from the CIRCB  
198 biobank had previously ethical clearance for use from the ethical review board of the Faculty of Medicine  
199 and Biomedical Sciences received an authorization from the national ethics committee Reference  
200 Number: 0060/UY1/FMSB/VDRC/CSD. All sample data were handled with strict confidentiality and  
201 anonymity to protect the privacy and identity of participants.

202

203 **RESULTS**204 **Study population**

205 A total of 2207 records were analysed from the CARE database, median age [IQR], 38 [19-47] years,  
206 67.8% (n=1 496) of whom were female, coming from all 10 regions of the country: 44.9% (n=990) from  
207 the Centre region, 14.9% (n=329) from the Littoral, 12.9% (n=285) from the North West, 9.6% (n=212)  
208 from the West, 6.4% (n=140) from the South West, 4.7% (n=103) from the East, 2.6% (n=57) from the  
209 North, 2.2% (n=49) from the extreme North, 1.8% (n=39) from the south and 0.1% (n=2) from the  
210 Adamaoua region.

211 Of the 2207 records, 2198 [99.6% (95%CI: 99.2%-99.8%)] were of HIV-1 *group M*, the majority being the  
212 CRF02\_AG (62.7%), A<sub>1</sub> (8.2%), G (5.7%) and F<sub>2</sub> (3.9%). Nine HIV-1 *group O* were identified: 0.4%  
213 (95%CI: 0.2%-0.8%), while no *group N* nor *group P* were present (Supplemental Figure S1). Of the nine  
214 individuals harbouring these *group O* strains, the mean age was 43±12 years, five were males (55.6%),  
215 median duration since HIV diagnosis was 627 [423-775] weeks, median viral load [IQR] was 12,385 [5340-  
216 72,682] copies/ml and median CD4 count [IQR] was 52 [39-228] cells/mm<sup>3</sup>. A detailed description of the  
217 nine individuals with *group O* strains is presented in Table 1.

218 **Performance of rapid subtyping tools assignation of *group O* strains**

219 The performance of commonly used rapid subtyping tools in the laboratory's clinical routine were  
220 evaluated for the detection of *group M* strains (presented in Table 2). Only eight out of the 9 samples were  
221 used for this analysis (one was assigned *group O* by serotyping, with unsuccessful amplification after  
222 several attempts). Stanford HIVdb program classified all samples as 'unknown' while HIV REGA  
223 suggested potential recombinants for all strains, except for one sample which was unassigned. HIV Comet  
224 classified all samples as HIV-1 *group O* with 100% support for all samples, as well Ge2pheno, and HIV  
225 BLAST which also classified all samples as *group O* although their similarity support was lower.

226

**227 Performance of rapid diagnostic tests**

228 Of the 9 *group O* samples identified, eight had remnant plasma aliquots available for laboratory analyses  
229 with RDTs. Of the RDTs used, One step, KHB and ACRO Rapid Test (HIV1/2 & p24) detected all 8  
230 samples (100% sensitivity), First response HIV1-2.0 detected 7/8 (87.5%) while Determine HIV1/2  
231 detected 6/8 (75.0%). Of all samples which reacted to ACRO Rapid Test (HIV1/2 & p24), reactivity was  
232 seen only for HIV-1, while no sample was reactive to HIV-2 (indicating absence of HIV-1&2 co-infection),  
233 nor p24. Overall performance of the 2-test algorithm (Determine HIV1/2 as first-test) in *group O* detection  
234 would be 75% (6/8), while the performance of the 3-test algorithm (First Response HIV1-2.0 as first-test)  
235 would be 87.5% (7/8). Rapid test results are summarized in Table 3.

**236 HIV biomarker characterization**

237 Six samples were positive on biomarker characterization using INOLIA, while two were undetermined,  
238 showing just 1+ reactivity for only sgp120. These two samples were the same samples which did not  
239 react on determine HIV1/2 (Abott). Four samples reacted to p24, as opposed to zero of with the p24  
240 RDT (ACRO), suggesting lower p24 detection threshold by the RDT. The specific biomarkers identified  
241 in each sample are presented in Table 4.

**242 Genotypic profiles of HIV-1 *group O* strains**

243 The mutational profiles of all eight individuals with available sequences are presented in Supplemental  
244 Table S1. In reverse transcriptase, seven of them (87.5%) harboured the Y181C mutation, while the  
245 individual without Y181C, had the A98G and V179E. Seven of the eight individuals all had the A98G and  
246 V179E mutations occurring together, while one had just A98C. Regarding other mutations, six individuals  
247 harboured the V118C+L210Y mutations, one had V118C+L210D and the last had only the L210Y  
248 mutation. In protease, the K20C mutation was found in five individuals, with other mutations like I13A,  
249 I62V, and I93L also frequent.

250

251 **DISCUSSION**

252 In this current study, no *group N* nor *P* were observed, while nine *group O* strains were identified (0.4%).  
253 Indeed HIV-1 *group O* has been emerging in Cameroon since the 1980s<sup>25-27</sup>, with epidemiological rates  
254 around 1.1% in a large study conducted between 2006-2007<sup>28</sup>, and 0.6% in another study conducted  
255 between 2006-2013<sup>4</sup>. Molecular characterization of HIV-1 specimens between 2011 and 2015 from rural  
256 southern Cameroon also showed incredible diversity, including 7 subtypes, 12 CRFs, 6 unclassified, 24  
257 *Group O* and 2 *Group N* infections<sup>14</sup>, while Oliveira et al also revealed 10 cases involving *group O* with  
258 four dual *groups M* and *O* infections, and six *groups M/O* recombinants<sup>29</sup>. These dynamics are in line with  
259 the data observed in this study, which show a rate of less than 1% among individuals received at CIRCB.  
260 Taking into consideration the previous HIV-1 *group O* prevalences, there is a visible decreasing  
261 prevalence of *group O* (Supplemental Figure S2)<sup>4,28,30</sup>. Meanwhile, the convenience sampling, and long  
262 duration of infection in these individuals (more than 10 years in average, the most recent in 2016),  
263 hampers the timing of the decay of *group-O* since most probably these infections are relatively old, and  
264 possibly not clear evidence about the situation of today's circulation of *group O*. However, the absence of  
265 any new strains recently supports that the prevalence of these *group O* strains has remarkably decreased.  
266 Furthermore, the concomitant decrease in overall HIV-prevalence in Cameroon (favoured by improved  
267 HIV-1 services, universal test and treat measures as well as a decrease in risky sexual behaviours)<sup>31</sup>,  
268 the scale-up of more potent antiretroviral drugs such as protease inhibitors (PI/r) and integrase strand  
269 transfer inhibitors (INSTIs), more active on *group O* strains as compared to the NNRTI  
270 ([https://www.who.int/news/item/16-07-2021-who-publishes-new-consolidated-hiv-guidelines-for-](https://www.who.int/news/item/16-07-2021-who-publishes-new-consolidated-hiv-guidelines-for-prevention-treatment-service-delivery-monitoring)  
271 [prevention-treatment-service-delivery-monitoring](https://www.who.int/news/item/16-07-2021-who-publishes-new-consolidated-hiv-guidelines-for-prevention-treatment-service-delivery-monitoring)), would have also contributed to the decrease in HIV-1  
272 *group O*. Lastly, the suggested lower fitness of HIV-1 *group O* as compared to *group M* strains also  
273 contributes to its low prevalence and limited geographical spread<sup>32</sup>. These aforementioned points  
274 contribute to a slow spread of these strains<sup>33</sup>, leaving the opportunity for eradication in coming years.

275 Interestingly, it is known that HIV would have originated from zoonotic crossover<sup>34</sup>, and some evidence  
276 shows that most *group O* strains responsible for epidemiological spread in WCA originated by cross-  
277 species transmission from western lowland gorillas<sup>35</sup>. In an era where human-to-human *group O*  
278 prevalence is expectedly declining due to decreased human-to-human transmission, it may also be  
279 necessary to explore zoonotic transmission, towards definite eradication.

280 Varying results were observed in the detection of *group O* samples by RDTs used. Three of the RDTs  
281 (One Step, KHB and ACRO Rapid Test (HIV1/2 & p24)) accurately tested all samples (100%), while First  
282 response succeeded in 7/8 samples (87.5%) and Determine HIV1/2 in 6/8 samples (75%). Diagnostic  
283 inaccuracies have been reported in the past on samples with HIV-1 *group O*<sup>10,36</sup>. A 2007 study of 10 HIV-  
284 1 *group O* samples in Cameroon showed 100% (10/10 detection with Determine HIV1/2, ImmunoComb  
285 II and SD Bioline, compared to 80% (8/10) with HIV(1+2) Strip and 20% (2/10) with retro-check<sup>10</sup>. The  
286 drop in detection of HIV-1 *groups O* by the Determine test (75%, 6/8) during the present evaluation would  
287 appear to be due to the high genetic variability of this viral strain over time and supported also by the  
288 difference of more than 10 years between the two studies. In one case, the escape of HIV-1 *group O* from  
289 serological tests was due to mutations in the immunodominant epitopes of gp41 in a Cameroonian  
290 woman<sup>12</sup>. Similar variations in antigenic epitopes could therefore explain the poor detection of HIV-1  
291 *group O* in the current era. Indeed, the two unreactive samples on determine, also had inconclusive results  
292 with INNOLIA as reactivity (1+) was found only for sgp120 (no reactivity for all other markers including  
293 gp41). Though previous data has shown reduced sensitivity of serological assays with chronic  
294 antiretroviral therapy, the suggested explanation was a progressive loss of seropositivity status following  
295 prolonged viral undetectability<sup>37</sup>. However, given the high viral loads in these two individuals (Table 1) with  
296 unreactive and undetermined results on Determine and INNOLIA respectively, it is less likely that this was  
297 due to low levels of antibody/antigen. The performance of determine would reduce the performance of  
298 the 2-test algorithm (Determine HIV1/2 as first test) in the detection of HIV-1 *group O*. The detection of  
299 87.5% (7/8) of HIV-1 *group O* strains by First Response would indicate that the test can react to most HIV-

300 1 *group O* strains currently circulating in Cameroon. These observations are in line with the plausible use  
301 of the present 3-test algorithm in Cameroon (First response as first test), which could be more sensitive  
302 in identifying HIV-*group O* strains as compared to the previous 2-test algorithm. Indeed, under the  
303 supervision of the Minister of Public Health in Cameroon, the current evaluation was performed as an  
304 additional component in the selection/evaluation process of tests to be used in the 3-test algorithm, from  
305 a series of eight WHO prequalified tests. According to the results of the full-scale evaluation, tests were  
306 prioritized following specific criteria, including a low risk of false reactivity (<2%), absence of invalid results  
307 (to minimize waste of resources), tests from different manufactures (to ensure varying test principles),  
308 cost-effectiveness, and the sensitivity in the detection of HIV-1 *group O* evaluated on the best performing  
309 tests. The currently chosen tests in the 3-test algorithm performed best, motivating their preference in  
310 selection. Furthermore, it is worth noting that of the three tests selected in this 3-test algorithm, 2/3  
311 detected all group-O cases while just one (First Response) missed one case. However, a previous  
312 evaluation on *group O* samples from 1997-1998 showed 100% performance of First response in detecting  
313 *group O* (Supplemental Table S2). Also, it should be noted that among the antigens on the First response  
314 nitrocellulose membrane is a gp41 including *group O*, which should make it sensitive to *group O*. The  
315 slightly lower performance of first response observed in this current analysis could therefore be linked to  
316 increased genetic evolution in the current samples as compared to older strains in previous analyses,  
317 differences in antibody titres, or a potential lot-to-lot variation which was not ruled out in the current study.  
318 Nonetheless, these results therefore are clinically relevant in a real-life setting where these variations may  
319 occur. The current observations, coupled with previous studies on the dynamics of HIV-1 in Cameroon  
320 and its challenges in routine diagnostics, reveal the need to periodically update diagnostic tests according  
321 to the evolution of the virus over time. Despite the small number of samples used in this evaluation, the  
322 declining HIV-1 *group O* prevalence confirms the increasing scarcity in the number of available group O  
323 samples for such analyses. Also, previous evaluations have also been carried out in very small numbers  
324 of samples, even in the validation of diagnostic tests. Furthermore, considering the last prevalence before

325 this study of 0.6% in Cameroon the current analysis is therefore sufficient to provide at least good  
326 confidence in the observed findings. Nonetheless, in the ongoing implementation phase of the 3-test  
327 algorithm in collaboration with the National AIDS Control Committee and the HIV reference lab (CIRCB),  
328 any identified group O cases would be subsequently analysed.

329 As concerns rapid subtyping tools, which are very useful in routine clinical practice, variable sensitivities  
330 were observed towards classifying these group-O strains, with HIV COMET appearing the most sensitive.  
331 Although performance might have been affected by the fact that these are just partial sequences from  
332 sanger sequencing, this observation encourages periodical updates of these platforms, for more accurate  
333 detection of these strains and better interpretation virological results. Most individuals harboured common  
334 major NNRTI mutations, described amongst HIV-1 *group O* strains (such as A98G, V179E and Y181C),  
335 as well as other accessory mutations in the reverse transcriptase region. It is worth noting that five of the  
336 eight individuals in this study initiated therapy with first-generation NNRTI based regimens (efavirenz or  
337 nevirapine), inevitably leading to subsequent failure and the observed advanced resistance profiles at the  
338 time of genotyping. The V179E and A98G mutations were observed in seven out of the eight individuals.  
339 Together with the Y181C mutation (which mostly affects the first-generation NNRTI), these mutations  
340 when present together would considerably hamper the potential efficacies (according to the Stanford  
341 algorithm scores) of even the second generation NNRTI (to a lesser extent doravirine), jeopardising thus  
342 the potential use of these promising regimens. Nonetheless, adequate treatment adjustments were  
343 proposed (Supplemental Table S2) with respect to observed resistance profiles. Although given the cross-  
344 sectional nature of this study it is difficult to ascertain the evolution on these optimized regimens in terms  
345 of current viral loads or genotypic profiles, previous findings have shown high rates of viral suppression  
346 following genotypic resistance test guided switches<sup>38</sup>, with a high likelihood of good virological control in  
347 these individuals following current transition to dolutegravir-based regimens. In the protease, minor  
348 mutations such as I13A, K20C, I62V, I93L were present in most individuals. Previous studies have  
349 revealed polymorphisms in about 34% of the protease gene in *group O* sequences, though no naturally

350 occurring primary resistance mutations have been described till date<sup>39</sup>. Although most interpretation  
351 algorithms suggest no impact on PI/r, the phenotypic impact of these polymorphisms have not yet been  
352 fully studied<sup>40</sup>. This problem of natural resistance of *group O* strains (definitely to first-generation NNRTI  
353 and possibly to NRTI), could pose significant treatment challenges in settings still using NNRTI-based  
354 regimens in initial management of PLHIV<sup>13</sup>. To add, it should be noted that in Cameroon, pre-treatment  
355 drug resistance (HIV-1 *group M*) is above the 10% threshold<sup>41</sup>. The use of NNRTI-based therapies will  
356 imply functional bi-therapies, which could rapidly increase risks of resistance to other molecules,  
357 potentially jeopardizing subsequent regimens. These further support the WHO's plan for roll-out in DTG-  
358 based regimens (fully active on *group O*), and progressive phase out of NNRTI-based regimens, in this  
359 context which is endemic to HIV-1 *group O*, with also high rates of NNRTI pre-treatment drug resistance  
360 even in *group M* strains<sup>41,42</sup>.

361 Though ensuring accurate testing is essential to prevent misdiagnosis, the costs and economic  
362 implications of testing strategies are important to consider. Of note, the 2-test or 3-test algorithms are both  
363 serial algorithms, meaning consecutive tests are needed to provide an HIV-positive diagnosis and not all  
364 the tests carried out at once. Therefore, testing cost is primarily driven by the volume of clients who receive  
365 the first test (A1) in the algorithm (Preventing HIV misdiagnosis: implementation guide;  
366 [https://www.who.int/publications/i/item/9789240092136#:~:text=The%20WHO-  
367 recommended%20HIV%20testing%20strategy%2C%20along%20with%20quality,misdiagnosis%20and  
368 %20unnecessary%20initiation%20of%20costly%20lifelong%20treatment](https://www.who.int/publications/i/item/9789240092136#:~:text=The%20WHO-recommended%20HIV%20testing%20strategy%2C%20along%20with%20quality,misdiagnosis%20and%20unnecessary%20initiation%20of%20costly%20lifelong%20treatment); last accessed 03/10/2025).

369 For this reason, shifting from the 2-test to 3-test should have very little impact in the overall testing cost,  
370 confirmed by modelling studies which suggest only about 2.5% difference in cost between both strategies  
371 at a 5% positivity<sup>43</sup>. On a more practical note, considering the Cameroonian context and the currently  
372 evaluated tests, a simple cost evaluation can be performed using the latest rapid diagnostic test prices  
373 as per Global Fund report on pricing  
374 ([https://www.theglobalfund.org/media/2ffcrkra/psm\\_hivdrreferencepricing\\_table\\_en.pdf](https://www.theglobalfund.org/media/2ffcrkra/psm_hivdrreferencepricing_table_en.pdf); last accessed

375 03/10/2025). According to this report, the first test (A1) for both algorithms in the current study (First  
376 Response and Determine for the 3- and 2- test algorithms respectively) are in the same price range (\$0.71  
377 - \$0.90), while all the other tests, A2 (for the 3-test and 2-test algorithm) and A3 (for the 3-test algorithm)  
378 are all in the same price range (\$0.51 - \$0.70). Hence, estimating the cost of identifying positive cases on  
379 a sample of 100 000 individuals in this Cameroonian context with 2.7% national prevalence, (assuming  
380 similar performance of both A1 tests in negative predictive value), 100 000 individuals would benefit from  
381 A1, 5000 for A2 (2- and 3-test algorithms) and 2500 for A3 only in the 3-test algorithm (estimating that  
382 50% on A2 would remain positive). Considering an average cost of \$0.81 for both A1 tests; and \$0.61 for  
383 the other tests, the estimated cost of testing 100 000 individuals in this context will be \$83,470.5 for the  
384 3-test algorithm versus \$82,647.0 for the 2-test algorithm. This means just a 1% cost increment in using  
385 the 3-test algorithm as compared to the 2-test algorithm (a very negligible difference). Adding the cost  
386 associated with misdiagnosis with the 2-test algorithm (2% higher risks of false positives in the 2-test  
387 algorithm), this becomes extremely high, as it includes unnecessary laboratory testing for response to  
388 treatment, lifelong treatment costs (or further costs of retesting to resolve misdiagnosis), as well as  
389 personal financial and social costs<sup>44</sup>. Regarding efficiency (cost/effectiveness ratio) in detecting group O,  
390 better efficiency was obtained with this 3-test algorithm (\$9534.0) as compared to the 2-test algorithm (\$  
391 1 101.0). Overall, these elements highlight superiority in terms of diagnostic benefits of the 3-test algorithm  
392 when considering the impacts based on efficiency.

### 393 **CONCLUSION**

394 In this West/Central African country, HIV-1 group N and P are scarce. In contrast, *group O* remains low  
395 (<1%), with a potential declining trend, indicating a gradual decline owing to the effectiveness of more  
396 potent regimens over the years as countries move toward viral elimination. On eight HIV-1 *group O* strains,  
397 the 2-test algorithm detected 75% against 87.5% for the 3-test algorithm. Thus, transitioning to the defined  
398 3-test algorithm could lead to a slightly improved diagnostic performance on currently circulating HIV-1  
399 *group O*. However, updating RDTs following viral dynamics is crucial, to prevent misdiagnoses that

400 consequently limit the global efforts toward HIV elimination. In this era of potent dolutegravir-based  
401 regimens, identification of all *group O* strains especially in this endemic setting, is of paramount  
402 importance for their control and the AIDS elimination as a global threat.

403

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#### 408 **Author contributions**

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410 analysis/interpretation, G.B., D.T., S.D., E.N.J.S., A.K.D., S.M.S., R.K, N.F., M.T., investigation, V.M., A.K.,  
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556 **Table 1: Characteristics of individuals with HIV-1 group O.**

ID	Age (years)	Sex	Date of diagnosis	Region of residence	Date of GRT phlebotomy	Last viremia (copies/ml)	Last CD4 (cell/mm <sup>3</sup> )
GO-CAM-20	64	Male	16/12/1999	Centre	04/08/2021	1431	46
GO-CAM-62	45	Female	01/01/2005	West	04/01/2018	5235	443
GO-CAM-95	45	Male	01/01/2014	Centre	22/10/2018	13,8410	57
GO-CAM-75	26	Female	01/01/2008	West	14/08/2018	58,900	39
GO-CAM-020	35	Male	10/04/2006	Centre	14/05/2019	5446	228
GO-CAM-29	53	Male	01/06/2005	Centre	11/01/2022	86,464	U/A
GO-CAM-94	34	Female	01/01/2011	Centre	11/01/2022	18,456	U/A
GO-CAM-02	40	Female	26/07/2016	East	04/02/2022	6314	28
GO-CAM-83	55	Male	In 2010	Centre	15/09/2022	U/A	U/A

557 ID, identification; U/A, unavailable; GRT, genotypic resistance test.

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566 **Table 2: Performance of commonly used subtyping tools in the detection of HIV-1 *group O* strains.**

ID	Stanford HIVdb	COMET HIV-1	REGA HIV subtyping tool	Geno2pheno	HIV BLAST
<b>GO-CAM-20</b>	Unknown	O (100%)	F <sub>1</sub> , potential recombinant (6%)	O (91%)	O (93%)
<b>GO-CAM-62</b>	Unknown	O (100%)	J, potential recombinant (77%)	O (94%)	O (96%)
<b>GO-CAM-95</b>	Unknown	O (100%)	A <sub>1</sub> , potential recombinant (5%)	O (87%)	O (93%)
<b>GO-CAM-75</b>	Unknown	O (100%)	NA	O (89%)	O (90%)
<b>GO-CAM-29</b>	Unknown	O (100%)	A <sub>1</sub> , potential recombinant (26%)	O (87%)	O (93%)
<b>GO-CAM-94</b>	Unknown	O (100%)	Recombinant (NA)	O (88%)	O (91%)
<b>GO-CAM-02</b>	Unknown	O (100%)	C, potential recombinant (35%)	O (87%)	O (91%)
<b>GO-CAM-83</b>	Unknown	O (100%)	J, potential recombinant (50%)	O (78%)	O (89%)

567 ID, identification; BLAST, Basic Local Alignment Tool; NA, not assigned. The subtyping analysis was performed on eight  
568 available sequences out of the nine *group O* identified.

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578 **Table 3: Results of rapid diagnostic tests on samples with *group O* strains.**

Sample ID	First Response HIV1-2.O	One Step	Determine HIV1/2 set (Abbot)	KHB colloidal gold	ACRO Rapid Test (HIV1/2 & P24)
GO-CAM-20	R1	R	NR	R	R1; NR: p24
GO-CAM-62	R1	R	R	R	R1; NR: p24
GO-CAM-95	R1	R	NR	R	R1; NR: p24
GO-CAM-75	R1	R	R	R	R1; NR: p24
GO-CAM-020	NR	R	R	R	R1; NR: p24
GO-CAM-29	R1	R	R	R	R1; NR: p24
GO-CAM-94	R1	R	R	R	R1; NR: p24
GO-CAM-02	R1	R	R	R	R1; NR: p24
Total (N=8)*	7/8	8/8	6/8	8/8	8/8
<b>% [95% CI]</b>	87.5 [52.9-99.3]	100 [67.6-100]	75 [40.9-92.9]	100 [67.6-100]	100 [67.6-100]

579 ID, identification; R, reactive; R1, reactive to HIV-1; NR, non-reactive; \*This analysis was carried out on the 8 available  
580 remnant plasma aliquots. In bold are unreactive results.

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589 **Table 4: Molecular characterization of reactive biomarkers in the 8 samples with HIV-1 group O.**

Sample ID	sgp120	gp41	p31	p24	p17	sgp105	gp36	Result
GO-CAM-20	1+	/	/	/	/	/	/	<b>UND</b>
GO-CAM-62	1+	1+	2+	2+	2+	/	/	POS
GO-CAM-95	1+	/	/	/	/	/	/	<b>UND</b>
GO-CAM-75	2+	2+	1+	/	/	/	/	POS
GO-CAM-020	1+	2+	2+	2+	2+	/	/	POS
GO-CAM-29	1+	1+	1+	2+	/	/	/	POS
GO-CAM-94	3+	3+	3+	3+	3+	/	/	POS
GO-CAM-02	1+	2+	2+	/	/	/	/	POS

590 ID, identification; UND, undetermined; POS, positive. In bold are undetermined results.

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